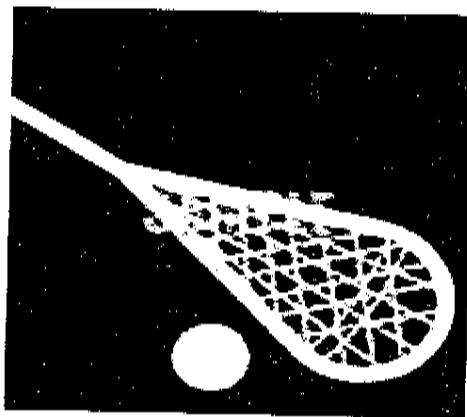


PBGYAAA LAX



## **FAMILY VOLUNTEER HOURS**

**WE ARE A VOLUNTEER BASED PROGRAM.  
WITHOUT PARENTS, THERE WILL BE NO  
LACROSSE!!**

**YOU WILL BE REQUIRED TO DONATE A  
MINIMUM OF 2HRS PER CHILD IN THE  
CONCESSION STAND.**

**WE ALSO NEED PER INDIVIDUAL TEAMS:  
TIME KEEPERS, SCORE KEEPERS, PENALTY  
TIME KEEPERS, HELP SET UP/BREAK DOWN  
THE FIELDS.**

**IF YOU FEEL THAT YOU CAN'T DONATE 2HRS  
OF TIME IN THE CONCESSION STAND, YOU  
MAY DONATE \$100. PLEASE MAKE CHECKS  
PAYABLE TO: PBGYAA LACROSSE..... WE  
WILL THEN TAKE YOU OFF THE VOLUNTEER  
CHECK LIST!**

# GAME PLAY TIME POLICY

11/1/08

**EQUAL GAME PLAY TIME IN OUR PROGRAM IS NOT GUARANTEED BUT RATHER EARNED THROUGH ATTENDANCE AT PRACTICE AND EFFORT DISPLAYED IN PRACTICE AND GAMES. SKILL OR TALENT LEVEL IS NOT USED AS THE BASIS FOR GAME PLAY TIME, EXCEPT POSSIBLY DURING THE LAST FEW MINUTES OF A CLOSE GAME OR DURING OVERTIME.**

Lacrosse is a team sport. This is one of the great benefits of young players learning lacrosse. Team play, team chemistry and desire to excel are important to individual player and team development, more so as the players get older. We feel that it is only fair that those who participate fully and work hard at improving are afforded the most opportunities and playing time.

We have defined below effort and attendance guidelines our coaches will use in determining game play time. **For the purposes of this policy, EQUAL GAME PLAY TIME means a fair or reasonable amount of time on the field similar to other players, not including special teams play (man-up or man-down).** *Please note: Overtime or close games in the last few minutes may have the best players on the field at the coaches' discretion.*

## **EFFORT**

Players who choose to "dog it", "loaf", "goof off", or disregard the coaches' instruction take away from the quality of the team experience and take away from the experience of those working hard. Players are expected to show effort. Team coaches will determine if any player is not displaying legitimate effort in practice or games.

## **ATTENDANCE**

During the normal course of practices our players will be taught both individual skills and team play. Players who miss practices will miss out on the team concepts and skills. This takes away from the experience of those players fully participating. Below we have set a general level of expectation for players' attendance at each age level that is needed to have the opportunity of equal game play time. These are guidelines only for coaches and parents and are not intended to be calculated with pinpoint accuracy. For the purposes of this policy **cumulative practices** means the total number of practices held to date.

<b>BANTAM</b> (K-2 <sup>nd</sup> Grade boys)	50% of the cumulative practices
<b>LIGHTNING</b> (3 <sup>rd</sup> -4 <sup>th</sup> Grade boys)	60% of the cumulative practices
<b>JUNIORS</b> (5 <sup>th</sup> -6 <sup>th</sup> Grades-boys, 3 <sup>rd</sup> -5 <sup>th</sup> grades-girls)	70% of the cumulative practices
<b>SENIORS</b> (7 <sup>th</sup> -8 <sup>th</sup> Grades-boys, 6 <sup>th</sup> -8 <sup>th</sup> grades-girls)	80% of the cumulative practices

Players who do not attain the attendance goals or lack effort will still play in games but game play time will be at the discretion of the coach.



