



# United Valley Soccer Association

938 Center Street, Hawthorn, PA 16230

P.O. Box 250, Hawthorn, PA 16230

[www.unitedvalleysoccer.com](http://www.unitedvalleysoccer.com)



## Laws of the Game - U10

The following Laws have been modified by Soccer Association for Youth (SAY) and UVSA with the goal of inducing more touches, while being developmentally appropriate for 8 and 9 year old players. These modifications are intended to be guidelines for players, parents and coaches and are not intended to be the letter of the law as enforced by the referees on the field.

### Law I – Field of Play

The U10 field is 50 yd. wide by 70 yd. long.

### Law II – The Ball

A size #4 ball is used.

### Law III – Players & Substitutions

Games will be played 7-on-7 with a goaltender. SAY rules governing substitutions will be followed. All substitutes should enter the field at the center line following the referee's permission.

### Law IV – Player's Equipment

Jerseys, socks and shinguards are required to be worn at all games. Black shorts or pants should be worn depending on the weather. Long sleeve shirts or sweatshirts may be worn under a player's jersey. Cleats should be worn but cannot have metal spikes or sharp edges. Shinguards are also required at all practices.

### Law V – Referees

Two official referees will be provided by UVSA at all U10 games. Referees are responsible for keeping time, enforcing the Laws, calling infractions and handing out appropriate penalties.

### Law VI – Assistant Referees

There may be Assistant Referees in the U10 age group.

### Law VII – Duration of Game

All U10 games consist of two 20-minute halves. There is a 10-minute break for halftime. The clock is continuous.

### Law VIII – Start & Restart of Play

All starts and restarts of play occur at the beginning of a quarter and/or after a goal has been scored and will take place at the center mark.

Law IX – Ball In & Out of Play	The ball is considered out of play when it completely crosses a goal line or touch line regardless of whether the ball is on the ground or in the air.
Law X – Method of Scoring	A goal is awarded when the ball completely crosses the portion of the goal line enclosed by the uprights of the soccer goal. Score is kept in U10, but no standings are recorded.
Law XI – Offside	The offside law will be enforced in the U10 age group. A player is in an offside position if he is ahead of the ball when played by a teammate, is in the opponent's end of the field, has only one opponent between him and the goal, and becomes involved in the play.
Law XII – Fouls & Misconduct	All fouls and misconduct should be called and explained to all players, not just the offending player.
Law XIII – Free Kick	There are two types of free kicks – direct and indirect. A goal may be scored on the first/only touch of a direct kick. A goal may not be scored on the first/only touch of an indirect kick. Referees will signal the appropriate type of kick awarded.
Law XIV – Penalty Kick	A penalty kick is awarded to the offense when a defensive foul is committed inside the defense's penalty area. Penalty kicks will be awarded and taken from the penalty mark.
Law XV – Throw-In	A throw-in is awarded when the ball goes out of play along one of the two touch lines. All throw-ins will be awarded at the place the ball last crossed the touch line.
Law XVI – Goal Kick	A goal kick is awarded to the defense when the ball is last played by the offense before going out of play along the defensive goal line. A goal kick may be taken by anyone on the defending team from anywhere inside the goal box. The ball is in play when it has left the penalty area.
Law XVII – Corner Kick	A corner kick is awarded to the offense when the ball is last played by the defense before going out of play along the defensive goal line. Corner kicks will be awarded and taken from the corner closest to the place where the ball went out of play.