

2017 FHYFL Tackle Rule Grid

	D	C	B	A
Player Grades	3rd & 4th	5th and 6th	7th	8th
Practices allowed per week	3 pre-season, 2 when games begin	3 pre-season, 2 when games begin	4	5
Time allowed per practice	2 hours	2 hours	2 hours	2 hours
Assistant Coaches allowed	2	2	4	4
Field Length	100 yds	100 yds	100 yds	100 yds
Length of quarter	10 min.	10 min.	10 min.	10 min.
Halftime minutes	10	10	8	10
Time outs per half	3	3	3	3
Coaches permitted on field during play	Yes, at all times	1st and 3rd quarters only	No	No
Weight limit to carry ball	115 lbs with all equipment except helmet	145 lbs with all equipment except helmet	No limit	No limit
Weigh-ins	Mandatory for all players	Mandatory for all players	No	No
Skill positions that must be different players in each half	QB, RB, WB/SB, WR	QB, RB	None, but top players are removed in 2nd quarter by opposing coach per Big Ten by-laws	None, but top players are removed in 2nd quarter by opposing coach per Big Ten by-laws
Kickoffs	No	No (weeks 1-2) Yes (weeks 3-7)	Yes	Yes
Punting	Dead ball	Live	Live	Live
Blitzing permitted	Yes, LB's 5 yards of LOS	Yes, LB's 5 yards off LOS	Yes, from 3 yards off LOS	Yes
QB sneaks allowed	No	Only on 4th down with 2 or less yards to go	Yes	Yes
Defense formations	At least 4 defensive linemen, maximum of 6. Defensive Ends are allowed to be in a two point stance.	At least 4 defensive linemen, maximum of 6. Defensive Ends are allowed to be in a two point stance.	Any	Any
Offensive formations	5 OL minimum incl. TE	5 OL minimum incl. TE	Any	Any