## THE ROLE OF PARENTS

YOU, the parent, are equally as important to your child's positive lacrosse experience as the coach of the team. In order for your child to get the most out of playing lacrosse, it is important that you do the following:

### ONE

Be supportive of your child by giving encouragement and showing an interest in his team. Positive reinforcement encourages learning and fun. Research has shown that a ratio of five positive statements (compliments, positive recognition) for each negative statement (criticisms, corrections) is ideal for helping young athletes do their best. Try to maintain a 5:1 ratio in your comments to your child.

### TWO

Attend games whenever possible. If you cannot attend, ask about your child's experience, not whether the team won or lost. Some questions that you might ask before asking about the final score include: "Did you try as hard as you could? Did you have fun? Did you learn anything today that might make you a better player in the future?"

### THREE

Be a positive role model by displaying good sportsmanship at all times to coaches, officials, opponents and your child's teammates. "Honoring the Game" is an important part of what US Lacrosse represents. Help us by honoring the game in your behavior as a spectator.

### FOUR

Let your child set his own goals and play the game for himself. Be your child's "home court advantage" by giving him your unconditional support regardless of how well he performs.

### FIVE

Let the coach coach. Refrain from giving your child advice when he is playing. Use positive reinforcement with your child's coach. Let the coach know when he is doing a good job.

## SIX

Respect the decisions of the referee or umpire. This is an important part of honoring the game. Your child will pay more attention to how you act than to what you say.

## SEVEN

Read the rulebook. A full understanding of the rules will help you enjoy the game and educate others.

## EIGHT

Get to know who is in charge. Meet with the leadership of the program, whether it's school sponsored or recreational, to discuss topics such as cost, practice and game scheduling, insurance coverage, emergency procedures, etc.

## NINE

Get involved! A great way to support your child's lacrosse experience is by becoming a volunteer for the program. Some of the ways you can get involved: keep the scorebook, run the clock, line the fields, manage equipment, chaperone trips, raise funds, organize clinics and team social events, update the team web site, photograph players and organize carpooling.

## TEN

Sit back and enjoy the game. Remember, lacrosse is played for FUN.

# Palm Beach Gardens Youth Athletic Association CODE OF CONDUCT AND DISCIPLINARY GUIDELINES

August 2001

## I. CODE OF CONDUCT

### 1. Coaches, managers, players and spectators SHALL NOT:

#### A. Use foul, abusive, derogatory, or offensive language.

*\*No exact standard exists nor will the association attempt to list every word or phrase that would be considered a violation of this provision. The PBGYAA Board of Directors and the Division Boards reserve complete discretion in determining a violation of this provision as the elective Boards of the membership. The Boards will consider the context and circumstances the violative words or phrase are used relative to any disciplinary action, if any.*

#### B. Taunt, verbally harass, threaten, or degrade any other player, coach, manager, spectator, or any official, umpire or referee.

*\*The Division Boards and the PBGYAA Board reserve complete discretion in determining a violation of this provision.*

#### C. Hit, strike, kick, assault, or offensively touch any other player, coach, manager, spectator, official, umpire or referee regardless of the intent to injure. Players would be considered violative of this provision if the contact were considered outside the normal contact of the game.

*\*Due to unforeseen circumstances and the context of the contact, the PBGYAA Board and the Division Boards reserves complete discretion in determining if the contact is violative of this provision.*

#### D. Engage in any conduct that would be considered unbecoming, unsportsmanship-like, or offensive including, but not limited to, spitting, throwing equipment or other objects, offensive and/or threatening gestures, kicking dirt, and "getting into the face" of another person.

*\* The PBGYAA Board and the Division Boards cannot contemplate every scenario or act that would be considered violative of this provision. Therefore, the Boards reserve complete discretion in determining any violations.*

#### E. The use or possession of alcohol, drugs, weapons, (guns, knives, or any other designed device that could cause bodily harm) or being under the influence of drugs or alcohol at any PBGYAA event or function by any member or person is strictly prohibited by the PBGYAA. The PBGYAA has adopted a "zero tolerance" policy toward any member or person who violates this provision which will result in an automatic suspension from the association.

