



## **CEDAR PARK YOUTH LEAGUE (“CPYL”) COVID-19 PROTOCOLS AND GUIDELINES**

Minimizing the risk of any CPYL volunteer, coach, player, family member and visitor contracting COVID-19 at any CPYL sanctioned sporting event is of utmost importance to CPYL. To that end, the below protocols and guidelines are intended to help facilitate that purpose - keeping in mind that such protocols and guidelines are not meant to eliminate all risks of COVID-19 exposure, as that is literally impossible.

**Per the Office of the Texas Governor, every CPYL adult volunteer, coach, and parent of players is responsible for being aware of the risk factors and symptoms associated with COVID-19, as well as the inherent risks of attending and participating in youth sports during this COVID-19 pandemic.**

**Every CPYL adult volunteer, coach, and parent of players is responsible for being aware of all CPYL protocols and guidelines and must be willing to comply with these infection control measures that will be in place in order to enter any CPYL facility and/or have their child participate in any CPYL sanctioned sporting event.** *(An acknowledgment form that these protocols and guidelines have been read and understood will be provided and accessible on the CPYL website and must be signed before any person is allowed to participate in any CPYL sanctioned activity – Form No. COVID-19-1).* Failure to comply with these guidelines could potentially jeopardize the viability of CPYL completing the current season.

**EVERYONE MUST PLEASE DO THEIR PART AND RESPECT THE HEALTH AND WELL-BEING OF ALL WHO WILL COME TO CPYL TO HAVE THE MOST PLEASANT EXPERIENCE POSSIBLE CONSIDERING THE CIRCUMSTANCES IMPOSED BY THE CURRENT COVID-19 PANDEMIC!!!**

CPYL will have a training session with coaches and appropriate volunteers on all COVID-19 safety guidelines and protocols.

CPYL will continue to work with and monitor updates and recommendations from Federal, State and Local Officials, and will update protocols and guidelines as deemed necessary.

**CPYL encourages reporting of any valid concerns and/or violations of the below protocols and guidelines to CPYL Administration via the associated CPYL Administration emails provided on the CPYL Website.**



## **SOCIAL DISTANCING**

Social distancing, also called “physical distancing,” means keeping a safe space between yourself and other people who are not from your household.

To practice social or physical distancing, stay at least 6 feet (about 2 arms’ length) from other people who are not from your household in both indoor and outdoor spaces.

Social distancing should be practiced in combination with other everyday preventive actions to reduce the spread of COVID-19, including wearing masks, avoiding touching your face with unwashed hands, and frequently washing your hands with soap and water for at least 20 seconds.

## **GENERAL AND FACILITY PROTOCOLS AND GUIDELINES**

- 1) Everyone attending CPYL facilities and any CPYL sanctioned events **MUST** practice social distancing.
- 2) Physical closeness and the length of time coaches, players, umpires, players, family members and visitors maintain between each other at CPYL sanctioned events is encouraged to be minimized as reasonably and feasibly possible.
- 3) All posted rules regarding social distancing policies on CPYL property must be followed.
- 4) Except as provided in other paragraphs below, all individuals age 10 or older must wear a face covering (over nose and mouth) whenever it is not feasible to maintain six feet of social distancing from an individual not in the same household unless engaging in physical activities, i.e., while inside the field of play, warming up within the facility and/or cages, participating in Field Maintenance Day. **EXCEPTION: Everyone 10 or older must wear a face covering when entering and exiting the facility until they reach their applicable field and/or destination.**

**This paragraph is a minimum requirement. CPYL encourages all to wear facial coverings at all times!! Parents may request that their child wear masks at all times while in dugouts and while in the field of play.**

- 5) If an individual cannot wear a facial covering due to an underlying medical condition that prevents the use of a facial covering, such individual must always remain in an area that is feasible to maintain six feet of social distancing.



- 6) Individuals may not be in a group larger than 10 individuals – even if from the same household.
- 7) Parents are responsible for assuring that all children that are incapable of understanding the concept of social distancing are complying with applicable CPYL social distance rules and guidelines.
- 8) All individuals age 10 and older must wear face coverings in bathrooms and while in the concession area unless an underlying medical condition prevents the use of a facial covering.
- 9) All individuals 6 and under, must be accompanied by an adult to the bathroom and/or concessions areas in order to assure the individual complies with all applicable social distancing guidelines and protocols.
- 10) All individuals 4 and under, may not be allowed to wander to any common areas, i.e., bathroom area and concession areas, or away from field sitting areas without the accompaniment of an adult.
- 11) Individuals must not engage with CPYL board members on duty without wearing a mask and vice-versa.
- 12) CPYL requires coaches, players and umpires to engage in social distancing while not actively engaged in play and/or warm-up.
- 13) Individuals older than the age of 65 and/or those with pre-existing health conditions, are encouraged to wear a facial covering and keep 6 ft. of social distance from others not in the same household at all times.
- 14) Bleachers will have reduced seating. CPYL encourages the bringing of chairs to sit spread out around the fields and down foul lines.
- 15) If a tent is used, only family members are allowed under the tent, but no more than 10.
- 16) **The CPYL playground will be closed until further notice.**
- 17) If CPYL has an issue with social distancing of any type, the manager/coach may be asked to remedy the situation immediately. If the situation is not corrected, the game may be declared a forfeit. If so, the team who did not social distance will be removed from the event.

- 18) No eating of sunflower seeds or chewing of gum is allowed in parks. (COVID issue if not disposed of properly).
- 19) No spitting is allowed in the parks.
- 20) Family members and/or visitors are responsible for properly disposing of all trash from sitting and viewing areas in designated garbage cans – especially trash that is a COVID issue if not disposed of properly, such as water bottles, Gatorade bottles, uneaten food, etc. PLEASE MAKE EVERY EFFORT TO COMPLY WITH THIS REQUIREMENT.
- 21) Teams and family members/visitors of that team are encouraged to exit the park immediately after each post-game speech in order to keep park capacity at a minimum.
- 22) Hand sanitizers will be strategically placed and accessible in all CPYL bathrooms and concession stands.
- 23) CPYL boardroom, bathrooms, concessions and dugouts will be professionally disinfected at minimum once a week.
- 24) BMOD members MUST be equipped with facial coverings and gloves when collecting trash as part of their BMOD duties.
- 25) If feasible, a coach, parent, umpire, or other volunteer can assist with making sure that players maintain proper social distancing.
- 26) CPYL may limit nonessential visitors, spectators, volunteers at CPYL sanctioned events, if deemed necessary.
- 27) CPYL will help support healthy hygiene by providing supplies, including soap, paper towels, hand sanitizers at CPYL facilities as feasible.
- 28) CPYL will post signs in highly visible locations that promote COVID-19 protective measures.
- 29) CPYL will designate a person(s) at each CPYL sanctioned event (BMOD) to be contacted for all COVID-19 concerns.
- 30) CPYL BMODs will be equipped with thermometers to check temperatures as needed.
- 31) CPYL will have a training session with coaches and appropriate volunteers on all CPYL COVID-19 safety protocols and guidelines.
- 32) **All CPYL board members, coaches, umpires, family members and/or players must self-screen themselves (players by parents) before attending CPYL sanctioned BMOD shifts, practices and/or games for any new or worsening signs or symptoms of**



possible COVID-19: cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, loss of taste or smell, diarrhea, feeling feverish or measured temperature greater than or equal to 100.0 degrees Fahrenheit, and known close contact with a person who is lab confirmed COVID-19.

- 33) Any board member, coach, umpire, family member or player displaying any significant signs or symptoms of possible COVID-19 will not be allowed to enter the park. CPYL reserves the right to have temperature check stations at CPYL sanctioned events.
- 34) Any board member, coach, umpire, family member or player who has been in direct contact with a person who has COVID-19, will not be allowed to return to CPYL activities, CPYL facilities and/or CPYL practices until 14 days have passed since their last exposure to that person. However, anyone who has had close contact with someone with COVID-19 and who:
- developed COVID-19 illness within the previous 3 months and
  - has recovered and
  - remains without COVID-19 symptoms (for example, cough, shortness of breath)

is excepted from these requirements. (See CDC guidelines: (see CDC <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>)).

- 35) If a board member, coach, umpire, family member or player tests positive for COVID-19 with symptoms, they are encouraged to self-report the results to the CPYL the Director of Park Safety, Health and Security as immediate as possible. CPYL will notify applicable county and/or city health officials for further guidance on how to proceed, including at minimum (unless otherwise directed by county and/or city health officials):
- a. Notify CPYL members and families of the positive case while maintaining confidentiality in accordance with applicable laws and regulations; and
  - b. Require the person to stay away from all CPYL activities, CPYL facilities, other CPYL team members, and/or off-site CPYL practices until 10 days have passed since symptoms first appeared, and goes 24 hours with no fever without the use of fever-reducing medications, and other symptoms are improving – with the exception of loss of taste or smell which may persist for weeks or months after recovery; or if your healthcare provider recommends additional testing, CPYL will need a negative COVID 19 test result for that person to resume CPYL



c. activities and be allowed back on CPYL facilities. (see CDC <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>).

- 36) If a board member, coach, umpire, family member or player tests positive for COVID-19 without symptoms, they are encouraged to self-report the results to the CPYL the Director of Park Safety, Health and Security as immediate as possible. CPYL will notify applicable county and/or city health officials for further guidance on how to proceed, including at minimum (unless otherwise directed by county and/or city health officials), require the person, if they continue to have no symptoms, to stay away from all CPYL activities, CPYL facilities, other CPYL team members, and/or off-site CPYL practices until after 10 days have passed since you had a positive viral test for COVID-19; or if your healthcare provider recommends additional testing, CPYL will need a negative COVID 19 test result for that person to resume CPYL activities and be allowed back on CPYL facilities. (see CDC <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>).
- 37) CPYL encourages all volunteers, coaches, umpires, players, family members, and visitors to stay home when appropriate without fear of reprisal.
- 38) CPYL reserves the right to add protocols and guidelines as needed and/or required by local and state officials.
- 39) All the above protocols and guidelines apply at all CPYL on-site and off-site sanctioned practices.

