

Warren County Youth Volleyball

Handbook



**Warren County Youth Volleyball
2021 Board of Directors**

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Bob Thompson-Interim Treasurer

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Mason Hamilton-Div 1 Commissioner

Daniel Wimpee- Div 2 Commissioner

Rebecca Meister- Div 3 Commissioner

Ryan Hancock-Div 4 Commissioner

****We are always looking for more board members to assist. If interested please contact one of us****

WARREN COUNTY PARKS AND RECREATION DEPARTMENT CODE OF ETHICS

Rules of conduct for all Coaches, Managers, Supervisors, Sponsors, Participants, Players, Administrators, Officials, Parents, and Spectators:

Article I. Coaches, managers, supervisors, sponsors, participants, players, administrators, officials, parents, and spectators shall not:

- A. Curse (malicious or otherwise, verbally, written, or electronically via email, text, social media, or other communication or by physical gesture) at another manager, coach, supervisor sponsor, participant, players, game official, parent, spectator, administrator, or official of the Warren County Parks and Recreation Department.
- B. Push, hit, strike, or threaten (verbally, written, or electronically via email, text, social media, or other communication or by physical gesture) to a manager, coach, supervisor, sponsor, participant, player, official, parent, spectator, administrator, or official of the Warren County Parks and Recreation Department.
- C. Be drinking or under the influence of alcohol or illegal drugs, or any controlled substance while on WCPRD or W.C. Public School premises before, during, or after an event.
- D. Act in an irrational manner or make a public spectacle or nuisance of himself/herself before, during, or after a scheduled event.
- E. Violate the rules and regulations of the activity or program in which they are involved.
- F. Participate in any act that undermines league policy or procedures.
- G. Commit in the presence of at least one (1) witness any of the infractions listed in the above-stated Article I rules (A, B, C, D, E, and/or F).
- H. Commit any infraction not covered under these stated rules but is a violation of league or WCPRD Rules and Regulations, Bylaws, or League-amended procedures, guidelines, and/or game rules (example: being ejected from a basketball game due to having two (2) technical fouls).

Article II. Penalties

Violations of Rule A

- A. First Offense - Dismissal from the sponsoring program for the remainder of the season and post season activities. If violation of the rule in the latter part of the program (twenty percent or less of the season or post season), the penalty shall carry over to the next season of the sponsoring program - No appeal.
- B. Second Offense - Dismissal from Warren County Parks for one (1) year.
- C. Third Offense - Permanent dismissal from all Warren County Parks and Recreation Department youth sports-sponsored activities.

Violations of Rules B, C, D

- A. First Offense
Dismissal from Warren County Parks for one (1) year.
- B. Second Offense
Permanent dismissal from Warren County Parks and Recreation Department youth sports program activities. If deemed necessary by Warren County Parks and Recreation Department or League Board of Directors, legal action may be taken against the individual violating the Code of Ethics.

Violations of Rules E, F, G

- A. First Offense
 1. Players, coaches, managers and umpires: Dismissal for three (3) weeks.
 2. Spectators: Dismissed from all Warren County Parks for one (1) month.
- B. Second Offense
Dismissal from Warren County Parks for one (1) year.
- C. Third Offense
Permanent dismissal from all Warren County Parks youth sports program activities.

Violations of Rule H

- A. First Offense
Dismissed for one (1) game and one (1) week from the dismissal; no contact with team until suspension is lifted.
- B. Second Offense
Dismissal from the sponsored program for the remainder of the season.

Anyone in violation of WCPRD Code of Ethics and who has been disciplined accordingly has the right to appeal before the WCPRD Advisory Board Ethics Committee. Likewise, anyone disciplined by a league for infractions of said league's rules and/or bylaws has the right to appeal before the WCPRD Advisory Board Ethics Committee. Any and all decisions made by the Ethics Committee will be final and will be enforced by WCPRD.

WARREN COUNTY PARKS AND RECREATION DEPARTMENT ZERO TOLERANCE RULES

Effective during the season, a parent, coach, team parent, board member or game official making a public spectacle of oneself or violating the Warren County Parks and Recreation Department Code of Ethics before, during or after a team practice or game on any assigned facility shall be dismissed from the Warren County Youth Volleyball league immediately and if deemed necessary Warren County Parks and Recreation Department premises indefinitely.

