Covid-19 Considerations

The league will follow all applicable Covid-19 protocols and orders per the State of Oregon. Details are contained in our Covid-19 Return to Play plan. Pertinent details are included below.

- 1) Masks will be worn at all times by everyone in attendance including players, coaches, and spectators.
- 2) High fives, handshakes, fist bumps, hugs, and all other contact between players, coaches, etc. is not allowed.
- 3) The number of people in attendance will not exceed the Governor's orders. This includes coaches, players, officials, and club administrators. Spectators will not be allowed if they will cause the total number of people present to exceed the allowable attendance. If spectators are allowed the number of spectators per player will be limited.

These numbers are: Extreme – 50 people

High – 75 people

Moderate - 150 people

- 4) Balls will be sanitized every 10-15 minutes at practices and at the end of each half of games.
- 5) Players, coaches, and officials will use hand sanitizer before and after each game and practice.
- 6) Temperatures will be checked, and a health screening will be conducted upon arrival for all persons in attendance.