

# **METRO PARKS**

## **Coed and Women's**

### **Adult Volleyball Rules and Guidelines**

#### **SCHEDULES**

- 1. Match schedules will be posted on Sportability website.*
- 2. In case inclement weather occurs during the day, call your playing location Hermitage 316-0843 or East 862-8448 after 2:00 p.m. to check if matches will be cancelled.*
- 3. Position/round robin/playoff schedules will be determined by:*
  - Team record*
  - Head to Head Note: Two teams deemed to be in 1st and 2nd place*
- 4. Forfeits...After the second match forfeit, the team can be removed from the league and lose returning team status. Any forfeit.... team loses entire forfeit refund.*

#### **AWARDS**

- 1. All players on the First Place Team at the end of the season in each league will receive a team award.*

#### **PLAYER REGISTRATION AND ELIGIBILITY**

- 1. Rosters must be on Sportability by week #3. If your roster is challenged and you have not posted, your match will be an automatic forfeit.*
- 2. New players/subs must be posted on the website roster prior to playing in match, In order to be eligible to play. Teams are required to wear matching shirts or shirts with numbers. No fitted headgear or medallion type jewelry is allowed. Rings should be restricted to flat band rings as to not create a safety hazard.*
- 3. The maximum number of players per team shall be twelve (12). Managers may add players until the workday prior to your 7thmatch of the season.*

## **PLAYER REGISTRATION AND ELIGIBILITY CON'T**

***4. Legal age player.... must be 18 years old and/or turn 18 years old prior to the end of the current season. Players who are 17+ years old at start of the season must submit a parental/guardian consent form in order to play. A team's failure to do so is subject to an opponent's protest and forfeit for any games played involving said player."***

***5. Players can only sign/play with one team in the league (or division if applicable) they are participating in.***

***6. SUBS.... a. SUB IS A PLAYER WHO PLAYS 3 GAMES OR LESS FOR THE SAME TEAM, MORE THEN 3 THEY ARE FULL TIME AND SUBJECT TO THE FINANCIAL REQUIREMENTS.***

***b. SUBS ARE ONLY ALLOWED TO BE ROSTERED/PLAY ON ONE TEAM IN THAT LEAGUE. A PLAYER CAN BE A SUB FOR ANOTHER TEAM IN A DIFFERENT LEAGUE, EXCEPTION...MONDAY WOMEN'S, IF A "B" DIV TEAM ALREADY HAS THE ALLOTTED ONE "A" PLAYER ON THEIR ROSTER, ANOTHER "A" PLAYER CANNOT BE SIGNED AS A SUB.***

## **MATCH PROCEDURES**

**1. Current NFHS rules will be in effect unless otherwise stated in these rules, including kicking the ball, rally scoring. There must always be at least four players on the court. The 10-foot rule is in effect. The line is marked on the floor. This applies to all leagues.**

**2. Women's Leagues: A match will consist of three sets. All sets are rally scoring to 25 with a 2-point advantage. Each game has a cap of 27 points. If the score is 26-26, the next point wins.**

**3. All Leagues: First team listed determines first serve. The manager/coach on arrival prior to the scheduled match, must complete the roster sheet with Complete First and Last Names on the score sheet at the beginning of the match.**

***4. First set forfeit will be called at match time, the second set forfeits will be called at Fifteen minutes after match time. If a team forfeits two matches in one season, they could be dropped from the league. All scheduled matches against them will be recorded as wins for the opposing team, and the team will lose returning team status.***

***5. If adding a 5th and/or 6th player, players will rotate into right back and center back positions.***

***6. Substitutions are allowed at any time. Both teams may elect to sub.***

***7. Teams cannot borrow a player from another team for any reason.***

### **MATCH PROCEDURES Cont.**

**8. A player should never enter another court at any time! Play is allowed between the courts, but even if played between the courts a player is not allowed to enter the other court due to momentum. Ball entering from another court, ref should blow the whistle to stop action and call for a replay.**

**9. Each team will receive one point for each game won, zero for each loss.**

**10. "Rotating in" is allowed after your side out, once a team starts "rotating in", they must "rotate in" the rest of the game, except in the case of an injury. Rotating around a specific position is not allowed.**

**11. Each team may take two 30 second time outs per game.**

**12. Unsportsmanlike conduct will not be tolerated. Punishment, including expulsion and forfeit, will be at the discretion of the game referee. Yellow Card = Warning + Point, Red & Yellow Card Combined = Player Ejection + Point. Ejected player must leave the confines of the gymnasium.**

**13. Protests: the team must file a written (rules violation only) statement to the Sports office outlining reason for the protest. This written statement must be rec'd by the Sports office the next business day and must be accompanied by a \$25 protest fee, which will be refunded if the protest is upheld. If denied the fee becomes the property of the Metro Parks Recreation Dept.**

### **GYMNASIUM RULES**

**1. CHILDREN UNDER AGE 12 are not allowed to wander around the building. If children are brought to volleyball matches, they must be supervised by an adult who is not playing that evening. Metro Parks & Recreation is not responsible for children who are injured during the course of this program. We don't want to embarrass anyone by asking them to control their children.**

**2. Any children causing play to be stopped will cause the offending team to be on probation. Any continued violations will be cause for forfeiture of the rest of the games for that evening. Children that are within ten feet of the playing area will be reason to stop play. Referee's judgment will be final regarding this rule.**

**3. No food or drink allowed in the gym.**