

UPLL Team Manager & Coach Specific Guidelines for Return to Play with COVID-19 Precautions

In addition to UPLL Guidelines for Return to Play with COVID-19 Precautions, Team Managers and Coaches should read and understand the following guidelines specific to their position as a UPLL volunteer.

General Information

- As a Team Manager or Coach, you are responsible for enforcing the guidelines in the dugout and on the field. You will not be expected to patrol the complex to enforce these guidelines.
- Each Team Manager will be provided with disinfecting wipes, hand sanitizer, disposable gloves, and a bucket which should be brought to every practice or game. Please do not leave these items in the sheds, as they may not be there when you return. If you need replenishment of an item, please contact the UPLL Safety Officer.
- Please use disposable gloves when handling disinfecting wipes, and dispose of them in a trash can.
- When using disinfecting wipes, follow the instructions on the packaging regarding use. To be effective, many products need to remain wet for a certain amount of time. Let surfaces air dry before use.
- When trash cans are being emptied and taken to the dumpsters at the front of the complex, managers should provide the individual emptying the trash with a pair of disposable gloves.

Arrival at the Complex

- Instruct your team to arrive at the complex no more than 40 minutes prior to the start of games.
- Encourage families to check their temperature prior to complex arrival, and to stay home if they have a fever over 100.4. Ask families upon complex arrival if they have a fever over 100.4 or symptoms of COVID-19. Immediately send home any player who reports symptoms and contact the UPLL Safety Officer for follow up.
- If a practice or game is ongoing on your designated field when you arrive at the complex, encourage players and their families to wait in their vehicles until the field has been vacated by the previous group. Do not congregate in common areas while waiting.
- Please use a disinfecting wipe on shared field prep items before and after use (rakes, liner, etc).

Pre-Game/Practice Warm Up

- Players will not be required to wear face coverings during pre-game warm ups, but should be kept 6 feet apart from other players and coaches. Managers and coaches are required to wear face coverings during warm ups.

Pre-Game Plate Meeting

- Social distancing of six feet between individuals should be implemented during all pre-game plate meetings between managers and umpires.
- Limit the plate meeting to one umpire and one manager/coach from each team with all participants wearing face coverings.

In the Dugout

- Players (with the exception of T-Ball) will be assigned a seat on the bench in the dugout and should be restricted to sitting in that space while in the dugout (ex: batting order)
- Players (with the exception of T-Ball), coaches, and managers are required to wear masks in the dugout.
- T-Ball players will not be required to wear face coverings and may sit with family members during times that they are not on the field or at bat.
- Limit the number of coaches who are allowed in the dugout to the minimum needed (manager, first base coach, third base coach)
- Encourage players to keep water bottles in their equipment bags and not on the bench to avoid cross contamination. Absolutely no food is allowed in the dugout.
- Players should only bring items necessary for play into the dugout and keep them in their personal equipment bags. Space equipment bags as much as possible in the dugout.

Game Play

- Umpires are permitted to be placed behind the pitcher's mound/circle to call balls and strikes. Umpires are encouraged to keep a safe distance from players as much as possible. If physically able, umpires are encouraged to wear cloth face coverings while umpiring.
- Players should have their own equipment and not share items with other players. Shared catcher's equipment must be sanitized using the provided disinfecting wipes in between use.

- Balls should be rotated through on a regular basis, at least every two innings or every hour, to limit individual contact. Place used balls in the provided bucket for disinfection after practices and games.
- Players will not be required to wear face coverings while in the field or at bat. Managers and coaches are required to wear face coverings while on the field.
- Players should use the hand sanitizer provided to team managers frequently, especially before entering or exiting the dugout.

After Practices or Games

- Players, coaches, managers, umpires, and spectators should refrain from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc. Post game “hat tipping” is allowed and encouraged.
- Once a practice or game is over, please pack up belongings and leave the complex in a timely manner, usually within 20 minutes of event completion. Do not congregate in common areas for team meetings or get together before or after practices or games.
- Team managers and coaches should sanitize areas and items that are frequently touched, such as benches, scoreboard device, and fencing, by using the provided disinfecting wipes. Sanitize used balls and shared gear by using the provided disinfecting wipes. Do not place sanitized balls back into the provided bucket used to contain balls needing sanitizing. Wear provided disposable gloves when handling disinfecting wipes.

Contact Tracing

- If you are notified that a player, coach, manager, umpire or spectator **or someone in their household** tests positive for COVID-19, contact the UPLL Safety Officer so she can notify any potentially exposed contacts.
- When the League Safety Officer is notified of a COVID positive exposure, she will contact the Team Manager of those who were exposed with instructions on self-quarantining and self isolation.
- Players, coaches, managers, umpires, and spectators must be cleared by the UPLL Safety Officer prior to returning to the complex after a COVID-19 exposure.

Cleaning & Disinfecting

- The CDC reports that Coronaviruses on surfaces and objects naturally die in hours to days in typical indoor and outdoor environments. Warmer temperatures and exposure to sunlight will reduce the time the virus survives on surfaces and objects.
- All surfaces of each piece of shared equipment will be cleaned and disinfected with provided disinfecting wipes by team managers and coaches. Increased attention should be paid to detailed cleaning of all equipment directly contacting the head and face (catcher’s mask, helmets).

Any questions regarding your role as a team manager or coach with UPLL and the above guidelines should be directed to UPLL President Nick Buchanan (nicholas.buchanan31@gmail.com) or UPLL Safety Officer Lisa Osborne (UPLLSafety@gmail.com).

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