### 2. The game umpire/official/ referee is given complete control of the game and the field or area of the game from the time the players and coaches enter the area of the game and until the players and coaches leave the area of the game following the end of the event.

#### A. The umpire/official/referee has complete control to eject any player, coach, manager or spectator from the area of the game and surrounding area in his/her discretion if the player, coach, manager, or spectator is in violation of 1 A, B, C, D or E of this Code with or without any prior warning.

#### B. If any coach, manager, player, or spectator of any given team refuses to leave the facilities after being ejected and told to leave the area of the game and surrounding area, then his/her team will forfeit the game and the official/umpire/referee will immediately leave the area of the game without further discussion.

#### C. The game umpire/official/referee shall upon completion of the game submit a written Code of Conduct Violation report to the respective Division Boards or representatives of the Boards of any violation of 1 A, B, C, D or E of the Code by any player, coach, manager, or spectator for further action, if any, by the Division Boards and/or the PBGYAA Board.

### 3. Any violation of this Code can be reported by anyone with information of any violation of this Code verbally or in writing to any Division Board, its representatives, or the PBGYAA Board. The respective Boards shall diligently investigate any complaints and determine if any action should be taken, if any, against the respective player, coach, manager, spectator or umpire/official/referee.

### 4. Each Division Board will be responsible for written notification to the YAA of a Code of Conduct Violation report submitted by any umpire, official, referee or member regarding the violation of the Code of Conduct. This report includes information describing the incident, any witnesses to the violation, any action taken, the date and time of the incident, and the nature of the violation. The Division shall forward this Report to the YAA Executive Board upon

completion.

5. Any alleged violation of the Code of Conduct should be reported to the Division president along with any incident report for evaluation and further action, if necessary.

## II. PROCESS FOR CONSIDERING DISCIPLINARY ACTION

1. The Division Boards shall consider all reports of any member's violation of the code of Conduct. A quorum of the Division Board shall meet as soon as reasonably possible to consider any reports and determine by a majority vote of a quorum of the Board whether disciplinary action may be warranted. All Board members shall be noticed for any meeting to consider any alleged violation.
2. If a majority vote of a quorum of the Board votes that disciplinary action may be warranted, then the member shall be contacted immediately by certified letter of the alleged violation which should include, but not be limited to, the specific alleged violation of the Code the member is accused of violating and informing the member of his election to request a fact finding hearing before the Division Board to dispute the allegations.
3. Any member who receives a letter describing a violation of the Code of Conduct shall have 72 hours to request a hearing upon receipt of the letter. The member's failure to respond will be deemed as an admission to the allegations and the Board shall then consider the appropriate disciplinary action under Section III of the guidelines.
4. A requested hearing by any member after receiving a violation letter shall be conducted by a quorum of the Division Board no later than 10 days after a requested hearing by a member. The hearing date and time shall be set with the coordination of the accused member. The hearing will be conducted by the president of the Division Board who will set time limits for witness testimony, the number of witnesses to be called, and any statement to be made by the member or his/her representative.
5. A quorum of the Board shall vote at the conclusion of the hearing to determine if disciplinary action warranted against the member pursuant to Section III. A majority vote of a quorum of the Board shall decide the outcome of any action, if any.
6. The member shall be given written notice (by certified mail) of the outcome of the hearing within 72 hours after the hearing. Minutes of the Division hearing shall be forwarded to the YAA secretary at this time.
7. No disciplinary action shall be taken against any member until the member is afforded the opportunity of a hearing. However, the Division president shall have discretion to temporarily suspend any member pending a hearing depending on the nature of the violation, safety of other members and whether the member has violated the Code of Conduct in the past.
8. The Division Board may, by a majority vote of a quorum of the Board, elect to have the YAA Board conduct a hearing pursuant to these provisions for any reason including, but not limited to, conflicts of interest.

