



Virginia Youth Soccer Association  
Coach Bio

## LUCAS COOK

**LICENSES** US Soccer National B License  
National Youth License  
United Soccer Coaches: Director of Coaching Certificate

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**CURRENT POSITIONS**

- Fairfax High School: Head Varsity Coach
- FPYC '06 Boys Coach

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**PAST POSITIONS** Loudon Soccer: Program Leader  
McLean Youth Soccer: Director of Coaching

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**COACHING EXPERIENCE** VYSA ODP: Northern District  
Various High School  
Various Teams: Lead Age Group Coach

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**PLAYING EXPERIENCE** Multi-sport high school athlete

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**EDUCATION & CERTIFICATIONS** University of Virginia: M. Ed., Social Foundations of Education  
George Mason University: B.A, Sociology  
Virginia Teaching License, K-6

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**FUN FACT** 2012 Keele International Cup Plate Trophy Champions in England with '00 Boys team.

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