The child or children of the parent shall be dismissed from the program for one (1) year from the date of the infraction.

Appeal to Warren County League of Board of Directors, second appeal to the Warren County Parks and Recreation Department Advisory Board, Final appeal, Circuit Court of Warren County, Kentucky.

WARREN COUNTY PARKS AND RECREATION DEPARTMENT ADVISORY BOARD LEGISLATION 98-002

Any player, manager, coach or team representative ejected from a scheduled contest of the Warren County Parks and Recreation Department, using insulting language to another player, coach, or to any official in the contest, or because of unsportsmanlike tactics shall be disqualified from the athletic competition until reinstated by the Director of the Warren County Parks and Recreation Department. The name of the player, manager, coach, or team representative shall be reported to the Parks and Recreation Director immediately, no later than twenty-four (24) hours following the dismissal by the League president or game official. The suspension is considered immediate and indefinite. This means the player, manager, coach, or team representative may not participate in another contest until reinstated.

Levels of Discipline- Investigation notes players, managers, coaches or team representatives ejected without merit, immediate reinstatement. Dismissal not violating Warren County Parks and Recreation Department Code of Ethics one week and one game- no contact with team until next game is played. Failure to comply with rules is one year suspension to indefinite suspension.

WARREN COUNTY PARKS AND RECREATION DEPARTMENT RULES AND REGULATIONS FOR INDIVIDUALS WHILE IN THE GYM

1. All players shall arrive no earlier than five (5) minutes before their practice.
2. All players shall proceed immediately to the bleachers and be seated until their coach begins practice.
3. Following practice, all players shall leave the gym and school immediately after securing their belongings.
4. Players' guests shall remain seated in the bleacher area before and during a scheduled practice or game.
5. All players and/or their guests shall not run, jump or be involved in horse play in the gym or other school facilities before, during or after a scheduled practice or game.
6. Each coach shall be responsible for his/her players' and guests' actions while on school premises.
7. A coach or an assistant shall arrive fifteen (15) before a scheduled practice to supervise the players.
8. Any player violating these rules and regulations will be dismissed from the program.
9. No smoking in the gym.
10. Warren County Parks and Recreation Department Code of Ethics are in effect when Warren County Parks and Recreation Department or League sponsored events are in progress, or while practices or games are being conducted on park or school premises.

When you abuse your privileges in the gym, you lose them.

School administrators and staff members will be taking the names of those violating these rules. If your name is turned in, you and your parents will receive a letter concerning your conduct and you will be dismissed from the program.

WARREN COUNTY YOUTH VOLLEYBALL BY-LAWS

1. All games will be scheduled by the Warren County Parks and Recreation Department in cooperation with the board of directors and officials.
2. There will be a five (5) minute grace period for the start of the first game of the evening during regular season play.
3. Schedules will be issued five (5) days prior to the start of the season. There will be no changes or alterations except as provided by the constitutions and by-laws or as determined by Warren County Youth Volleyball Board.
4. The coach shall be responsible for receiving and collecting team equipment at the start and finish of the season.
5. A parent will be chosen from each team to be a parent representative for the team. A team parent must be on the bench at all times during practices and games.
6. A coach must be at least 18 years of age.
7. All coaches must have an approved application for the current year on file with the board.
8. In the event of a canceled game due to weather or school function, the coach will receive notification of rescheduled games 48 hours prior to the game.
9. We request that no coach date a member of his/her team while serving as a coach.
10. No one except approved coaches and team parents are allowed on the court or gym floor during practices and games. Minimum of two (2) coaches and/or parents must be in attendance during practices and games.
11. All equipment will be furnished by the league.
- 12.

