

# SYF Championship Details

Please share with coaches, participants, friends, and families

## Session I:

Doors Open: 8:30am

Welcome Announcements: 8:50am

National Anthem: 8:55am

Session Starts: 9:00am

Awards: 10:20am

## Session II:

Doors Open: 10:40am

Session Starts: 11:00am

Awards: 12:18am

## Session III:

Doors Open: 12:35pm

Session Starts: 1:00pm

Awards 2:05pm

## Session IV:

Doors Open: 2:25pm

Session Starts: 2:45pm

Awards: 4:08pm

## Session V:

Doors Open: 4:25pm

Session Starts: 4:45pm

Awards: 6:20pm

## Session VI:

Doors Open: 6:40pm

Session Starts: 7:00pm

Awards: 8:15pm

Event Location: Oak Ridge High School 1120 Harvard Way  
El Dorado Hills, CA. 95762

Spectator Fees: **CASH ONLY**  
\$10 per person (Good for 1 session)

\$25 per person (Good for ALL Sessions)

KIDS 2 and Under are FREE

Parking:

- A map of the high school is attached
- Any parking that is not in a legal parking spot will be subject to a to at the owners expense
- No charge for parking
- Street parking is also available

Concessions:

A concessions stand will be located inside the large gym. The school asks that no outside food or drink to be brought into the gym.

Competition Floor: The floor will be 9 mats (54' wide x 42' deep)

Warm Up:

Report to warm ups 10 minutes prior to make sure that you don't miss your check in time  
Speaker System will be provided. Mp3 connection will be available. No cds allowed

Participants and BADGED coaches ONLY in warm up and backstage

There will be no storage backstage for any personal items. SYF will not be responsible for any personal items

Each team will have 7 minutes to warm up.

Warm up will follow this structure:

- 7 minutes: Each team will have 7 minutes to warm up skills. You will have 7 mats 42" long and 42' deep.
- You will not move floor to floor. YOU WILL HAVE 7 MINUTES TO WARM UP

- Total warm up time is 7 minutes

### Performing:

Coach will be led to music table as teams are lining up.

Coach MUST push play to start music. That coach MUST STAY AT THE MUSIC TABLE to also stop the music and to take player

Spotters will be provided at coaches request.

No other people will be allowed to spot

### After Performing:

Cheerleaders can come back into the gymnasium to watch the rest of the teams

After awards (if your session has awards), gym will be cleared of ALL PEOPLE, (Exception: All Day wrist bands)

### Score sheets:

4 judges will score each routine

Teams will receive 3 score sheet and 1 execution sheet

Judge summary will be available by email request for all categories Score sheets will available after awards or end of session. Scoresheets can be picked up at trophy table.

Score sheets will be given to Cheer Coordinators or Presidents ONLY

### Penalties/Rules Violations:

- Teams will be penalized for any violation of the rules or guidelines.
- Penalized teams will be notified of violation when picking up score sheets.

### Trophies:

There will be trophies for 1<sup>st</sup>, 2<sup>nd</sup>, ad 3<sup>rd</sup> place

