

MISSION5&2

2019 Coaches Clinic PACKET CONTENTS

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MISSION5&2

2019 Coaches Clinic Agenda

- Welcome ... Thank You! ... Intros
- My Goals
 - You will watch and walk away with:
 - fundamental drills on footwork & basketball movements, ball-handling, passing, catching, shooting, and rebounding
 - a framework for teaching man-to-man defense
 - how to get a good shot versus a man and zone defense
 - Q & A
 - Split Sessions: Kath - 3 v 3 info ... Steve - advanced stuff
- At any time, feel free to video anything with your phone
- Fundamental Drills from the baseline!!!
 - 4 LINES ON THE BASELINE OR ENDLINE
 - FOOTWORK ... Keys: Change of Speed/Direction
 - B-BALL MOVES ... Keys: Jump Stop, Pivot, Slide, Start-Stop
 - BALL-HANDLING ... Keys: Attack/Escape Dribble, Knee/Waist High, Eyes Up
 - PASSING ... Keys: 2-Hand Passes Stepping to the Target
 - CATCHING ... Keys: Catch with Body and with Hands
 - 2-3 LINES ON THE BASELINE OR ENDLINE
 - OUT & BACK SHOOTING ... Shooting Keys: Feet!
 - LAY-UPS
 - SHORT-RANGE SHOOTING
 - RUN OUT & RUN BACK TO CATCH & SHOOT
 - 2-3 LINES AT THE FOUL LINE
 - REBOUNDING ... Keys: It's OK Not To Be Nice, Hustle, Jump High, Want It More Than The Player Next To You!
 - 1 V 0 - TO WORK ON PROPER TECHNIQUE
 - 1 V 1
 - 2 V 2
 - 3 V 3

- 3-4 LINES ALONG THE 3-POINT LINE OR FREE ZONE LINE
 - 4 PLAYER DRILL
 - PASS-PASS-PASS-DRIBBLE TO SCORE-REBOUND
 - 3 PLAYER DRILL
 - DRIBBLE HANDOFF-DRIBBLE HANDOFF-SCORE-REBOUND
- 2 LINES FOR MAN-TO-MAN 1 ON 1 DRILL
 - DRIBBLING
 - SHOOTING
 - DEFENSE
 - REBOUNDING
- 3 LINES FOR SCREENING DRILL
 - PASS & SCREEN AWAY
- A Framework for Teaching Man-to-Man Defense
 - ON-THE-BALL DEFENSE = "BALL"
 - KEEP THE BALL IN FRONT OF YOU
 - STANCE
 - SLIDE
 - HIGH-HAND + LOW-HAND
 - OFF-THE-BALL DEFENSE = "HELP"
 - 1-FOOT IN THE LANE
 - 2-FEET IN THE LANCE
 - KEEP YOUR BUTT TO THE BASELINE OR BASKET
 - SHOULD NOT BE ABLE TO TOUCH "YOUR MAN"
 - YOU ARE THE SECOND & THIRD DEFENDER
 - SEE YOUR MAN & THE BALL = "HEAD ON A SWIVEL"
 - SHELL DRILL = one of the oldest, most famous, most effective
 - 3 V 3
 - 4 V 4
 - 5 V 5
 - Working on proper stance, positioning, movements

- Getting a Good Shot on Offense
 - BAD SHOT ... GOOD SHOT ... BETTER SHOT ... BEST SHOT
 - MAN-OFFENSES
 - 5-OUT DRIBBLE DRIVE
 - 5-OUT DRIBBLE HAND-OFF
 - 5-OUT PASS-CUT-FILL
 - 5-OUT BALL-SCREEN
 - 3-OUT-2-IN DRIBBLE HAND-OFF
 - 3-OUT-2-IN PASS & SCREEN AWAY
 - 3-OUT-2-IN BALL-SCREEN
 - ZONE-OFFENSES
 - 2-1-2 STATIONARY
 - 2 HIGH
 - 1 MIDDLE
 - 2 LOW
 - 1-3-1 STATIONARY
 - 1 MIDDLE
 - 2 WINGS
 - 1 HIGH POST
 - 1 LOW POST
 - 5-OUT STATIONARY
 - PASS IT AROUND LOOKING FOR OPPORTUNITY AND SPACE TO DRIBBLE DRIVE

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- Extra Thought: BASELINE OUT OF BOUNDS
 - "STACK"
 - INBOUNDER: "GO" or slap the ball to move the stack!
 - #1 to weak-side block
 - #2 to strong-side corner
 - #3 to strong-side block
 - #4 to FREE ZONE

*****KEEP IT SIMPLE
SO YOU CAN HAVE FUN TOO*****

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Basketball Coaches Clinic: Practice - Game - Season Suggestions

<p>BYOBTP = Bring Your Own Ball To Practice Players should bring their own indoor/outdoor ball (more time with a ball in their hands is good!). Grades 2-3: 27.5 Ball ~ Grades 4-6: 28.5 Ball</p>	<p>BYOWaterBottle! Players should bring a water bottle - saves practice time from going to water fountain!</p>
<p>PINNIES or SHIRTS If pinnies are not available, players should wear a WHITE shirt but bring a BLACK or BLUE shirt. Collect the shirts after the 1st practice so the kids can't lose them! Or, break your kids up ahead of time so for every practice, half the team wears a dark color and the other half wears a light color.</p>	<p>START PRACTICE POSITIVELY! Try to start every practice with a motivational quote or the goals of the practice / season.</p> <ul style="list-style-type: none"> • Sample Goals: Learn, Get better, Be coachable, Be a great teammate, Compete with Class, Have fun, etc. • #1 Goal should NOT be winning when there are no records, no playoffs/championship in grades 2-4.
<p>PERFECT PRACTICE PARTS IDEALLY...every practice should include: basketball movements (running, back-peddaling, sliding, pivoting, jumping, fundamental drill-work (triple threat, defensive stance, dribbling, passing, catching, shooting, boxing out, rebounding), team defensive work, team offensive work, half or full court scrimmaging, and FUN!</p>	<p>PRIORITIZE YOUR PRACTICE TIME Some teams only have 1 hour of practice time a week so coaches will have to prioritize how they spend that time. You may not be able to do too many drills because scrimmaging and working on offensive and defensive team concepts are most important. This will change and evolve as the season rolls on.</p>
<p>What are your DESIRED PRACTICE & GAME & SEASON OUTCOMES? Winning <u>or</u> Player & Team Development? Winning <u>or</u> Player & Team Experience? Winning <u>or</u> Player & Team Fun? Is every player experiencing ball-decisions? Playing time vs Meaningful Minutes? Character Development?</p>	<p>PARENTS COACHING FROM THE SIDELINE</p> <ul style="list-style-type: none"> - Email from the league - Parent Liasion - Parent Meeting before the first game or email before the first game - Deal with it head-on if/when it happens

