


**COVID-19 UPDATE BASED ON PHASE 2.1**

Please read the below information regarding a COVID-19 update based on the new regulations put out by the State of Connecticut on 11/5/20.

We will continue to health screen all of our customers. We are working on using an APP to make this process more efficient in the future which will offer a Contactless Check-In. Stay tuned for future emails regarding the APP.

We appreciate your cooperation with our policies and procedures as they are everchanging with the dynamic situation COVID has presented us with. Insports is doing everything we can to make sure our customers and staff are as safe as possible.



**NEW MASK GUIDELINES  
EFFECTIVE MONDAY, 11/9**

Based on newly published guidelines by the State of Connecticut, all participants K-12 along with coaches, officials, and any spectators **WILL** be required to wear a mask during activities. This includes entering and leaving the building, all common areas, as well as the **PLAYING SURFACE**. This includes during games and practices of **ALL** youth sports.

**Sports Sector Rules**

Wrestling	11-on-11 Football	Boys Lacrosse	Competitive Cheer	Dance
Boxing	Rugby	Martial Arts	Basketball	Volleyball
Baseball	Softball	Soccer	Water Polo	Gymnastics
Ice Hockey	Field Hockey	Tennis	Swimming Relays	Pole Vault
High Jump	Long Jump	Girls Lacrosse	Rowing/Crew	7-on-7 Football

**Spectators**

Spectators are **NOT** allowed in the building during practices and rentals. For games, **ONE** spectator per participant is allowed in the building.