### Miscellaneous

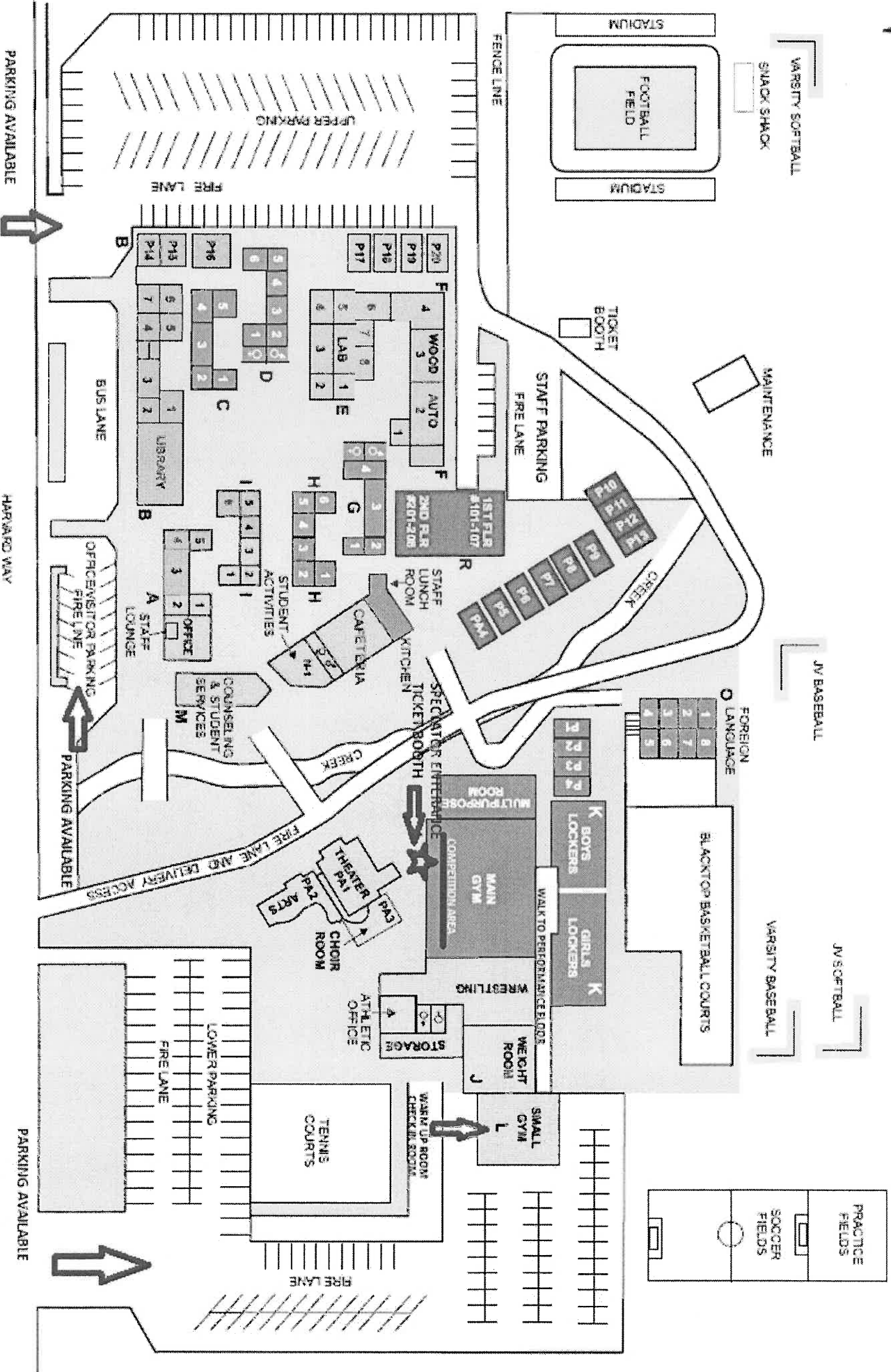
Make sure that your music is downloaded and not played from the internet

Make sure that your operating system for your phone is running the most recent update

Make sure to manage your teams expectations. Remember that only TOP 3 get trophies



**SITE MAP**  
**OAK RIDGE HIGH SCHOOL**  
 1120 Harvard Way, El Dorado Hills, CA 95762  
 (916) 933-6980 (530) 677-4402



# SYF CHAMPIONSHIPS

<u>Session 1</u>		<u>Check In</u>	<u>Warm Up</u>	<u>Compete</u>
<u>8u SM 1</u>	Bear River	8:30 AM	8:37 AM	9:00 AM
	Foothill (North)	8:37 AM	8:44 AM	9:07 AM
	Elk Grove	8:44 AM	8:51 AM	9:14 AM
	Corning	8:51 AM	8:58 AM	9:21 AM
	West Valley	8:58 AM	9:05 AM	9:28 AM
	Gridley	9:05 AM	9:12 AM	9:35 AM
	Cordova	9:12 AM	9:19 AM	9:42 AM
	Oakmont	9:19 AM	9:26 AM	9:49 AM
	Vacaville	9:26 AM	9:33 AM	9:56 AM
	Sheldon	9:33 AM	9:40 AM	10:03 AM
	Pleasant Valley	9:40 AM	9:47 AM	10:10 AM
<u>AWARDS</u>			10:20 AM	

<u>Session 1</u>		<u>Check In</u>	<u>Warm Up</u>	<u>Compete</u>
<u>8u LG 1</u>	Liberty Ranch	8:30 AM	8:37 AM	9:03 AM
	Ponderosa	8:37 AM	8:44 AM	9:10 AM
	Marysville	8:44 AM	8:51 AM	9:17 AM
	Enterprise	8:51 AM	8:58 AM	9:24 AM
	East Nicolaus	8:58 AM	9:05 AM	9:31 AM
	Shasta	9:05 AM	9:12 AM	9:38 AM
	Del Campo	9:12 AM	9:19 AM	9:45 AM
	Antelope	9:19 AM	9:26 AM	9:52 AM
	Sutter	9:26 AM	9:33 AM	9:59 AM
	Bella Vista	9:33 AM	9:40 AM	10:06 AM
	Woodcreek	9:40 AM	9:47 AM	10:13 AM

