

Guidelines for 3-on-3 Basketball - 2nd Grade Girls & Boys League

The Mission 5&2 Guidelines for 3-on-3 Basketball have been created to promote an atmosphere of learning, effective & efficient team play, and positive play through general game, offensive, and defensive structures.

GAME STRUCTURE FOR 3-ON-3

1. The game will be managed by a Mission 5&2 employee in a way that promotes learning, effective & efficient play, and positive play (aka fun!). A coach may be asked to referee at one basket.
2. Teams will have 6 players on the court at once, 3 at each basket. Each team must have **ONE** designated representative at each basket: coach, assistant coach or parent helper if only one coach is present.
3. Coaches of each team must place their more experienced/athletic/capable players at one basket and their beginner players at another basket. This is crucial for the development of the beginner players who often get “lost” in the 5v5 setting.
4. The score will not be kept on a scoreboard.
5. Teams will play two 10-minute quarters with running clock. The clock will not be stopped for any reason. This will be followed by two 10-minute quarters of 5v5 that follow the League rules and guidelines.
6. Substitutions for both teams should occur mid-way through the quarter unless an injury occurs.

OFFENSIVE STRUCTURE FOR 3-ON-3

1. Play should begin at the marked spot at the top of the key with a CHECK BALL. This includes change of possession. At the change of possession due to steal or rebound, no “steal-backs” are permitted while the offensive team is getting the ball to the top of the key to check it up.
2. If there is foul - be it a shooting or a non-shooting foul - free throws will not be rewarded. The offensive team will just restart at the marked spot at the top of the key.
3. To promote learning, positive play, and team play, the ref and coaches may mandate that 1, 2, or 3 pass(es) be made before an offensive team can shoot/score.

DEFENSIVE STRUCTURE FOR 3-ON-3

1. Defensive teams must play man-to-man defense. Defensive teams may not play a triangle or upside down triangle zone defense.
2. Defenders may not steal the ball from a dribbler or offender who is holding the ball. Defenders may steal the pass. In other words, “**Steal the pass - NOT the dribble**”.
3. There is a primary free zone and a secondary free zone.
 - a. The primary free zone is the court space above or outside of the 3-point line. The defense is never allowed to defend in the free zone.
 - b. The secondary free zone is the court space above or outside of the lane or 1-step above or outside of the lane. The secondary free zone will **ONLY** be enforced if the offensive team is unable to advance the ball to a scoring position due to poor skill or advanced defensive pressure or both.