

## **Scripps Ranch Little League COVID-19 Mitigation Strategy: COVID Exposure and Infection Protocol 3/23/2021**

In an effort to follow CDC and local guidance as well as provide consistency while maintaining privacy, Scripps Ranch Little League (SRLI) will follow the following protocol for the 2021 Spring season in the event of Volunteer and Player exposure, symptoms and/or infection related to COVID-19. The SRLI Board of Directors' goal is to have transparency with these protocols and keep the Scripps Ranch community safe.

The protocol is designed to protect the privacy of all players and volunteers and every effort to protect the identities of players and volunteers exposed will be made.

- Any instance of a player or volunteer with an exposure, symptoms or a positive COVID-19 test are required to notify SRLI via [covid@scrippsranchl.org](mailto:covid@scrippsranchl.org). **Please do so immediately.** Privacy is of the utmost importance to SRLI and access to the email is limited to the Safety Officer, Player Agent and President. All communications will be done without identifying the names of those exposed or infected to the greatest extent possible.
- The League Safety Officer or designated Player Agent will work directly with the family that has reported a COVID-19 issue regarding return to play/volunteer dates and to monitor any changes in the situation.
- If there is a confirmed positive case within a team, SRLI will contact the manager of the team to inform them that someone (no names will be provided) with direct association to their team has been confirmed positive. An email will be sent by SRLI to the team's families informing them of the situation.
- If a team that has a positive COVID-19 case has interacted with another team (scrimmage or game) within 3 days of the onset of symptoms, SRLI will email the Manager and then the entire team, letting them know of the positive case on an opposing team. Opposing teams will be permitted to continue activities as normal.
- If SRLI receives information about 2 or more concurrent positive cases (from separate households) on the same team, that team's activities will be shut down for 10 days from the onset of symptoms for the most recent positive case.
- If a team has 2 or more concurrent positive cases and they have interacted with another team (scrimmage or game) within 3 days of the most recent onset of symptoms from a positive case, the opposing team's activities will be shut down for 10 days from the most recent onset of symptoms.

**Exposure Definitions:** All protocols in this document are based on CDC and/or State Health Department guidance and are subject to change based on changing CDC and/or State Health Department guidance.

- **COVID-19 symptoms can include:** fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and/or diarrhea.
- **Direct exposure/contact** is defined as being closer than 6 feet for 15 minutes or longer over a 24 hour period with an infected individual, within 48 hours prior to that person feeling sick or testing positive.

**Return to Activity Scenarios:**

- **Player/volunteer had direct exposure to an infected individual with COVID-19**
  - Return to team activities 10 days after last direct exposure to COVID-19
  - **OR** return to team activities upon producing a negative test result
- **Player/volunteer had symptoms of COVID-19, but was not tested for COVID-19**
  - Return to team activities 10 days after first showed symptoms **AND** have not had a fever for the past 24 hours **AND** other symptoms are resolved
  - **OR** return to team activities upon producing a negative test result **AND** showing no symptoms for 24 hours
- **Player/volunteer had symptoms of COVID-19, but tested for negative for COVID-19**
  - Return to team activities after showing no symptoms for the previous 24 hours.
- **Player/volunteer tested positive for COVID-19, but showed no symptoms**
  - If you continue to show no symptoms, you may return to team activities 10 days after positive test
- **Player/volunteer tested positive for COVID-19 and showed symptoms**
  - Return to team activities 10 days after first showed symptoms **AND** have not had a fever for the past 24 hours **AND** other symptoms are resolved

