



## Safe at Play Guidelines

### 5v5 Winter Program

- Individuals who are or feel sick must stay home.
- All participants/staff must complete a Health Check Survey within 12 hours of scheduled event. A player, team manager, referee, or field monitor will be immediately sent home if there is a positive answer to a screening question.
- Players, referees, field monitors, and team managers must regularly apply hand sanitizer (at least before and after each session).
- All Individuals (players, coaches, staff, spectators) must wear cloth covering over face and nose. NO SPITTING!
- Individuals must stand/sit at least six (6) feet apart from other individuals who are not part of their household (except players on the field of play)
- Personal items (e.g., water bottles, phones, bags, soccer balls) are not to be shared between individuals who are not from the same household.
- Referees and players currently on a field must minimize contact with other individuals doing the same (e.g., no handshakes, high-fives, hugging).
- NO LOITERING in the parking lot and spectator areas before and after a session.

#### PLAYERS

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- ✓ **Before**
  - Wear a cloth covering over mouth and nose
  - Check in by confirming completed health check survey. Stay at staging area with team until directed to a field
- ✓ **During**
  - Store personal items by equipment cones, must keep face covering on
  - Limit touching of players and ball(s) with hands. NO SPITTING!
  - Stay at designated player spot when not playing/subbed out
- ✓ **After**
  - Immediately collect belongings
  - Follow the direction of the Team Manager to exit the field and go straight to vehicle

#### REFEREES

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- ✓ **Before**
  - Conduct player safety and roster checks
- ✓ **During**
  - Limit touching of players and ball(s) with hands
- ✓ **After**
  - Replace cones and ball with a clean, sanitized set

#### PARENTS & SPECTATORS

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- ✓ **Before**
  - Wait in vehicle until player starts playing
- ✓ **During**
  - Watch from designated spectator area(s) or stay in car
  - If outside, wear a cloth covering over mouth and nose and remain 6' apart
- ✓ **After**
  - Return to vehicle immediately and wait for player, leave immediately

#### FIELD MONITORS & TEAM MANAGERS

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- ✓ **Before**
  - Guide players to staging area
  - Conduct screening and roster checks
  - Direct teams to fields
- ✓ **During**
  - Monitor players on sidelines
  - Monitor designated spectator area(s)
- ✓ **After**
  - Direct players to exit fields and go straight to own vehicles