

IMPORTANT INFORMATION

First Aid Supplies

Replenish your first aid kit tonight. You should have: 25 assorted sizes band-aids, 5+ cold packs, eyewash, first aid spray, athletic tape, gauze pads, 6 disposable gloves, wound wipes, antibiotic ointment, etc.

Equipment

All teams need to pick up new game balls at tonight's meeting. (Micro & U8 = size 3 ball; U9-U12 = size 4 ball; U13-U19 = size 5 ball) All new head coaches get a gear bag that includes field equipment.

Practice Field Access

Immediately following the meeting, pick up your username and password sheet. **Once you receive your log-in credentials, go to www.mysc.org, hover on “Helpful Resources,” then click on “Resources for Coaches.” The link is on the bottom of the page.** Field times/locations are limited, so sign up early for best options. Not all fields are open to all ages—whatever fields are listed when you log in are your choices—no exceptions. Please contact Steven Bullock with any practice field sign-up issues or questions:

steven@mysc.org. Once you get your practice times/dates/locations set, you can contact your players. (Directions for field scheduler are in this packet.)

Practice Fields

We work very hard with Mukilteo School District to get approval to use specific fields for each season. We are only able to use fields listed in the practice scheduler for specific times. If a coach is reported to us for using “unauthorized” fields, he/she will be given a warning. If the coach continues to practice at this non-approved field, he/she will be suspended for at least one game and sent to the judiciary for further review. Remember that dogs are not allowed on school property.

Contact Players

Please contact each player on your roster no later than July 26th. If you email families, make sure to ask the families to reply back to confirm they received your message.

Game Schedules

North County Youth Soccer Association creates the game schedules. The schedules will be released on August 30th

Opposing Coach Contacts

All U8 – U19 coaches must call your opposing coach two days prior to game day to confirm game time and location. This info can be found on North County Youth Soccer Association's site. Here are directions on how to get the info:

<http://www.ncyouthsoccer.com/schedules/Contact%20Info%20for%20Coach.pdf>

Coaching Clinic

We strongly encourage coaches to attend our coaches' clinic -- date and time to be determined.

Rescheduling Games

The only reason for rescheduling a game is due to a school or community activity. You are NOT allowed to reschedule a game if you are coaching another team and the game times conflict. You will need to use your assistant coach in this situation. Please email our president, Marty Girvan (marty@mysc.org), if a game must

be rescheduled. **If a game is to be rescheduled, the request must be made per document under “Resources for Coaches” on the MYSC website.**

Sudden Cardiac Awareness (SCA)

All head coaches, assistant coaches, and team managers must complete a short cardiac awareness test EVERY 3 YEARS. The test only takes about 10 minutes to complete. Once completed, the certificate of completion must be uploaded to Washington Youth Soccer (wys.affinitysoccer.com) under the certificates tab.

Concussion in Youth Sports

All head coaches, assistant coaches, and team managers must complete a concussion awareness test EVERY YEAR. The test takes about 30 minutes to complete. Once completed, the certificate of completion must be uploaded to Washington Youth Soccer (wys.affinitysoccer.com) under the certificates tab.

SafeSport

All head coaches, assistant coaches, and team managers must complete a Safe Sport test EVERY YEAR. The test takes about 90 minutes to complete. Once completed, the certificate of completion must be uploaded to Washington Youth Soccer (wys.affinitysoccer.com) under the certificates tab.

RMA Clearance (Background Check)

All volunteers (coaches, assistant coaches, team managers or other volunteers) must complete a background check EVERY YEAR. Go to Washington Youth Soccer (wys.affinitysoccer.com) for your RMA Clearance.

Deadline 8/1/19. Coaches who didn't do this before the meeting will have their practice log-in credentials emailed to them once completed instead of at coaches' meeting.

Uniforms

Uniforms will be distributed in late August (date TBD). Melissa Peterson is the Uniform Coordinator:

melissa@mysc.org. If you (or any of your assistant coaches and/or team manager) have not completed your SCA, you will not receive your uniforms until all SCA, Concussion, and SafeSport certificate of completions are uploaded to Washington Youth Soccer (wys.affinitysoccer.com) under the certificates tab.

Rosters and Jersey Numbers

Once you distribute your jerseys, email Steven Bullock (steven@mysc.org) your players' jersey numbers. He will add them to your roster for you. All jersey numbers must be printed on your official roster when submitted to the referee on game days. North County changed its rule last fall season. If you do not provide an official roster to the referee, you will be issued a “Silent Yellow Card”. That yellow card will be forwarded to NCYSA Judiciary and also to MYSC. Two yellow cards will result in a red card and suspension. These cards are automatic. The referee **DOES NOT** have to show you the card.

Team Photos

U8 – U19 team photos will be at Mukilteo Elementary (2600 Mukilteo Speedway) September 14 & 15. We are using KIDS Photography. Coaches will pick up photo packets when they pick up their uniforms. Once the game schedules are released, the photo company will create a team picture schedule, and we will email it out to all families as soon as we receive it.

Rule Changes for Fall 2019

There are several changes made for this season – **Please read your rule book (included in coaches' packet).**

Replacement Players

Please contact Steven Bullock (steven@mysc.org) ASAP if a player does not show up, gets injured and cannot play, or quits. We have several kids on waiting lists for certain age groups.

