

## SJYLL Youth Girl's Rules Comparison 2020

February 13, 2020

	U-8	U-10	U-12	U-14
Fees (teams split fees)	\$60	\$60	\$60 each	\$60 each
Players	<b>NEW up to</b> 7v7, no goalie <i>league specific not USL</i>	<b>NEW up to</b> 8v8, includes goalie	<b>NEW up to</b> 12 v 12	<b>NEW up to</b> 12 v 12
Coaches (3 max.)	1 Coach may be on field to assist kids.	Stay on sideline in coaching "box".	Stay on sideline in coaching "box".	Stay on sideline in coaching "box".
Game Length	<b>Running</b> Clock 2-20 min. halves Play out 8m both halves <i>league specific not USL</i>	<b>Running</b> Clock 2-20 min. halves Play out 8m both halves <i>league specific not USL</i>	<b>Running</b> Clock 2-25 min. halves Play out 8m both halves <i>league specific not USL</i>	<b>14 A/B B Running</b> Clock 2-25minHalves <b>14A/B-B</b> Play out 8m both halves <b>14A</b> Running, stop clock last 2 minutes
Time Outs	1 - 1 minute w/running clock none last 5 min of half <i>league specific not USL</i>	1-1 minute w/running clock none last 5 min of half <i>league specific not USL</i>	1-1 minute w/running clock none last 5 min of half <i>league specific not USL</i>	1-1 minute w/running clock none last 5 min of half <i>league specific not USL</i>
Field	60-70yds x 35-45 yds	60-70yds x 35-45 yds	Full field	Full field
<b>EQUIPMENT</b>				
Ball	NOCSAE Ball <i>league specific not USL</i>	NOCSAE Ball	NOCSAE Ball	NOCSAE Ball
Stick	USL Spec Sticks, modified pocket	USL Spec Sticks, modified pocket	USL Spec sticks	USL Spec Sticks
Eyewear	USL requirements -SEI	USL requirements -SEI	USL requirements -SEI	USL requirements -SEI
Mouthguard	USL requirements	USL requirements	USL requirements	USL requirements
Goal Cage	6' x 6' v <b>league specific not USL</b>	6' x 6'	6' x 6'	6' x 6'
<b>Field Markings</b>				
8' arc	Yes <b>league specific not USL</b>	Yes	Yes	Yes
12' fan	Optional <b>league specific not USL</b>	Yes	Yes	Yes
Restraining Line	Center line-Yes <b>league specific not USL</b>	Center line- Yes	Yes	Yes
Checking	None	None	Modified	14 A/B & B Transitional/ 14A Full Checking
Draw	Only to start <i>each half</i> must hold for possession players inside the 8m 3 in defense and 3 in offense <b>Show Possession Signal</b> <i>league specific not USL</i>	6 Players must hold for possession inside the 8m 3 in defense and 3 in offense <b>Show Possession Signal</b>	Regular Draw -hold for possession <b>Show Possession Signal</b>	Regular Draw-hold for possession <b>Show Possession Signal</b>
Free Movement	Yes	Yes	Yes	Yes
Self Start	No <i>league specific not USL</i>	No <i>league specific not USL</i>	Yes	Yes
Score	- <b>No Draw after goal</b> give the ball to opponent goal line extended 8m away OR if coaches mutually agree may restart at the center line but No Draw	Yes - start each half with Draw & after goal Trailing coach's choice draw or possession optional 4 goal mercy rule (indirect) <b>league specific not USL</b>	Yes - start each half with Draw Trailing coach's choice draw or possession optional 4 goal mercy rule (in direct)	<b>U14 AB and B:</b> level Yes - start each half with Draw Trailing coach's choice draw or possession 4 goal mercy rule (indirect)  <b>U 14 A:</b> Regular scorekeeping
Passing Rule	Yes, "attempt" to pass. Once 2 pass established if possession is turned over then recovered again before ball goes over RL offense does not have to re-establish 2 passes, can go to goal <i>league specific not USL</i>	yes, attempt to pass. Goalie outside GC clear counts as 1 pass. Once 2 pass established if possession is turned over then recovered again before ball goes over RL offense does not have to re-establish 2 passes, can go to goal <i>league specific not USL</i>	<b>U12 B</b> only -Yes, "attempt" to pass Goalie outside GC clear counts as 1 pass. Once 2 pass established if possession is turned over then recovered again before ball goes over RL offense does not have to re-establish 2 passes, , can go to goal <i>league specific not USL</i>	Regular Play No Pass Rule

