

Playoff Weigh-In

Overview

1. All Players on teams that will play in the playoffs must weigh-in for a second time this season.
2. Teams will weigh-in during their first play-off game. If a team does not play a game until week 2 of the playoffs, then they will weigh-in that week.
3. Weigh-ins should be scheduled to take place at half time of the preceding game or 30 minutes prior to game time for the first games.
4. Scales should be available at game sites for pre-weighs.
5. Teams should have no more than 2 coaches or administrators at the weigh-in site.
6. Weigh-in sites shall be separated from parents and use an electronic scale.
7. Weigh-ins shall be conducted by the opposing team and the site coordinator.
8. Official Rosters and IDs shall be present at the weigh-in and given to the opposing team for validation.
9. Weight Chart in the approved SOP shall be used (see below).
10. All partial weights will be rounded down (i.e., if the qualifying weight is 100 pounds, 100.9 is deemed to be a qualifying weight).
11. Players will not be eligible to play in any post season game until they have a confirmed weigh-in.

Player Info

12. Players shall wear their game cleats, socks, football game pants and all required pads below the waist (hip, thigh, tail bone, knee, & cup) and a shirt.
13. Players do not have to weigh-in with shoulder pads, game jerseys, helmets and/or additional equipment.
14. Players may change shirts after the weigh-in, however they must weigh-in with the pants and cleats that they will use during the game. Players may change pants and shoes for subsequent games.
15. Players deemed a Red-Stripe on the roster shall remain a Red-Stripe even if they make weight below the Red-Stripe weight.
16. If a player is not rostered as a Red Stripe and does not make the standard weight, the player will be deemed a red stripe for the remainder of the playoffs (must be reported to the League).
17. If a player does not make a qualifying weight, the player is not eligible for the remainder of the playoffs. Players may not try to make weight again the following week.
18. Players missing weight will have an opportunity to make weight until 15 minutes prior to the scheduled start of their game.
19. If a player is not present for the team's weigh-in due to an absence, the player may weigh-in at the next playoff game. If the game is away, the home team shall make arrangements. This provision only applies to absent players and not players that show up for the game and do not

make weight. A player is deemed to be present if he shows up dressed for the game to team's official weigh-in.

Reporting

20. Any weigh-in issues shall be noted on both spotter sheets. Issues shall include players that do not weigh in, missed weights, Red-Stripe additions and/or issues.
21. It is recommended that the spotter sheets include all relevant weigh-in information and then have each team take a picture of the spotter sheet for a confirmation record.
22. Both Coaches shall report results of the weigh-ins to their Program Coordinator to include missing players, missed weights, Red-Stripe additions or any issues. Coaches should report missing players and/or players that did not make weight as opposed to positive confirmation.
23. Program Coordinators will report any reportable conditions or issues to the league along with scores.
24. All weigh-in information will be collected by the Board.