Playing Time

It is a recommended goal that each player will have the opportunity to play a minimum of 50% of total playing time over the course of the season. All players who regularly attend and fulfill all requirements of turnouts shall be given a chance to play a minimum of fifty percent (50%) of the match unless there are discipline problems. **Players that miss multiple scheduled practice or games may receive less playing time unless cleared by the coach.**

Score Reporting

U10 – U19 teams only: North County tracks and posts your scores. Go to www.mysc.org, hover on “Helpful Resources,” then click on “Resources for Coaches” under “Links” click on “Coach Contact & Score Reporting”. **YOU MUST REPORT SCORES WITHIN 24 HOURS.**

- **NCYSA Username and Password:** The initial username and password is your division (ex: if your division is U12B2) your initial username will be U12B2 and the password will be U12B2. The first time you log in, you will be prompted to create a new password that you will then use when you log in with for the rest of the season to access coaches' contact information as well as score reporting. When you log in with your password, the system will record any standing you post as being posted by you. You are able to view all your opposing coaches and their contact information. Record scores for every game.

Referee Info

Should you or your players receive misconduct (shown a card), this is the process for sanctions and appeals. The Referee will file a misconduct report online with North Chapter Referee Association, which is forwarded to NCYSA office Disciplinary Chair to be reviewed by the disciplinary committee. They may make a decision or forward it to the Mukilteo Disciplinary for a decision. Mukilteo Disciplinary will contact the coach with a decision or arrange a meeting to discuss the incident. For appeals, contact our Disciplinary (Greg Garmire) greg@mysc.org.

Positive Coaching Alliance Workshop

NCYSA in partnership with Washington Youth Soccer is providing a FREE class from Positive Coaching Alliance (PCA). PCA is a nationwide nonprofit that has positive coaching of youth athletes at the core of its mission. This offer is being extended to all member clubs of NCYSA:

<https://www.youtube.com/user/PositiveCoaching>.

August 5, 2019, 6:15 PM @ Lake Stevens Educational Service Center: 12309 22nd St NE, Lake Stevens

August 22, 2019, 6:15 PM @ Everett SD Community Resource Center: 3900 Broadway, Everett

How to Help

This year, MYSC has already gifted \$7,035 in scholarships to needy families (in addition to coaching discounts). We gladly do it but could use that money for other things. You can help in multiple ways.

- Sign up for “Amazon Smile” and make MYSC your non-profit beneficiary. For every purchase you make under Amazon Smile, MYSC will receive a quarterly donation check.
- Do you work for Boeing? Boeing makes a donation to nonprofits for your volunteer hours. You can also make MYSC your beneficiary. If you work for Boeing and would like to find out how to get signed up for this program, contact Steven Bullock (steven@mysc.org) or Marty Girvan (marty@mysc.org).
- Do you own your own business or work for a business looking to sponsor a non-profit? MYSC is looking for businesses to sponsor us in all areas of expenses to offset player fees.

Board Members: If you have any questions throughout the season, below is the contact information for MYSC board members.

President	Marty Girvan	marty@mysc.org	Field Scheduler	OPEN	mysc@mysc.org
Vice President	Steven Bullock	steven@mysc.org	Micro Coordinator	OPEN	mysc@mysc.org
VP Operations	Tam Samaras	tam@mysc.org	Equipment	Melissa Peterson	melissa@mysc.org
VP of Development	OPEN	mysc@mysc.org	Uniforms	Melissa Peterson	melissa@mysc.org
Treasurer	Kevin Parker	kevin@mysc.org	Referee Assignor	Vernon Winters	ref@mysc.org
Coach Rep	Philip Groom	philip@mysc.org	Judiciary	Gregg Garmire	gregg@mysc.org
Secretary	Erin Funk	erin@mysc.org	Webmaster	Derek Sleeper	derek@mysc.org
Registrar	OPEN	mysc@mysc.org	HS Senior Scholarships	Jaclyn Miller	jaclyn@mysc.org
Camp Coordinator	Erin Funk	erin@mysc.org			

MYSC Office Phone #: 425-745-4499

Thank you again for volunteering to coach a team this fall. Hope you have a wonderful soccer season!

ONLINE PRACTICE SCHEDULING INSTRUCTIONS

MYSC uses an online scheduling system for all practices.

- **Your username and password for the MYSC field schedule will be passed out after the meeting TONIGHT! (If you didn't receive it, email Steven: steven@mysc.org)**
- The field scheduler uses different usernames and passwords from any other MYSC system, so please keep track of this unique log-in information.
- To access the field scheduler, go to www.mysc.org, hover on the "Helpful Resources" tab, then click on "Resources for Coaches". The online practice scheduler link is on the bottom of this page.
- You can go into the system and see what is available and select/change your choices at any time.
- You are allowed to choose up to two practice times per week.
- There may be up to four teams practicing on the field at the same time. Sections of the fields are not reserved, so you need to rotate between all the teams practicing so everyone can have a chance using the goals. Please work together!
- Log-in info is case sensitive – make sure you are using ALL CAPS as seen in the sample below:

Sample Username	Sample Password
BULLOCK-U09	1133599U09

DIRECTIONS:

Go to www.mysc.org

1. Helpful Resources tab
2. Resources for Coaches
3. Field Scheduling login
4. Enter username & password
5. Select first practice location and time
 - a. --select season (Early Season: 8/1-8/31; Mid-season: 9/1-9/30; Late Season: 10/1-11/14)
 - b. --select field
 - c. --select times
6. Select second practice location and time if desired
7. Repeat the same process for Mid-season and Late season practices

Thanks again for coaching! Please email our field scheduler, Steven Bullock (steven@mysc.org), if you have any problems getting your practices scheduled or with fields throughout the season.