Division I	Division II	Division III	Division IV
Net= 6'8"-7'0"	Net= 6'8"-7'0"	Net= 7'4-1/8"	Net= 7'4-1/8"
Serve= 20ft.	Serve=25ft.*	Serve= 30ft.**	Serve= 30ft.**
Ball= Lite	Ball= Lite	Ball= Official	Ball= Official
Score=21 win by 2	Score=21 win by 2	Score=21 win by 2	Score=21 win by 2
Games=2 out of 3	Games=2 out of 3	Games=2 out of 3	Games=2 out of 3

(3rd game tiebreaker to 15, must win by 2)

13. Players in Division I serving line is no further than the top of the Key (free throw circle)
14. No intentional contact below the waist.
15. End of season tournament will be conducted for all divisions.
16. Parents who serve as line judges may not speak to or coach players.

* 25ft during the entire season including tournament. Foot faults will be called on the 25 ft. line.

** Foot faults will be called all season long**

RULES OF PLAY

Starting procedure- A coin flip will determine which team has first service. The serving rotations are to be turned into the referee prior to each game.

Position of the players for service- (A), when the ball is served, the players of the serving team should be standing in two rows of three- the front-line players at the net, the back-line players behind them anywhere on the court. The receiving team should be in serve receive position. When there is a change of service (B), the players of the team that is to serve rotate one position clockwise before serving. Players must serve in the

correct order of rotation. Otherwise the team loses the service and all points scored while the wrong person was serving. The players' order of rotation must remain constant until the end of a game, but the lineup can then be changed if the referee is informed.

The serve (C) - The server stands in the service area at the back of the court. After the referee's whistle, the server has five –ten seconds to put the ball into play, except for Division One. She can hit the ball with her open or closed hand or any part of her arm. She must hit cleanly with one hand only, while holding or tossing with the other hand. No player shall toss or throw the ball over the net as a serve. At the moment of impact the server must be within the service area, although she can land outside it after hitting the ball. The ball must pass over the net between the antennas or their indefinite extensions, to go into the opponents' court. The player is allowed one drop per service rotation (e.g., if a player serves three balls in a service turn, she can have 1 dropped ball for that rotation, not 1 drop ball per each serve – every time the ball is put into play).

A fault is committed if the ball goes under the net, outside the antennas or their indefinite extensions, lands outside the playing area, or if any players make contact with the net. Members of the serving team must try not to distract the opposing team during the service. The same player continues to serve until her team commits a fault, or as served three consecutive times. In the deciding game of a match, a coin is tossed at the start to choose service or playing end.

Starting second and subsequent games- At the start of second game the teams change ends, and service goes to the visiting team. In deciding game of a match, a coin is tossed at the start to choose service or playing end.

Playing the ball after service (D)- The ball may be hit with any part of the body above and including the waist, as long as the hit is clean and the ball is not held, lifted, or carried in any way.

Each team may touch the ball up to three times, not counting "blocking" contact, before returning it over the net. Except in blocking, the same player may not hit the ball twice in succession, and if two teammates play the ball simultaneously it counts as two touches. If a player touches or is touched by the ball in anyway, she is assumed to have played the ball. The ball may be played while a player is in contact with a teammate, as long as she is not used as a prop.

Once the ball is in play after service, players may move freely on their side of the net. Putting a foot or feet completely across the center line while the ball is in play is a fault. It is not a fault if a player's hand or hands cross the net after an attack, or if they cross the vertical plane below the net, as long as no interference to the opponents is caused. Front-line players may make any kind of hit including a spike provided that at the time of contact the ball is partially or totally in within their playing space. Back-line players may make any kind of hit. However, to spike, a back line player's feet must be behind the 10' attach line at the time of takeoff. The ball should go completely over the net between the antennas or their indefinite extensions. If the ball hits the net inside the antennas, it is still considered in play unless another rule is infringed. The ball is considered in if it touches any part of the line.

When either referee blows his/her whistle, the ball is dead. If it touches the ground or any object outside the court, it is out of play. The ball must clear the lines completely to be out of court. If the ball touches the antennas or the net outside them, it is out.

Blocking (E) - Front-line players may block by making contact with the ball before or immediately after it crosses the net. Back-line players are not permitted to participate in a block. After blocking, a team has the right to three more contacts with the ball before returning it. A player who has touched the ball during a block can play the ball again immediately-this counts as the first of the three contacts allowed. If the ball touches more than one blocking teammate, this counts as one touch even if the contacts are not simultaneous. Blockers may reach over the net inside the antennas, but they must not interfere with the opposing team by trying to touch the ball before the opponents' action in sending the ball towards the blockers' side as complete. When the ball returns after contact with the opponents' block, the attacking team has the usual right to three more contacts to return it.

