



## **What equipment is needed for lacrosse?**

**Elkhorn lacrosse club rents full gear for \$75/spring season (does not include a \$100 refundable deposit check). The rental includes: team jersey, chest, elbow, glove and helmet protection. Players must provide athletic cup and mouth guard. Plastic cleats are also suggested.**

**Players may buy their own lacrosse gear.  
WHITE HELMET IS REQUIRED AND TEAM  
STICKERS NEEDS TO BE PURCHASED.**

**Email the club to find out which helmets works with team stickers.**