



Frequently Asked Questions:

Q. Are these new rules subject to change, or set in stone for the season?

A. These rules are always subject to change based on the guidance we receive from the Illinois Department of Commerce website regarding Youth Sports. There currently are no details on what will happen for youth sports when we enter phase 4, but as soon as it's available, we will communicate the changes.

Q. Can I get a refund on my registration costs if I drop?

A. Yes, we will offer full refunds, without penalty, if you request it by June 15th. After June 15th, there will be adjustments to the refund amount. Please see our 2020 Handbook on our website.

Q. When will practices start, and what can we expect?

A. Practices will begin tentatively on Tuesday, July 14th at LITH Village Hall, outdoors. I don't currently know when we will move indoors. It will probably be based on when we enter into Phase 4. As of right now, we don't have a commitment from any D300 schools, so we are looking into alternate practice sites. We will let you know as soon as we do.

Q. Will there be changes to the number of coaches, jr. coaches, and squad parents for each team?

A. We do not plan to reduce the number of coaches for each team. However, we do limit the amount of coaches based on squad size as a best practice. Although while we are in Phase 3, according to the Youth Sports Guidelines, we will limit the coaches that attend each practice to 1 per 10 athletes. This should be adjusted when we reach Phase 4.

Q. Will the cheerleaders really not be allowed to stunt or have pyramids?

A. According to the IRCA, there will be NO stunting/contact at all this season unless we reach Phase 5 "soon". They did not clarify what "soon" means. And at that point, it is still a "maybe"

The only changes that will be made to the IRCA guidelines when we reach Phase 5 is to allow spectators.

Q. Will tumbling be allowed?

A. Tumbling is allowed in routines, as long as it is unassisted.

Q. When will we have uniform and shoe fittings?

A. The board will be discussing this in the upcoming weeks, and will communicate our plans after they are finalized.

Q. Will our registration fees be reduced in light of these changes?

A. At this time we are unsure if we can reduce fees. A complete analysis will need to be done in the near future to see if any costs can be reduce.