



## 2020 BYC Raiders COVID-19 Risk Mitigation Action Plan

### Pre-season

- Players will be placed into smaller groups of no more than 23 (including coaches)
- Players will be required to sign in at the shed upon arrival with a guardian
- Drills and Workouts will not require any player contact
- Sanitation stations and Hand Washing Stations will be available at locations on the field
- Players will be required to bring their own water, we will have single use disposable bottles available. (bottles will be sanitized before being issued).
- Players will receive a quick screening for virus symptoms.
- We ask that only one guardian attend workouts. (CDC Social Distancing Guidelines should be followed).

### Cleaning

- All BYC owned equipment and property is being professionally sanitized
- New Helmets have been ordered
- New Mouth guards will be issued every 3 weeks.

### Season

- AD shall act as community liaison
- Each level will have a Designated Safety Coach
- Water stations will be set-up with disposable cups (extra time will be allocated for safe distancing)
- Sanitation Stations and Hand Washing stations will be set-up at various locations on the field.
- Double Port-O-Pots will be issued (Cleaned throughout the season and between all scheduled games.)
- Marked Visitor Walkways
- Sign-in sheets at each practice
- Additional coaches will be added this season (5 so far)
- Designated Warm-up Locations
- Temp Checks to begin each day

- Returning sick players will be assigned and trained with a designated safety coach upon their first day of return, players will receive the same instruction.
- Players divided into smaller groups with in their level for contact drills, group contact will be tracked.
- All field equipment will be disinfected each night, before being placed in the shed.
- Coaches will periodically sanitize their hands and equipment during hands on instruction, practice and games.
- Game days will have designated water stations for both teams, station will be monitored and controlled by a single volunteer, following CDC Guidelines.
- Team end of practice “break-outs” are being eliminated
- Returning ‘sick’ players will follow the same ‘return to play’ as with concussion guidelines
- All players will receive Hand Washing and Hygiene instruction on day one of practice.
- CDC Guidelines will be reviewed with parents at the day 1 parent meeting
- Players will not be permitted to gather prior to practice to play ‘pitch-up’
- All players will exit the field promptly at the conclusion of practice, players will not be permitted to congregate on the field.
- All Players should remain in their assigned groups during instruction.
- No Handshakes, High Fives, or ‘Chest Bump’ celebrations.

These Guidelines are not ‘all inclusive’ and can be added to and subtracted from as safety dictates

Football is a fundamentally contact sport, all potential exposure cannot be eliminated. We believe that these steps will allow BYC to greatly reduce the risk of possible exposure, while allowing us to perform limited contact tracing. BYC is taking several additional Risk Mitigation steps to lower the potential for exposure and provide a safe environment for our families.

### **The risk of exposure to communicable viruses, through contact sports is significantly greater than everyday activities.**

These pamphlet will be available in the shed along with the following

- Tom Wolf’s Guidance for reopening all sports
- Guidance for All Sports permitted to operate during the COVID-19 Disaster Emergency
- CDC COVID-19 Considerations for Youth Sports

#### **Signs and symptoms of COVID-19?**

Symptoms may appear 2-14 days after exposure to the virus.

#### **Symptoms may include:**

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing

- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore Throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

**If you are sick:**

- STAY HOME If you are sick with COVID-19 or think you are infected with the virus.
- Notify your coach that you are or have been sick, additional steps will be taken
- If a Positive case of COVID-19 is diagnosed, contact tracing, to the best of our ability will begin. In contact sports it is difficult have this be 100% accurate.

**If a Player becomes sick at practice/games:**

- Every effort will be made to isolate the individuals who become sick at the field.
- Parents will be contacted immediately
- Sick Players will be required to contact their Primary Care

Players who have been positively diagnosed will require a Physician/Doctor release before returning

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