

# Adult Volleyball COVID 19 Safety Plan

- a. Temperature and COVID Questionnaire must be completed and recorded each game.
- b. Any player volunteer recording a temp of 100.4 or more must be sent home.
- c. Each player will use the same ball for the duration of practice or until all balls have been sanitized.
- d. All passing drills should be done individually using the wall as a partner
- e. Group play, ball should be sanitized between each point.
- f. Long sleeved shirts are required.
- g. Hand washing or sanitizer used at each timeout.
- h. Players must bring their own water bottle.
- i. Balls will be sanitized between each point.
- j. Mask must be worn on the benches
- k. No changing benches in between games
- l. Chairs will be placed 6 feet apart for team benches.
- m. No coin toss- visiting team will have the choice to serve or receive. Home team will have the choice on 3<sup>rd</sup> game.
- n. league personal must always wear a mask.
- o. No Fans allowed during games
- p. Line ups and rosters should be submitted to the table 10 minutes before game time for all 3 games in the match.
- q. Teams must leave the gym as soon as their game is over to allow the next 2 teams to enter. All coaches' meetings must be held at the next practice and not immediately following the game.
- r. Fog machine will be used to sanitize bleachers and scorer's table between games.
- s. Officials will use hand whistles to officiate the games.
- t. Locker rooms will not be available for usage.