



Virginia Youth Soccer Association
Coach Bio

RUTH KEEGAN

ACCOMPLISHMENTS Coach of the Year 2008, 2011, CNU

- CURRENT TEAMS**
- Beach FC 2005 Girls Red Team Head Coach
 - Beach FC Junior Academy
 - Virginia ODP Southeast District Age Group Head Coach
 - Virginia ODP State Assistant Coach
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COACHING EXPERIENCE **CHRISTOPHER NEWPORT UNIVERSITY, FORMER HEAD COACH**
OLD DOMINION UNIVERSITY, FORMER HEAD COACH
FORMER COLLEGE ALL-AMERICAN
FORMER EAST REGION ODP STAFF

PLAYING EXPERIENCE Republic of Ireland National Team
Methodist University

EDUCATION & CERTIFICATIONS **USSF B LICENSE**
BS IN PHYSICAL EDUCATION - CONCENTRATION IN ATHLETIC TRAINING
BS+30 HOURS SPECIAL EDUCATION

HOBBIES & INTERESTS Traveling, SUP, Packers Football