## III. DISCIPLINARY GUIDELINES

1. The Division Board has the sole discretion with these as minimum guidelines to discipline any member for a violation of the Code of Conduct as follows:
  - A. **Use of foul, abusive, derogatory or offensive language.**  
Warning, ejection from game/location or one (1) game suspension.  
\*Repeat violators are subject to season suspensions at the discretion of the Board.  
\*Three (3) violations shall be an automatic suspension for one (1) year.
  - B. **Taunt, verbally harass, threaten or degrade any player, coach, manager, umpire, referee, official or member.**  
Warning, ejection from game/location or one (1) game suspension.  
\*Repeat violators are subject to season suspensions at the discretion of the Board.  
\*Three (3) violations shall be an automatic suspension for one (1) year.
  - C. **Hit, strike, kick, assault, or offensively touch any player, coach, manager, spectator, umpire, referee, official or member.**  
One (1) game suspension up to season suspension. Depending on severity of incident, the Board may consider expulsion from association.

**D. Unbecoming behavior, unsportsmanship-like, or offensive conduct.**

Warning, ejection from game/location or to one (1) game suspension.

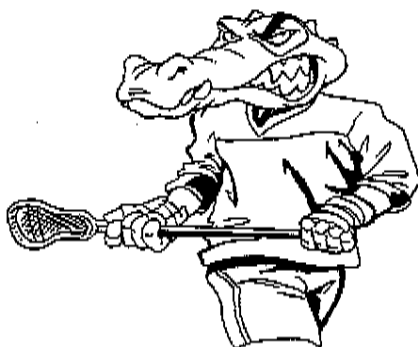
\*Repeat violators subject to season suspension or expulsion.

**E. Under the influence of/possession of alcohol, drugs, or weapons.**

Automatic suspension from the association for one (1) year or expulsion from the association.

**Each Division Board may determine that a violation of the Code of Conduct may warrant additional or harsher penalties.**





## **FIELD DIRECTIONS**

### **JTAA - Jupiter Community Park**

Take I-95 or the Florida Turnpike to Jupiter East/Indiantown Rd exit. Go east on Indiantown Rd to 1st light (Island Way), turn left. Go straight for ~ 1 mile and the park entrance will be on your right.

### **JTAA - Lighthouse Park**

Turnpike north to Jupiter East/Indiantown Rd exit. Go east on Indiantown Road (also known as State Road 706) for about 4 miles (over the bridge) to US 1. Make a left on US 1. Go over another bridge and you will see the fields on the right. Make a right at the next light and then another right to enter the the park.

### **Boca Jets - South County Regional Park**

Take I-95 to Yamato Road exit, go west on Yamato past US 441 to Ocean Mist Drive. Turn left into north entrance of the park. Fields are on the left.

### **Broward Pirates - Holiday Park**

Take I-95 south to Sunrise Boulevard exit in Ft. Lauderdale. Go east on Sunrise for ~2 miles. Park will be on your right. Approximate driving time from Jupiter is 1 hour.

### **Martin County Pioneers - Jock Leighton Park**

Take I-95 to Palm City exit, go north on High Meadow Avenue for a couple of miles to Martin Highway (SR714). Turn right and travel east to 2nd traffic light (Mapp Road). Take a right, then an immediate left into the park.

### **Parkland - Pine Trails Park**

Take the Turnpike south to the Sawgrass Expressway and go south to the University Drive exit. Go north on University to Holmberg Road and make a left, then turn right on Coral Springs Drive (aka Pine Island Drive). Road ends at the park.

### **Weston - Tequesta Trace Park**

Take Turnpike/I-95 to 595 west, go west on 595 to I-75 south, continue on I-75 to Royal Palm exit. After exit go 2 miles and turn right onto Saddle Club, turn right onto Indian Trace and go 1/4 mile. Tequesta Trace Park will be on your right.

### **Woodlawn Middle School - 5200 Lyons Road**

Take the Turnpike to Lake Worth Road exit 93 (Lake Worth Road west) to Lyons Road. Turn left on Lyons Road (south) and go ~1.4 miles. School will be on your left.