

## **COVID-19**

### **Return to Play Protocols**

Loveland Youth Basketball Association

*Revised December 4, 2020*

### **Protocols for Games**

The Return to Play Loveland Youth Basketball Association protocols are to prevent and minimize the spread of COVID 19. It is based on 3 principles:

1. Self-health assessment to make sure players, coaches and spectators do not exhibit any of the COVID-19 symptoms.
2. Reducing the number of attendees at games.
3. Using a combination of 6 ft physical distancing and face masks.

Details on how the Director's Orders are being put into effect for games played on Loveland Youth Basketball Association gyms are provided below.

The full report from the Ohio Department of Health can be found at:

<https://coronavirus.ohio.gov/static/publicorders/Requirements-Youth-Collegiate-Amateur-Club-Pro Sports.pdf>

*If you have a question about the protocol or its application, contact Loveland Youth Basketball Association @ [Lovelandyouthbasketball@gmail.com](mailto:Lovelandyouthbasketball@gmail.com)*

#### **Health Self-Assessment**

- All coaches and players are required to do a health self-assessment before attending each game. Coaches should be informed of pre-existing allergies or asthma like conditions that might lead to a cough or runny nose. Anyone experiencing symptoms must stay home.
- See the Attachment 1 for a list of COVID-19 related symptoms.

#### **Spectators Attending Games**

Note: we will follow all rules established by the organizations when playing outside of the home gyms of the Loveland Youth Basketball Association.

- Attendance will be limited to 2 family members per player to reduce the number of people in the gyms.
- Parents must maintain 6 ft physical distance from non-family spectators on the sideline and follow all sideline distance markings.
- All spectators will wear masks to and from the gym and while watching the games from the sidelines.
- Parents must maintain at least 6 ft of distance from the court
- No congregating at the gym before or after the game.

### **Players**

- Players will wear a facemask when walking to and from the gym.
- Players do not need to wear a facemask while on the court and actively playing.
- Players who maintain 6 ft physical distancing from other players or coaches while on the bench during the game will not be required to wear a mask. If they cannot maintain 6 feet of distance, masks will be required.
- During breaks in the game (e.g. halftime) players are required to wear a mask if they cannot maintain 6 ft of physical distancing.
- Players will not share pinnies.
- No pregame huddle.
- No congratulating the other team (even with fist or elbow bump) after the game. When game ends players will return to their bench.
- No shaking hands with referees
- Players and coaches will promptly leave the gym when the game is over.

### **Coaches**

- Coaches are required to wear a face mask when they walk to from the gym.
- Coaches are required to wear a mask during the game except when they are actively coaching
- Coaches are required to wear a mast whenever they attend to an injured player or are within 6 feet of a player to give instructions.

### **Snacks**

- No Post-game or half-time snacks

### **Hand Sanitizer**

- Parents are responsible for providing this for their player's use before and after games.

### **Protocols for Handling A Positive COVID-19 Case**

- Coaches should track player attendance at all team events; Team Snap may be a good option for doing this.
  - 1) Player on a Team is Diagnosed as COVID Positive
    - The parents or caregiver of a player diagnosed COVID positive are to contact the coach as soon as possible. The coach will immediately inform LYBA @ [lovelandyouthbasketball@gmail.com](mailto:lovelandyouthbasketball@gmail.com)
    - The player will be required to self-quarantine for 10 to 14 days, as recommended by a physician. He/she should obtain a physician's release before being allowed to return to practice/games.
    - Players and coaches on the team with a diagnosed case will be sent an email from the LYBA or coach stating a player on the team has tested positive. In accordance with HIPPA policy, the player with the positive test will not be identified.

- Any player or coach who had direct contact with the player at the practice/training session previous to the positive diagnosis will be required to either:
    - 10-day quarantine that does not require testing, provided there are no symptoms
    - 7-day quarantine if test results are negative, provided there are no symptoms
  - If any player on the team becomes sick or develops COVID symptoms, they should consult their health care provider for guidance.
- 2) Player's Immediate Family Member is Diagnosed Positive
- If a player or immediate (living in the same household) family member tests COVID positive, that player's parents or caregiver are to contact the coach as soon as possible.
  - The coach will immediately inform LYBA @ [lovelandyouthbasketball@gmail.com](mailto:lovelandyouthbasketball@gmail.com). The player will be required to self-quarantine for 14 days or until released by a physician before they can return to the team.
  - Players and coaches on the team with a diagnosed case will be sent an email from the LYBA or coach stating a player's family member on the team has tested positive. In accordance with HIPPA policy, the player with the positive test will not be identified.
- 3) Player on Another Team Tests Positive
- If players on a team are determined to have had close contact (2) with a player from another team (through a scrimmage/game or joint training), who subsequently tests COVID19 positive, those players on will be required to either:
    - 10-day quarantine that does not require testing, provided there are no symptoms
    - 7-day quarantine if test results are negative, provided there are no symptoms
  - The team will be notified as soon as LYBA/coach becomes aware that a team had potential contact with a player who tested COVID-19 positive.

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<sup>(1)</sup> Available data indicate that persons with mild to moderate COVID-19 remain infectious no longer than 10 days after symptom onset. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/duration-isolation.html>

<sup>(2)</sup> According to the CDC close contact is defined as someone who was within 6 feet of an infected person for at least 15 minutes starting 2 days before the symptoms started until the time the infected person was isolated.

Coaches and the parents or caregivers of a player must do an assessment of their health before every team event. If a coach or player shows any sign of a new illness, he/she is required to stay home. Coaches should be informed of pre-existing allergies or asthma like conditions that might lead to a cough or runny nose. Per the CDC, the primary symptoms for COVID-19 include (but are not limited to):

- Fever or chills
- Cough or shortness of breath
- Fatigue
- Body or muscle aches
- Headache
- Loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea