

Spring 2021 Coach Responsibilities

PA West COVID Return to Play Requirements

- ★ Attendance and Health Tracker
 - Must have record for every practice AND game
 - Mark absent if player is not present, no follow-up necessary.
 - Complete first and last name of player not necessary every practice and game. First name only is fine.
 - Spectator(s) name and/or just relationship to player is fine
 - Coach will be provided enough copies for the season at the coaches meeting
 - If not requested from the RAYSA board by end of season, then can be thrown away
 - Answers direct from players preferred but parents are fine too depending on player age however remember the questions are referencing the players only.
 - Health Questions responses
 - RAYSA board must be notified same day if there is a yes answer by any player(s) any given practice OR game
 - Exposure to COVID response YES: Coach must ask player to leave and wait for guidance from the RAYSA board
 - Standard player/family quarantine from soccer activities may be up to 10 days, unless advised differently by RAYSA board
 - Additional measures may be applied by the RAYSA board on a case by case basis
 - Symptoms response YES: Coach must ask player to leave and return when symptoms are gone
 - Remind parents to arrive at least 10 minutes early to get this done
- ★ Mask wearing policy is the same for coaches and players except during an active practice drill or regular season game
 - Players allowed to remove mask only when participating in an active drill during practice or playing in a game on Saturdays
 - Players must wear mask again for water breaks or restroom breaks, and also sitting/standing on the sidelines as a substitute or at halftime in Saturday game
 - Obviously mask may be removed for drinking water, or breathing issues
 - Coach must wear mask at all times for a practice OR game including during an active practice drill or Saturday game
 - Must wear mask to/from vehicle before and after practice and game
 - If a player or family member refuses to follow this policy repeatedly, please inform the RAYSA board immediately.
 - Politely remind them of the PA West policy hoping they get their mask on and begin following social distance guidelines. Extra masks will be provided to you by RAYSA for players and spectators
 - **Don't make an awkward confrontation out of this or a Yes response to the Health Questions though. Just walk away if the parent still refuses or remains defiant, and then ask the player to leave and you continue practicing with the rest of the team**

Spring 2021 Coach Responsibilities

PA West COVID Return to Play Requirements

- **In the end the RAYSA board does not want coaches to be upset over these requirements and subsequent situations that may arise. Please report any concerns or issues to the RAYSA board immediately. Your RAYSA board will take ultimate responsibility and take appropriate follow-up action accordingly. Direct parents to contact the RAYSA board with their issue if necessary.**
- Parents are told at the beginning of the season what to expect, so the RAYSA board does not anticipate this being a major issue
- If a player or spectator simply forgets their mask, then please provide them with a RAYSA mask from your coaches bag
- Any issues with player or spectator medical conditions as the reason why this policy is not followed, please inform the RAYSA board immediately
 - Generally PA West will allow the child to continue participating or a spectator to watch without a mask if there is a valid medical condition but will be reviewed and determined on a case-by-case basis by the RAYSA board
- ★ Have the RAYSA supplied hand sanitizer and Lysol spray can available at all times
 - Disinfect the cones and ball pump following every practice if used
- ★ All practice activities and breaks should be socially distant to the extent possible however we realize that may not be possible some of the time
 - Obviously certain drills and games players close together acceptable
 - Must keep players 6ft apart waiting for practices or games to begin if waiting for other teams to safely leave the same space
 - NO aftergame handshakes or team snacks allowed this season
 - Instead the 2 teams are to face each other 6ft apart, wave, and say good game
 - Do your best to keep players 6ft apart for team huddles between practice drills and during Saturday games
- ★ Coaches and players are asked to bring personal hand sanitizer
- ★ A **coaches bag** with limited practice supplies will be provided at the coaches meeting
 - Cones, first aid kit, ball pump, hand sanitizer, extra masks, and Lysol spray can will be included
 - NO pinnies, extra soccer balls, or goalie equipment will be included this season
 - May be ask players to bring 2 different color shirts, or designate 2 equal number groups of the team to wear a different color each to that practice.
 - If additional hand sanitizer or Lysol is needed this season, please let the RAYSA board know

Spring 2021 Coach Responsibilities

PA West COVID Return to Play Requirements

- ★ General FYI for the season
 - **Bathrooms** are required to be disinfected hourly for all RAYSA events including team practices and games however
 - This will NOT be done for weeknight practices
 - Remind parents to have players/ family members use the restroom at home before/after the practice or game
 - Bathrooms will be open regardless at all times
 - Hourly restroom disinfecting by the RAYSA board will only be done for Saturday games
 - **Spectator rules** to remind families for practices and games
 - No limits on how many allowed however
 - All spectators must wear mask at all times if entering the soccer fields grassy area
 - Practices: parents/families must stay off the soccer fields grassy area
 - One family member may walk the player to the coach / practice field, but is required to leave the playing space until practice time has ended, and may walk back onto the field space to pick up the child at that time.
 - Community fields examples
 - Palmer Park: Stay at/behind the walking track around the soccer fields grassy area.
 - New Eagle: Stay behind the fence on the parking lot side
 - Finleyville U6-U8 fields: Stay behind the fence on the parking lot side. Finleyville U10 field: Stay at the bleachers or go back down the hill towards the parking lot, subject to RAYSA In-House director Jen Czaniecki or the RAYSA board decision
 - FYI PA West technically requires all spectators to remain in their vehicles for all weeknight team practices the entire time, however the RAYSA board determined this may not be practical
 - Games: parents/families may remain on the soccer fields grassy space, but must stay behind the Blue color spectator line at that game field.
 - Only members of the same household are allowed to sit/stand closer than 6ft with each other
 - Otherwise spectators are expected to remain 6ft from each other at all times
 - Chairs/blankets are allowed for spectators
 - **Saturday games**
 - RAYSA will supply every game field on Saturday with a game ball
 - No team benches will be available this season
 - Every game field will have a players side and spectator side

Spring 2021 Coach Responsibilities

PA West COVID Return to Play Requirements

- An equal number of cones supplied by RAYSA will be spaced out lined 6ft apart on each half of the field for both teams serving as the designated bench space
 - Players are not allowed to bring their own chairs
 - Players must sit/stand at their designated cone for the following
 - Prior to kickoff if not in active warm-up exercises
 - Halftime
 - On the bench as a substitute
- This season you will find a long Blue color line painted 6ft back from and parallel with the spectator side of the game field. Spectators are required to stay behind this line the entire time.
 - Exceptions might be the U6 and U8 fields at New Eagle. RAYSA will handle this requirement differently there, but we will do the best we can.
 - Spectators should still remain at least 6ft back from the game field no matter what
- The game ball will be disinfected along with the bench cones by the referee between games
- RAYSA will also have 2-3 hand sanitizer stations placed around the game fields area
- Game times will be staggered such that the same field may not be used for back-to-back games
 - This season Saturday games may begin in the morning and not end until early/mid-afternoon due to the staggered game times.
 - This should also help with parking, traffic, and keeping socially distant from one game to the next
- There will be NO concession stand this season, no ghost checks to collect, no parent volunteers