<u>Session 2</u>		<u>Check In</u>	<u>Warm Up</u>	<u>Compete</u>
<u>10u SM 1</u>	Colusa	10:30 AM	10:37 AM	11:00 AM
	Christian Brothers	10:37 AM	10:44 AM	11:07 AM
	Colfax	10:44 AM	10:51 AM	11:14 AM
	Pleasant Valley	10:51 AM	10:58 AM	11:21 AM
	Durham	10:58 AM	11:05 AM	11:28 AM
	Central Valley	11:05 AM	11:12 AM	11:35 AM
	Jesuit	11:12 AM	11:19 AM	11:42 AM
	Bella Vista	11:19 AM	11:26 AM	11:49 AM
	Paradise	11:26 AM	11:33 AM	11:56 AM
	Union Mine	11:33 AM	11:40 AM	12:03 PM
	Cordova	11:40 AM	11:47 AM	12:10 PM
<u>AWARDS</u>			12:18 PM	

<u>Session 2</u>		<u>Check In</u>	<u>Warm Up</u>	<u>Compete</u>
<u>10u LG 1</u>	River City	10:30 AM	10:37 AM	11:03 AM
	Willows	10:37 AM	10:44 AM	11:10 AM
	Liberty Ranch	10:44 AM	10:51 AM	11:17 AM
	Rosemont	10:51 AM	10:58 AM	11:24 AM
	Lindhurst	10:58 AM	11:05 AM	11:31 AM
	Nevada Union	11:05 AM	11:12 AM	11:38 AM
	Antelope	11:12 AM	11:19 AM	11:45 AM
	Elk Grove	11:19 AM	11:26 AM	11:52 AM
	Franklin	11:26 AM	11:33 AM	11:59 AM
	Vacaville	11:33 AM	11:40 AM	12:06 PM

<u>Session 3</u>		<u>Check In</u>	<u>Warm Up</u>	<u>Compete</u>
<u>10u SM 2</u>	Casa Roble	12:30 PM	12:37 PM	1:00 PM
	Anderon	12:37 PM	12:44 PM	1:07 PM
	Shasta	12:44 PM	12:51 PM	1:14 PM
	Marysville	12:51 PM	12:58 PM	1:21 PM
	Yuba City	12:58 PM	1:05 PM	1:28 PM
	West Valley	1:05 PM	1:12 PM	1:35 PM
<u>10 NT</u>	Golden Sierra	1:12 PM	1:19 PM	1:42 PM
	<u>AWARDS</u>			2:05 PM

<u>Session 3</u>		<u>Check In</u>	<u>Warm Up</u>	<u>Compete</u>
<u>10u LG 2</u>	Wheatland	12:30 PM	12:37 PM	1:03 PM
	Pioneer	12:37 PM	12:44 PM	1:10 PM
	Casa Roble	12:44 PM	12:51 PM	1:17 PM
	Enterprise	12:51 PM	12:58 PM	1:24 PM
	Orland	12:58 PM	1:05 PM	1:31 PM
	Ponderosa	1:05 PM	1:12 PM	1:38 PM
	Woodcreek	1:12 PM	1:19 PM	1:45 PM
	Red Bluff	1:19 PM	1:26 PM	1:52 PM
	River Valley	1:19 PM	1:26 PM	1:59 PM

<u>Session 4</u>		<u>Check In</u>	<u>Warm Up</u>	<u>Compete</u>
<u>12u LV 1</u>	Lindhurst	2:15 PM	2:22 PM	2:45 PM
	Nevada Union	2:22 PM	2:29 PM	2:52 PM
	Bear River	2:29 PM	2:36 PM	2:59 PM
	Pioneer	2:36 PM	2:43 PM	3:06 PM
	Union Mine	2:43 PM	2:50 PM	3:13 PM
	Durham	2:50 PM	2:57 PM	3:20 PM
<u>14 Lg 1</u>	Antelope	2:57 PM	3:04 PM	3:27 PM
	Liberty Ranch	3:04 PM	3:11 PM	3:34 PM
	Elk Grove	3:11 PM	3:18 PM	3:41 PM
	Vacaville	3:18 PM	3:25 PM	3:48 PM
	Franklin	3:25 PM	3:32 PM	3:55 PM
	<u>AWARDS</u>			4:08 PM

