



Greenfield Area Soccer Club – TigersFC Recreational League



5U PELE COED Division Rules

Revised: October 2019

Number of players: Recommended number of players (3 v3). May play (4 v 4) with coaches' agreement. If one team does not have the minimum number of players, they can play a player down otherwise that team must take a forfeit and then teams must play even up soccer.

Registration: All players must have completed registration with the Tigers FC Recreational soccer program.

Equipment: During cold weather, league shirt must be shown over garments.

- Shin guards are mandatory, Socks over shin guards
- Size 3 ball
- League Shirt
- Cleats are recommended (No Baseball Cleats). Tennis shoes are allowed.
- No jewelry of any type. Soft (non-metallic) sweatbands, rubber bands, scrunches are allowed. No metal hair clips.
- Water bottle

Field Dimensions: 40' x 50'

Goal Dimensions: 4' x 6'

Game Duration:

Three (3) x 10-minute quarters. One (1) minute quarter break.

Game Rules:

- Unlimited substitution at any time. Players may be substituted on the fly; however, it is recommended that it be done during a stoppage of play (goal scored, ball out of play)
- All kicks are indirect (ball must touch one additional player before a goal can be scored). Player kicking the ball cannot touch the ball again until a second player for either team has touched it.
- No Offside
- No throw-ins. Kicks shall occur from point where ball goes out of play over touchline.
- No penalty kicks.
- No goalies
- No dangling earrings or necklaces of any type.
- FOUR FEET RULE. Start of play and free kicks will take place with all players at least 4 feet away from ball.
- Kickoff – the ball can move forward or backwards. Any infractions shall result in redo of kickoff.
- Goals may not be scored on kickoff.
- Teams switch goals at halftime.
- Games can end in a tie.
- All players shall not engage in heading in practice or in games.
- Coaches are allowed on the field to better coach the players
- If needed, parents are allowed to assist their child on the field

Referees: 5U League does not have referees. The coaches will act as the referees.