Time-out- Each team may take two 30-second timeouts in each game, but only when the ball is dead. No player may leave the court during a time-out, but players can receive advice from their coach, who may not enter the court. Requests for more than two time-outs will be penalized with a warning, then a fault.

Substitution- All substitutions are done at the serving rotation. All players are substituted equally to maintain equal playing time.

Interruptions of play- The only stoppages allowed other than time-outs are intervals between games: two minutes for the first three intervals. This includes time to complete ends and inform the scorer of new lineups. If bad weather interrupts a match, it will be rescheduled for a later date and resumes with the same score and rotation.

Faults- A team loses the service (side-out) and the opponents gain a point if (rally scoring):

- a) the ball touches the ground;
- b) the team plays the ball more than three times in succession;
- c) A player intentionally plays the ball below the waist;
- d) A player touches the ball twice consecutively (except when blocking);
- e) A team is out of position at the service;
- f) A player touches the net (1) or antennas unless the ball knocks the net against him);
- g) A player deliberately touches an opponent across the vertical plane of the net (2);
- h) Any part of a player's body touches the opponents' court during the play (3) (except that it is not a fault if a player touches the opponents' court with his foot, provided part of his foot does not cross the center line);
- i) A player reaches over the net or touches the ball while it is in play by the opposite team (4);
- j) A player reaches under the net and touches the ball while it is in play by the opposite team;
- k) A back-line player in the attack area hits the ball from above net height;
- l) The ball does not pass completely over the net between the antennas or their indefinite extensions;
- m) The ball lands or touches an object outside the court;
- n) The ball is returned with the use of a teammate as a support (5);
- o) A player receives a personal penalty;
- p) Coaching is disruptive;
- q) The game is persistently delayed;
- r) A team requests a third time-out after a warning;
- s) A team extends a second time-out beyond 30 seconds;
- t) Players leave the court during a time-out or other stoppage without the referee's permission;
- u) A player intimidates or makes any distracting noise or gesture toward an opponent;
- v) Any illegal block or serve
- w) The ball strikes the ceiling and crosses the net to the opponents' side. However, a ball striking the ceiling and staying on your side of the net remains in play.
- x) The ball strikes the wall, the ball is dead.

WARREN COUNTY YOUTH GIRLS VOLLEYBALL LEAGUE CONSTITUTION AND BY-LAWS

The Warren County Youth Girls Volleyball League is a Non-Profit organization. The League was founded to provide girls interested in volleyball with a chance to play volleyball under a properly organized program. All leagues will play by the league rules, except where alterations appear in this Constitution and By-Laws.

Article I-name

Warren County Youth Girls Volleyball League and will be referred to as “the league” in the remainder of this document.

Article II-Affiliation

The Warren County Girls Youth Volleyball League will not be associated with any nationally recognized volleyball organization

Article III-Objective and principles

The objective of the league shall be to extend, promote, develop, supervise, and voluntarily assist the game of girls’ volleyball and to stress the importance of the integrity of sportsmanship and fair play

Article IV-Governing Body

A. Board of Directors

The management of the property and affairs of the league shall be vested in the Board of Directors. The Board of Directors will be referred to as the “The Board” in the remainder of this document. The Board shall upon election, immediately enter upon the performance of their duties and shall continue in office until their successors shall have been duly elected and qualified. The Board’s membership shall include the following officers:

1. President

Presides at league meetings, and resumes full responsibility for the operations of the league. The president receives all supplies and other communications. The president must see that league personnel are properly verified on all phases of the rules, regulations, and policies of the league. The president handles all protests, in conjunction with the Parks and Recreation Director. Insurance is administered by the Parks and Recreation staff.

2. Vice President

Presides in the absence of the president; works with other officers and committee members. The vice-president is ex officio member of all committees, and carries out such duties and assignments as may be delegated by the president.

3. Secretary

Maintains register of members and directors; records minutes of meetings; is responsible for sending out notices of meetings; and maintains a record of league’s activities.

