



South Allegheny Youth Soccer Club is excited to announce our return to play guidelines for the Spring 2021 Season.

Our focus remains the safety and well-being of our players and soccer families.

As a result, we have worked with PA West, US Youth Soccer, the Commonwealth of Pennsylvania and the CDC to develop our Return to Play Guidelines

**South Allegheny
Youth Soccer Club**

Return to Play Guidelines 2020



[This includes volunteers, players & parents]

1. When suffering from any illness, please stay home
2. Wash hands with soap & water; when soap and water are not available use hand sanitizer
3. Avoid touching your face
4. Wear a mask when out in public, including when playing a game or practicing
5. Follow all social distancing guidelines in accordance with the Commonwealth of PA and the CDC
6. No Gatherings! Only players and coaches are permitted on the soccer fields and surrounding areas. This means that no parents or siblings should be on the field during games or practices
7. SAYSC Waiver must be signed prior to participation in team activities

Personal Safety Standards

TO BE FOLLOWED BY ALL CLUB MEMBERS AT ALL TIMES



- Will communicate by email or text to all persons in attendance at a club event if anyone develops Covid-19, and will always maintain private health information
- All staff will be educated on new protocols and requirements
- Strict adherence to practice and field schedules. Trainings will be spaced to ensure teams are unable to gather and mix
- Club will provide adequate outdoor space for training, to practice social distancing
- Only coaches can move equipment (cones, goals); no players or parents should assist with removal



- Disinfect or wash team shared equipment (Balls, shin guards, gloves, pinnies) after every practice or game.
- Bring and use hand sanitizer at every training and game
- Provide hand sanitizer to players on the bench, and in between activities/drills
- Record all attendee's at all trainings and games
- Inquire the health of each player at the beginning of each training/game and ask any ill players to return home
- Must wear a mask/face covers during training and games
- Make sure that players observe social distancing (ex. No handshakes, high fives or fist bumps)
- Only coaches can move equipment (Cones, Goals, etc.); no players or parents please



- If you are not comfortable with returning to play, please continue to stay home until you are
- Keep players home if they are sick. (Fever, cough, etc.), notify the club immediately if player or family member contracts Covid-19
- Check child's temperature before coming to team activities
- Adhere to social distancing requirements; stay in your car. Parents will not be allowed within the training portion of the field during the initial phases of return to play. *Exception is for U6 and U4 participants. Family groups should social distance during team activities*
- Ensure player equipment is sanitized before each team activity
- Promptly leave the facility at the end of team activities



- If you are not comfortable with returning to play; DONT.
- Adhere to all 'Return to Play' protocols
- Wash hands thoroughly before and after team activities. Take shower immediately after returning home from team activities
- Each player should bring their own drinks. Containers should be clearly labeled with their name
- Ensure that all equipment is sanitized before team activities
- Each player should bring their own ball and it should be clearly labeled
- DO NOT share food, water or equipment. This includes Goal Keeper gloves. GK's should only use water on their gloves, not saliva
- Respect and practice social distancing for belongings and persons
- No high fives, handshakes, fist bumps or group celebrations
- Bring personal hand sanitizer to all team activities
- Remain in car until your teams schedule practice time

Player Responsibilities