



4th – 6th Grade Rule Book



- Ball size – Size 6 (28.5")
- The game will start with a jump ball at center court.
- Games consist of (4) 10 minute quarters with 1 minute breaks between each quarter and a 2 minute half time. Continuous running clock during each quarter. The clock stops in the last minute of the game if the score is within 10 points on any dead ball or foul call. **TWO TIMEOUTS total per game!**
- There is no shot clock.
- Games are played on Full Court.
- There is a ten second back court violation.
- Substitutions can occur on any dead ball situation.
- Scoring: 2 Points inside the arc, 3 points outside the arc.
- Free Throws: Free throws are worth one point. The number of free throws is determined by where the player's feet were on the shot when fouled. Two free throws will be given for inside the 3 point arc and three free throws will be given for outside the 3 point arc. If the player makes the shot while being fouled, they will be given one free throw and count the shot that went in the hoop.
- The player has up to 10 seconds to shoot each free throw.
- Free Throw Line Distance: 14 Feet
- Bonus Free Throws: The player will shoot one and one if a player fouled on the seventh foul and all subsequent fouls by the opponent. They will go into double bonus after ten fouls. The fouls will reset in the second half.
- Intentional Fouls (no matter the time of game) will result in two free throws plus the ball for the fouled team.
- Following a made basket or dead ball, the other team will take the ball out under the scoring team's basket.
- Jump ball possession is determined by a possession arrow.
- 3 seconds in the lane. Refs will issue reminders early. Excessive violations will result in turn-over.
- 5 seconds closely guarded only when the offensive player is holding the basketball.
- There is no overtime period during regular season game. There is a two-minute overtime period in the playoffs.
- Teams need to wear their NBA team jersey. Home teams wear light side and away teams wear dark side.
- Each home team will be required to have one parent to run the scoreboard and the away team have a parent to fill out the game sheet with scores, fouls, etc.

- Equal playing time is required in periods 1-3. It is the coach's discretion in the 4th period and extra periods.
- Pressing defense is only allowed in the 4th period and each extra period. The leading team may not extend the defense over half court when leading by 20 points or more.
- Please be respectful of the opponents and facility. Show good sportsmanship and help keep the facility clean.