4. Treasurer

Receives all mail, signs checks, cosigned by president or parks and recreation employee; reports on the status of league funds; keeps local league books and financial records; proposes budgets and assumes the responsibilities for all local league finances; league standings and records.

5. Division Commissioners: Directors of operations for that division (I, II, III, IV) on a day to day basis; check on other duties, and is in charge of players: serves as a member of the board and generally supervises and coordinates transfer of players; collection of rosters.

6. Equipment Representative/Clinic Coordinator

Assists vice president in ordering and issuing equipment; keeps records; checks out or purchases equipment according to need and approval of vice president; approves scrimmages; schedules and coordinates all clinics for coaches, players, and officials

Article V-formation of divisions

The league will consist of girls that meet the following qualifications during the registration period:

Division I

Girls-grade 2 and 3

*no 10 year olds on or before Sept. 1

Division II

Girls grades 4 and 5

*no 12 year olds on or before Sept.1

Division III

Girls grades 6, 7 and 8

*no 15 year olds on or before Sept.1

Division IV

Girls grades 9, 10, 11, 12

*no 19 year olds on or before Sept.1

The board will develop team rosters and turn in to Warren County Parks and Recreation prior to the first game. Rosters are frozen once the first game is played unless the team drops below 7 players.

EXCEPTIONS will be made by board on individual basis

Article VI-formation of teams

The following will apply to team rosters

- A. Maximum of 12 players per team (or as necessary by discretion of the board).
- B. Name, address, school, birth date, age, and jersey size must appear on the team roster before it will be deemed official
- C. A player appearing on a roster that has been deemed official by the board will play for that team the entire season.
- D. All rosters will be developed by the board and will be considered final as of the first game.
- E. No eligible girl will be denied the opportunity to participate if registration was received by the deadline
- F. Eligible girls will be placed on teams by the board. When forming the teams, the board considers:
 - a. The district in which they go to school (specifically elementary school)
 - b. Special requests will be reviewed the board but there is no guarantee that the request will be granted
 - c. Girls living outside of the central school district will be placed on team by the board.
- G. To be considered eligible, a completed registration form must be turned in to the board during the registration period. A medical release form, a parent signature on the code of ethics, and the registration fee must accompany the registration form.
 - a. Any player registering after the regular registration period will be considered a "late registrant" and placed in a special pool. The board will assign players from this pool according to number of players on team rosters.
- H. In order to question the eligibility of a player, a coach must file a report in writing to the board within twenty four hours after the game in question. The board will investigate and rule on the matter. All parties will be notified by U.S. mail or email on the ruling
- I. Any player found in violation of the eligibility or the above rules will be dismissed and will result in her team forfeiting all games in which a violation occurred. Coaches violating the eligibility rule will be dismissed for the season and tournament.
- J. Registration cutoff: the beginning of every season there will be a regular registration period a late registration period and a registration cutoff. These dates are established with the overall benefit of the program in mind, and adhere to ensure that the season starts and ends on schedule
- K. A parent has 48 hours after teams are created for a partial refund (\$65.00-\$20.00 (jersey cost & park payment)), unless medical reasons.

Article VII- team's responsibilities

Teams will follow these guidelines

- A. All teams will abide by K.H.S.A.A. volleyball rules except where changes or exceptions appear in this constitution or by-laws.
- B. No team will start practice until the board permits them to do so.
- C. No team shall begin scrimmage until the board permits them to do so.
- D. A team is permitted one scrimmage prior to the first game of the season.
- E. After the start of the season, a team may practice only one time per week Sunday thru Saturday
- F. Practice will not exceed two hours
- G. The board will designate the schedule without any changes, alteration, or revisions.
- H. Teams can only meet for practices and scrimmages on the scheduled days they are given. Practicing in addition to the scheduled times without permission from the board will result in a forfeit of the team's next scheduled game.