	U-8	U-10	U-12	U-14
Defense 1V1	1 v 1 required	Only outside of the 8m Inside 8m may double, triple team	Regular play, no 1 v 1 required	Regular play, no 1 v 1 required
Carding	None. If major contact or unsportsmanlike behavior, remove for BRIEF period. <i>Mandatory substitution</i>	Regular carding rules/timing Mandatory substitution do not play short	Regular carding rules/timing	Regular carding rules/timing <b>14A - Check to the Head - Red Card</b>
Injured Players	Must leave field, substitute	Must leave field, substitute	Must leave field, substitute	Must leave field, substitute
Overtime	None	None	None	None
Restart of Game After Goal	Coach/Official retrieves ball. Gives to closest player on GLE. Whistle start.	Draw... 4 goal mercy rule option	Draw... 4 goal mercy rule option	Draw - U14 A/B -B 4 goal mercy rule option Draw <b>U14A</b> no mercy rule option
Restraining Line	Introduced at this level. 2 players from each team stay back <i>league specific not USL</i>	Introduced at this level. 2 players plus goalie back	4 players plus goalie back	4 players plus goalie back
Substitution	Recommended on stoppage of play, but ok during live play.	Recommended on stoppage of play, but ok during live play.	Regular Uslax substitution rules	Regular uslax substitution rules
<b>PLAYING THE BALL</b>				
Covering ball	Never	Never	Not when opponent in playing distance	Not when opponent in playing distance
Ground ball	Contested by max 2 players. If more, whistle & Alt Possession	Contested by max 2 players. If more, whistle & Alt Possession	No restrictions	No restrictions
Kicking ball	Never	Never	Yes- on non shooting efforts	Yes - on non shooting efforts
Goal Circle Entry	Only Coach or Official	Only Goalie - No Deputy	Only Goalie - No Deputy	Only Goalie - No Deputy
Minimum Pass Rule	2 pass before shot on goal <i>league specific not USL</i>	2 pass before shot on goal <i>league specific not USL</i>	<b>Only U12B</b> -2 pass before shot on goal <i>league specific not USL</i> U12 A or U12A/B None	None
1V1 Defense	Yes	Only outside of the 8m Exempt inside the 8m	Not required	Not required
3 Sec Good Defense	Yes	Yes	Yes	No
Danger Fouls	Player briefly removed with Sub	Cards ok - with substitutions	Regular carding - no subs	Regular carding - no subs
Unsportsmanlike Cond	Player briefly removed with Sub	Cards ok - with substitutions	Regular carding - no subs	Regular carding - no subs
Shooting Fouls	Players responsible to not shoot at other players Shooter must have safe follow through No stick in goal circle	Players responsible to not shoot at other players Shooter must have safe follow through <b>No stick in goal circle including no follow through over GC</b> Dangerous Propel and Dangerous Follow Through (Mandatory Card)		
Goalie	None	Yes - Required Equipment: Helmet, face mask, chinstrap, throat prot, padded gloves, mouthguard, chest prot, shin/thigh padding <b>NEW</b> - No Tinted Glasses	Yes - Required Equipment: Helmet, face mask, chinstrap, throat protector, padded gloves, mouthguard, chest protrector, shin/thigh padding <b>NEW</b> - No Tinted Glasses	Yes - Required Equipment: Helmet, face mask, chinstrap, throat prot, padded gloves, mouthguard, chest prot, shin/thigh padding. <b>NEW</b> - No Tinted Glasses
Mercy Rule	No	Option at 4 goal differential Draw or Possession (indirect) Only after a goal	Option at 4 goal differential Draw or Possession (indirect) Only after a goal	<b>14 A/B &amp; 14B</b> Option at 4 goal differential Draw or Possession (indirect) Only after a goal <b>U14A - None</b>