



Charlotte Warriors

Parent/Participant Information Packet 2017

We are the 2017 Board of Directors for your Charlotte Warriors. We would like to take this opportunity to introduce ourselves:

- President: Ivan Nelson
- Vice President: Joe Angelini
- Secretary: Chelsie Jones
- Treasurer: Tricia Hopkins
- Football Director: PJ Novosel
- Cheer Director: Lauren Gomes
- Assistant Cheer Director: Gabby Cantasano
- Registrar: Eileen Nelson
- Equipment Manager: Timm Swafford
- Concession Manager: Melissa Swafford
- Scholastics: Dana Novosel
- General Board Members: Lew Bennett and Amanda Mills

If you have any issues please contact your team's Team Mom.

There is a sheet that we need all parents to fill out with their contact information. Please see Team Mom to do this.

We recommend that your player has 2 sets of cleats if possible. The ground can get wet and it is beneficial to have a dry pair on hand when one pair gets wet. This will help avoid foot infections.

Policies

Policies are as follows:

- It is imperative that all players keep their grades up
- There will be no physical confrontations on any team between players
- If a parent has an issue they must follow chain of command, this means who you contact first and so on:
 1. Team Mom
 2. Head Coach
 3. Football/Cheer Director
 4. Vice President
 5. President



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- Your child must be at every practice, if they have to miss please let your team mom know as soon as you know.
- There is to be no yelling negative things about the coaching or the players by bystanders or parents.
- Parents are not to drop off their children and leave. They must have a designated guardian there in case of emergency.
- Players must let a coach know if they become injured in any way **immediately**.
- There may be homework for the players to look over, i.e. playbooks, etc. Please make sure they do it. This is a basic fundamental of the game.
- All paperwork and payments that is missing must be turned in no later than August 1st, 2017 to the Team Mom. There will be no exceptions.

These policies will be strictly enforced.

EXPECTATIONS

There are certain expectations that all players will have to meet.

- All players must be good sportsman (support each other)
- All players must follow the directions of the coach without attitude or talking back.
- All players must show Team Mom and any of the coaching staff the utmost respect.
- All players must be responsible for their own equipment

Practice will be held M-F 6pm to 8:30pm until Labor Day. After Labor Day practice will be held on Tuesday, Wednesday and Thursday 6pm to 8:30pm. Practice will only be cancelled by the Head Coach at the field. We will gather under the breezeway and go over plays if it rains. Lightning will cause practice to cancel, but again can only be called by the Head Coach. The play schedule will be as follows: Jamboree Aug. 19th and 20th, Team Mom will provide Jamboree schedule.

2017 Schedule

Date	Opponent	Home/Away
August 26th	Englewood	Away
September 2nd	Port Charlotte	Away
September 9th	Lehigh	Home
September 16th	Ft. Myers - Firecats	Away
September 23 rd	BYE WEEK	
September 30th	Naples Bears	Home
October 7 th	Estero	Home
October 14th	Labelle	Away



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Recommendations by the Board:

- A. Nutrition is important. Salt is good for the players due to heavy perspiration. Fat is not. Bananas provide potassium that can prevent cramping. Before games, carbohydrates and protein are a great combination. (eggs, potatoes, cheese, sausage or bacon, oatmeal)
- B. Hydration is key. Begin the night before a game. If you are close to the max weight be conscious of how much the player is drinking but please keep them hydrated. This is their best defense against becoming overheated.
- C. It is suggested that each parent take a look at the USA Football Heads Up information. You can find this information at www.usafootball.com and contains safety information that is beneficial for you to understand.

If there are any questions or concerns do not hesitate to call your Team Mom or Chelsie Jones Charlotte Warriors Secretary at (941) 628-3035.

Thank you for your time,
The 2017 Charlotte Warriors Board of Directors