Article VIII-selection of coaches

- A. The head coach of the team will be selected by the board. The head coach may select up to two assistant coaches once his/her team roster has been finalized. A complete coaching application must be received and approved by the board before an assistant coach is allowed on the bench or is able to fill in for a head coach during games or practice.
- B. Head coach shall receive a roster and player information from the board.
- C. The coach shall be responsible for seeing that all players are in proper uniform. A player entering the game with improper uniform will not be permitted to participate
- D. Only head coach may question the procedure of the game or the action of the officials.
- E. Only head coach, a maximum of two assistant coaches, team mom and team players are allowed on the bench.
- F. Only the head coach may stand while a game is in progress. Assistant coaches must stay in their seats until time out has been called or in between quarters.
- G. The head coach is responsible for returning all equipment at the end of the season. The board may require a deposit from the head coach. All equipment must be returned in good condition in order to receive a deposit refund. If all equipment is not returned, a written explanation must be received by the board in order for the deposit to be returned to the coach.
- H. All coaches, assistants or team parents on bench must stay between the 10ft line and the 30ft line during ball play at all times.
- I. All players must stay seated on bench during game being played. Unless they are being rotated in or out of game.

Article IX-Conduct of player's official and fans

The following conduct will not be tolerated.

- A. Cursing before during or immediately after a scheduled event, directed to any coach, player, official, or fan.
- B. Throwing equipment due to anger, or frustration before, during, or after a scheduled event while on school or parks and recreation premises.
- C. Under the influence of alcoholic beverages or a controlled substance while on school premises.
- D. Pushing, striking, or hitting another coach, player, fan, or official while on school premises.
- E. Any person coming on the floor, except for an injury to their child, will be ordered off school premises.
- F. Any violation of rules A-E by coach, player, fan, or official may be suspended from the program as determined by the board.
- G. Code of ethics- for a girl to be eligible to participate in the league the code of ethics document must be signed by a parent or legal guardian of the girl.

Article X-Dismissal of a coach

- A. A coach may be dismissed by the board for giving unsatisfactory service or guilty of any violation of the code of ethics of the league.
- B. Procedure for dismissal
 1. A hearing will be conducted concerning the charges against the coach. The coach will be dismissed if two thirds of the board votes in favor of dismissal.
 2. If an individual or group of individuals would like to recommend the removal of a coach, they may do so by presenting a letter to the board stating the charges for dismissal and signatures of 65percent of the parents of the girls participating on the team. This will lead to an investigation by the board. All parties will be notified by U.S. Mail or email of the board's finding.

Article XI-forfeits

- A. Failure to place four (4) girls on the court at the start of a game.
- B. If a team members detains the progress of game. (Two warnings forfeit)
- C. A coach engages in an argument with an official and refuses to continue the game, the coach will be ordered off the court. (Failure to comply forfeit)
- D. A coach that arrives on the school premises under the influence of alcohol or a controlled substance will cause the team to forfeit the game played on that date.
- E. Malicious pushing striking or fighting between players coaches official or fans will resulting forfeit of the teams involved. Investigation by the board will also be conducted.

Article XII-protest of officials

Protests are void during league and tournament play. Officials will be hired, trained, and dismissed by the Warren Co. Parks and Rec. Official's decisions are final during a game.

Article XIII-Awards

The first and second place teams in all divisions will be recognized at the conclusion of the tournament. The board will determine the type of awards to be given.

Article XIV-uniform and equipment

- A. uniform specifications
 - a. All jerseys must be worn as issued by the League.
 - b. All shoes must be athletic shoes
- B. Equipment
 - a. Division I& II use Lite ball
 - b. Division III & IV use official ball
 - c. The game will be played on courts specified by their division
 - d. The nets will be set as follows
 - Division I 6'8"-7'0"
 - Division II 6'8"-7'0"
 - Division III 7'4-1/8
 - Division IV 7'4-1/8

Article XV-insurance

Each team member and head coach must have an insurance policy through the Warren County Youth Volleyball League. Players and their parents or guardians must assume responsibility for any accident or injury occurring during, before, or after the scheduled event, not within the provisions of the insurance policy. The parent or guardian must assume financial responsibility for expenses incurred due to accident or injury not covered by the league medical insurance. All coaches and assistant coaches injured during their coaching duties and responsibilities are responsible for all medical expenses beyond those covered in the team and/or leagues medical insurance.