<u>Session 4</u>		<u>Check In</u>	<u>Warm Up</u>	<u>Compete</u>
<u>8u L2</u>	Chico	2:15 PM	2:22 PM	2:48 PM
	Orland	2:22 PM	2:29 PM	2:55 PM
	Woodland	2:29 PM	2:36 PM	3:02 PM
<u>14 SM 1</u>	Oroville	2:36 PM	2:43 PM	3:09 PM
	Lindhurst	2:43 PM	2:50 PM	3:16 PM
	Rosemont	2:50 PM	2:57 PM	3:23 PM
	Sheldon	2:57 PM	3:04 PM	3:30 PM
	Cordova	3:04 PM	3:11 PM	3:37 PM
	West Valley	3:11 PM	3:18 PM	3:44 PM
	Shasta	3:18 PM	3:25 PM	3:51 PM
	Oroville	3:25 PM	3:32 PM	3:58 PM
<u>14 NT</u>	Willows	3:32 PM	3:39 PM	4:03 PM

	<u>Session 5</u>	<u>Check In</u>	<u>Warm Up</u>	<u>Compete</u>
<u>14 Lg 2</u>	River City	4:15 PM	4:22 PM	4:45 PM
	St Marys	4:22 PM	4:29 PM	4:52 PM
	Oakmont	4:29 PM	4:36 PM	4:59 PM
	Marysville	4:36 PM	4:43 PM	5:06 PM
	Paradise	4:43 PM	4:50 PM	5:13 PM
	Ponderosa	4:50 PM	4:57 PM	5:20 PM
	Del Campo	4:57 PM	5:04 PM	5:27 PM
	Sutter	5:04 PM	5:11 PM	5:34 PM
	Bella Vista	5:11 PM	5:18 PM	5:41 PM
	Nevada Union	5:18 PM	5:25 PM	5:48 PM
<u>10u 3</u>	Chico	5:25 PM	5:32 PM	5:55 PM
	Oroville	5:32 PM	5:39 PM	6:02 PM
	Vista	5:39 PM	5:46 PM	6:09 PM
	<u>AWARDS</u>			6:20 PM

	<u>Session 5</u>	<u>Check In</u>	<u>Warm Up</u>	<u>Compete</u>
<u>14 Sm 2</u>	Central Valley	4:15 PM	4:22 PM	4:48 PM
	Colusa	4:22 PM	4:29 PM	4:55 PM
	Placer	4:29 PM	4:36 PM	5:02 PM
	Enterprise	4:36 PM	4:43 PM	5:09 PM
	Wheatland	4:43 PM	4:50 PM	5:16 PM
	Union Mine	4:50 PM	4:57 PM	5:23 PM
	Colfax	4:57 PM	5:04 PM	5:30 PM
	Jesuit	5:04 PM	5:11 PM	5:37 PM
<u>12u SM 2</u>	Sutter	5:11 PM	5:18 PM	5:44 PM
	Wheatland	5:18 PM	5:25 PM	5:51 PM
	Orland	5:25 PM	5:32 PM	5:58 PM
	Pleasant Valley	5:32 PM	5:39 PM	6:05 PM
	Jesuit	5:39 PM	5:46 PM	6:12 PM

	<u>Session 6</u>	<u>Check In</u>	<u>Warm Up</u>	<u>Compete</u>
<u>14 iv 3</u>	East Nicolaus	6:30 PM	6:37 PM	7:00 PM
	Anderson	6:37 PM	6:44 PM	7:07 PM
	Casa Roble	6:44 PM	6:51 PM	7:14 PM
	Chico	6:51 PM	6:58 PM	7:21 PM
	Orland	6:58 PM	7:05 PM	7:28 PM
	River Valley	7:05 PM	7:12 PM	7:35 PM
	Yuba City	7:12 PM	7:19 PM	7:42 PM
	Corning	7:19 PM	7:26 PM	7:49 PM
	Pleasant Valley	7:26 PM	7:33 PM	7:56 AM
	Woodcreek	7:33 PM	7:40 PM	8:05 PM
	Vista	7:33 PM	7:40 PM	8:10 PM
	<u>AWARDS</u>			

	<u>Session 6</u>	<u>Check In</u>	<u>Warm Up</u>	<u>Compete</u>
<u>12u LG 2</u>	Casa Roble	6:30 PM	6:37 PM	7:03 PM
	Placer	6:37 PM	6:44 PM	7:10 PM
	Oroville	6:44 PM	6:51 PM	7:17 PM
	Del Campo	6:51 PM	6:58 PM	7:24 PM
	Bella Vista	6:58 PM	7:05 PM	7:31 PM
	Vista	7:05 PM	7:12 PM	7:38 PM
	River Valley	7:12 PM	7:19 PM	7:45 PM
	Woodcreek	7:19 PM	7:26 PM	7:52 PM
	Willows	7:26 PM	7:33 PM	7:59 PM