

# Fallbrook Youth Baseball

## **Safety Rules and Guidelines**

Revised 1/1/2018

Changes Indicated in Red

*It is the intent of Fallbrook Youth Baseball to instruct youth on how to play baseball in the safest manner possible, while not detracting from the game's enjoyment. The following are safety rules and guidelines that shall be adhered to while at the Fallbrook Youth Baseball complex.*

1. There are many events going on from day to day at the baseball complex with many vehicles going in and out. Please adhere to a 5 MPH speed limit to ensure everyone's safety. Also, please be aware that foul balls will be hit at all fields. As such, please be aware of balls leaving the field of play while walking around and spectating. Only park in designated parking stalls, and **PARK AT YOUR OWN RISK.**
2. A parent or guardian must remain in attendance at all times.
3. A manager, coach, or designated parent will supervise all baseball throwing, bat swinging, and hitting.
4. Batting helmets shall be mandatory for all on-deck batters, batters and base runners during all games, practices, and warm ups.
5. Hitting into a portable net on any field of play is permitted only if the portable net is positioned so that if a ball misses the net, no other people or objects (including cars) are within range.
6. While batting helmets with face guards are provided for Pinto through Pony games and practices, faceguards are optional. Players may choose to wear their personal helmets without faceguards. Parents assume all responsibility for their child's choice of helmet.
7. All equipment, including helmets, bats, balls and catcher's equipment should be located inside the dugout, outside the playing area, or in the on deck area if the fields are equipped accordingly.
8. Ensure that all team equipment is in good shape and does not pose an undue danger to any player. Should an item become defective or dangerous, contact the Equipment Manager and he/she will issue a new item.
9. Only "Pony" approved baseballs are to be used in games.
10. Only Reduced Injury Factory baseballs are allowed in the Shetland division. All other leagues will use Poly League approved baseballs.
11. No pepper is allowed against any of the field fences. No hitting baseballs directly into fences. L-screens are to be used for pitching protection only.
12. Batting cages are supplied for hitting practice only. No horseplay is permitted in these areas. A helmet is mandatory while hitting in the cages.
13. First aid kits provided by the league are located in the score booth area at the Bronco and Pony fields. They are in the equipment shed at the Shetland and Pony fields. They are also located at the concession stands.
14. A pitcher must wear a protective cup at all times and in all divisions.

15. Use of tobacco products of any type is not permitted within the FYB facility. No smoking of any kind on playing fields, in dugouts, or anywhere in the FYB facility.
16. No pets allowed except for service animals.
17. No alcoholic beverages permitted.
18. No skateboards, scooters or bicycles permitted.
19. Parents and Spectators:
  - Parents and spectators must stay away from the dugout and backstop areas.
  - No parents should come on the field during practices or games unless his/her child is injured.
  - Any parent-manager-coach conflict or confrontation will occur away from FYB's premises and away from the site of any team activity.
  - Violations are to be reported to the League Representative, who will refer them to the VP for review. Any parents can be reported to the Executive Board for any reason that may be detrimental to FYB. Examples include:
    - Foul Language
    - Indecent Gestures
    - Umpire Abuse
    - Substance Abuse
    - Object Throwing
    - Verbal Abuse of Coaches or Children
    - Fighting
20. Any parent or spectator who is ejected or asked to leave the field by an umpire for any reason listed above will result in the parent or guardian being subject to further suspension by the Executive Board.
21. Batting practice machines/pitching wheels needs to be stored in the shed when not in use. DO NOT leave the pitching wheel unattended at any time.
22. It is required that all managers, coaches, and volunteers be protected behind an L-screen when throwing batting practice either on the field or in the batting cages. Pinto, Bronco, and Mustang players are not allowed to throw batting practice. Pony division players are allowed to throw batting practice provided they use an L-screen.
23. Any player warming up a pitcher must wear a protective facemask and cup at all times and in all divisions.
24. Heart guard protection and helmets with faceguards are recommended for all pitchers at the Shetland and Pinto divisions.
25. All motorized equipment used for dragging the field shall not be operated by anyone under the age of 18 unless he/she has FYB board approval. The golf cart must not be operated by anyone under the age of 18 unless he/she has FYB board approval. Any damages caused by any unauthorized use of this equipment will result in the parents/guardians being held financially responsible for those damages.
26. No person may violate the "NO TRESPASSING" sign and enter the fenced avocado grove adjacent to the property, located to the north side of the Pony, Bronco, and Mustang fields. Any person found in violation of this rule (and

players associated with this person) will be suspended from the facility. For foul ball retrieval, please contact the FYB Board, as they are the only people with access keys, who are permitted on the adjacent property.

27. Absent advanced FYB Board approval, access to the fields for any purpose must meet the following criteria:
  - Players who are registered with the league for the current season.
  - Managers, coaches, or other individuals who have completed the requisite background check and have board approval to be on the fields for that current season.
28. Climbing on any fences, trees, or other structures within the FYB facility is strictly prohibited.
29. FYB's facility uses reclaimed water that is no suitable for human consumption to maintain our fields. **DO NOT DRINK THE WATER ON THE FIELDS.**