### **PRACTICE, PLAY and SKILLS ASSESSMENT PROTOCOLS AND GUIDELINES**

- 40) **SKILLS ASSESSMENT:** All groups of players and members of the same household must wear facial coverings and maintain 6 ft. of distance from other groups at all times while standing in line to register, check in, and/or waiting for turn to participate.
- 41) The team drafts will be held in a manner that allows for proper social distancing to be reasonably accomplished.
- 42) CPYL may schedule games and practices in a manner that decreases the risk of COVID-19 exposure.
- 43) CPYL may consider decreasing team sizes, as feasible to help decrease the likelihood of COVID-19 spread.



- 44) CPYL encourages minimizing the amount of necessary touching of shared equipment and gear between coaches and players. *(Coaches are responsible for assuring that his/her players understand this rule).*
- 45) Sharing of items – especially water coolers/bottles, and equipment that is difficult to clean, sanitize and disinfect is not allowed. *(Coaches are responsible for assuring that his/her players understand this rule).* If any equipment needs to be shared, such as catcher's equipment, it must be sanitized before it is shared.
- 46) Each team must use their own baseballs while on defense. Baseballs may be inspected by umpires before each half inning to make sure they are regulation baseballs and are fit for use.
- 47) No sunflower seeds or gum allowed on the field or in the dugouts. *(Coaches are responsible for assuring that his/her players understand this rule).*
- 48) No spitting on the field or in the dugouts is allowed. *(Coaches are responsible for assuring that his/her players understand this rule).*
- 49) CPYL will carry hand sanitizers in the CPYL boardroom for coaches to have at all times during practice and/or play. Please limit one container per team until another is needed.
- 50) Teams must clean out their dugout completely upon leaving. *(Coaches are responsible for assuring that his/her players understand this rule).*
- 51) No team is to enter the dugout until all team players and coaches exit the dugout from the previous game. *(Coaches are responsible for assuring that his/her players understand this rule).*
- 52) All teams MUST sanitize the dugout prior to entering. Players may warm up inside the field while dugouts are being emptied, cleaned and sanitized. **A GAME WILL NOT START UNTIL BOTH DUGOUTS HAVE BEEN DISINFECTED. IF A GAME IS DELAYED MORE THAN 10 MINUTES DUE TO NON-COMPLIANCE, THE GAME MAY BE DECLARED A FORFEIT. EACH TEAM IS RESPONSIBLE FOR DISINFECTING THE DUGOUT. PARENTS ARE ALLOWED TO ASSIST IN DISINFECTING THE DUGOUT AS LONG AS THEY ARE WEARING FACIAL COVERINGS. DISINFECTANTS AND SANITIZERS WILL BE SUPPLIED IN EACH DUGOUT PRIOR TO THE GAMES. PLEASE DO NOT REMOVE DISINFECTANTS AND SANITIZERS FROM THE DUGOUTS AFTER GAMES. ADDITIONAL SUPPLIES WILL BE AVAILABLE AT CONCESSION STANDS.**



- 53)** Umpires **MUST** wear facial coverings at all times during active play. They may remove facial coverings between innings as allowed and at any time to hydrate and/or if the wearing of facial coverings effects the well-being of the umpire. If facial coverings are removed, they must maintain 6 ft. of social distance from others.
- 54)** Only one coach per team will be allowed to attend the pre-game management meeting with the umpires and all participants **MUST** wear facial coverings.
- 55)** Facial coverings must be worn by coaches and umpires while reviewing and signing scorecards after each game.
- 56)** Coaches must wear facial coverings while coaching first and third base in all age divisions. **ONE WARNING WILL BE GIVEN IF THIS RULE IS VIOLATED. SUBSEQUENT VIOLATION WITHIN A GAME WILL RESULT IN EJECTION.**
- 57)** 8U coaches must wear facial coverings while pitching in a game against an opponent. **ONE WARNING WILL BE GIVEN IF THIS RULE IS VIOLATED. SUBSEQUENT VIOLATION WITHIN A GAME WILL RESULT IN EJECTION.**
- 58)** While discussing/arguing calls with umpires, coaches **MUST** wear facial coverings. **ONE WARNING WILL BE GIVEN IF THIS RULE IS VIOLATED. SUBSEQUENT VIOLATION WITHIN A GAME WILL RESULT IN EJECTION.**
- 59)** No High Fives or Hand Shakes between teams, coaches, players or umpires is allowed at anytime before, during or after the game.
- 60)** Teams shall line up along the first and third base lines and tip their caps towards the other team as a sign of sportsmanship after each game is concluded.
- 61)** Post-game speeches must not last more than 5 minutes after each game.

THESE CPYL COVID-19 PROTOCOLS AND RULES SHALL REMAIN IN FORCE UNTIL FURTHER NOTICE BY CPYL BOARD OF DIRECTORS.