



Guidelines for return to play:

- The Ramsey Baseball and Softball Association (RBSA) will follow the guidelines established under New Jersey Executive Order No.149 dated June 22, 2020.
- The “Guidance for Sports Activities” published by the New Jersey Department of Health. (Copy attached)
- The “Best Practices, Playing and Watching Little League Baseball and Softball during a Coronavirus Pandemic” will be used as a supplemental guide. (Copy Attached)
- No-Contact practices tentatively may begin on June 22, 2020 (will be dependent upon when the RBSA has required practices and equipment in place).
- Before any team takes the field for any practice or game, they are required to complete the COVID questionnaire and on- site temperature check form. This also includes coaches (Form attached). Form will need to be submitted after each scheduled event.
- Each team will be limited to 3 coaches, two on the field, and the bench coach who will perform the duty of Team Safety Officer. The Safety Officer’s main responsibility will be to make sure all guidelines are followed, and that all athletes maintain social distancing.
- No scorebook will be kept in any dugout.
- Dugouts will be limited to 3 players at a time, and coaches and players will follow distancing guidelines. Players not in the dugout will maintain distancing in a designated area outside the dugout.
- Face coverings will be worn by everyone in the dugout, including the on-deck batter.
- Coaches will wear face coverings at all times. Players will wear face coverings when they are on the bench, outside the bench area in distancing location, and whenever possible.

- All athletes and coaches must bring their own water, and drinks. The use of team water coolers is prohibited.
- Equipment should not be shared. If any equipment needs to be shared, it must be disinfected properly before use by another person.
- Sunflower seeds, gum, spitting, handshakes, high-fives, team huddles, meetings at home plate are prohibited. If a manager is going to make a mound visit, they will do so alone while maintaining social distancing and wearing a face covering.
- Spectators will be expected to maintain social distancing guidelines at all times, and wear face coverings.
- Social distancing on the field must be maintained at all times whenever possible.
- Games and practices will be spaced to prevent larger gatherings. You should leave field in a timely manner (ideally within 20 minutes) upon the conclusion of your game or practice.
- Field prep, and warm-ups will only be permitted 40 minutes prior to game time, and both teams will get 15 minutes each (maintaining social distancing)
- Umpire will be placed behind pitcher's mound and will be required to wear a face covering (so please give them a break).
- Baseball and softballs must be rotated often, at least every two innings.
- Foul balls landing out of play must be retrieved by a participating player, coach or umpire only.
- Balls used for infield/outfield warmups should be isolated from a shared ball container.
- Hand sanitizers must be on-site and in each dugout at all times.
- No players equipment bags will be allowed in the dugout-they will be kept outside.