<p>LEVEL 1 - INTRODUCTORY PRACTICE IDEAS, DRILLS, GAME STRATEGIES GRADE 2</p> <p>HUDDLE Hello, 5&2s, Words of Wisdom, Goals</p> <p>WARM-UP Change Speed & Direction!</p> <p>BASKETBALL MOVEMENTS: ACCELERATE / DECELERATE JUMP-STOP / PIVOT & LUNGE (reach) STEP-SLIDE BACK-PEDAL "PARTNER MIRROR DRILL"</p> <p>PASSING & CATCHING DRIBBLE-JUMP STOP-PIVOT BOUNCE-CHEST-OVERHEAD-LUNGE- FAKE A PASS TO MAKE A PASS!</p> <p>BALL-HANDLING - 1-BALL STATIONARY SERIES - DRIBBLE TAG</p> <p>BALL-HANDLING & SHOOTING OUT & BACK DRILL</p> <p>REBOUNDING - 1 V 0 CHALLENGE - 1 V 1 CHALLENGE</p>	<p>LEVEL 2 - FOUNDATIONAL PRACTICE IDEAS, DRILLS, GAME STRATEGIES GRADE 3-4</p> <p>HUDDLE Hello, 5&2s, Words of Wisdom, Goals</p> <p>WARM-UP Change Speed & Direction!</p> <p>BASKETBALL MOVEMENTS ACCELERATE / DECELERATE JUMP-STOP / PIVOT & LUNGE (reach) STEP-SLIDE BACK-PEDAL "PARTNER MIRROR DRILL"</p> <p>PASSING & CATCHING 2 V 1 PASSING & CATCHING (monkey-in-the-middle)</p> <p>BALL-HANDLING - 2-BALL STATIONARY SERIES - DRIBBLE TAG</p> <p>BALL-HANDLING & SHOOTING - OUT & BACK DRILL - ATTACK/ESCAPE</p> <p>REBOUNDING 2 V 2 CHALLENGE (1 or 2 IN A ROW)</p>	<p>LEVEL 3 - COMPETITIVE PRACTICE IDEAS, DRILLS, GAME STRATEGIES GRADE 5-6</p> <p>HUDDLE Hello, 5&2s, Words of Wisdom, Goals</p> <p>WARM-UP Change Speed & Direction!</p> <p>BASKETBALL MOVEMENTS ACCELERATE / DECELERATE JUMP-STOP / PIVOT & LUNGE (reach) STEP-SLIDE BACK-PEDAL "PARTNER MIRROR DRILL"</p> <p>PASSING & CATCHING - SCREENING - DRIVE & KICK TO SCORE!</p> <p>BALL-HANDLING - 2-BALL STATIONARY & MOVING - DRIBBLE TAG</p> <p>BALL-HANDLING & SHOOTING - OUT & BACK DRILL - IN&OUT - SPIN - CATCH & SHOOT</p> <p>REBOUNDING 3 V 3 CHALLENGE (2 or 3 IN A ROW)</p>
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<p>LEVEL 1 - INTRODUCTORY PRACTICE IDEAS, DRILLS, GAME STRATEGIES GRADE 2</p> <p>TEAM DEFENSE</p> <p>The younger the player, the more man-to-man s/he should play. BUT, our league still offers the option to play zone.</p> <p>Teaching MAN-TO-MAN DEFENSE:</p> <ol style="list-style-type: none"> 1. Defensive stance 2. Defensive slide 3. High Hand & Low Hand 4. ON-THE-BALL DEFENSE: Keep your body between the offensive player in front of you and the basket/rim 5. OFF-THE-BALL DEFENSE: Keep your body between the ball and the player you are guarding (this is also called HELP DEFENSE) 6. At this level, I would keep it simple and teach ON-THE-BALL DEFENSE & OFF-THE-BALL DEFENSE 	<p>LEVEL 2 - FOUNDATIONAL PRACTICE IDEAS, DRILLS, GAME STRATEGIES GRADE 3-4</p> <p>TEAM DEFENSE</p> <p>The younger the player, the more man-to-man s/he should play. BUT, our league still offers the option to play zone.</p> <p>Teaching MAN-TO-MAN DEFENSE:</p> <ol style="list-style-type: none"> 1. Defensive stance 2. Defensive slide 3. High Hand & Low Hand 4. ON-THE-BALL DEFENSE: Keep your body between the offensive player in front of you and the basket/rim 5. OFF-THE-BALL DEFENSE: Keep your body between the ball and the player you are guarding (this is also called HELP DEFENSE) 6. At this level, I would keep it simple and teach ON-THE-BALL DEFENSE & OFF-THE-BALL DEFENSE 	<p>LEVEL 3 - COMPETITIVE PRACTICE IDEAS, DRILLS, GAME STRATEGIES GRADE 5-6</p> <p>TEAM DEFENSE</p> <p>Teach and implement both MAN and ZONE defenses.</p> <p>Teaching MAN-TO-MAN DEFENSE:</p> <ol style="list-style-type: none"> 1. Defensive stance 2. Defensive slide 3. High Hand & Low Hand 4. ON-THE-BALL DEFENSE: Keep your body between the offensive player in front of you and the basket/rim 5. OFF-THE-BALL DEFENSE: Keep your body between the ball and the player you are guarding (this is also called HELP DEFENSE) 6. At this level, I would keep it simple and teach ON-THE-BALL DEFENSE & OFF-THE-BALL DEFENSE
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<p>LEVEL 1 - INTRODUCTORY PRACTICE IDEAS, DRILLS, GAME STRATEGIES GRADE 2</p> <p>TEAM OFFENSE</p> <p>"BAD SHOT...GOOD SHOT... BETTER SHOT...BEST SHOT"</p> <p><u>MAN-OFFENSES</u></p> <p>5-OUT DRIBBLE DRIVE 5-OUT DRIBBLE HAND-OFF 5-OUT PASS-CUT-FILL 5-OUT BALL-SCREEN 3-OUT-2-IN DRIBBLE HAND-OFF 3-OUT-2-IN PASS & SCREEN AWAY 3-OUT-2-IN BALL-SCREEN</p> <p><u>ZONE-OFFENSES</u></p> <p>2-1-2 STATIONARY - 2 HIGH - 1 MIDDLE - 2 LOW</p> <p>1-3-1 STATIONARY - 1 MIDDLE - 2 WINGS - 1 HIGH POST - 1 LOW POST</p> <p>5-OUT STATIONARY - PASS IT AROUND LOOKING FOR OPPORTUNITY AND SPACE TO DRIBBLE DRIVE</p>	<p>LEVEL 2 - FOUNDATIONAL PRACTICE IDEAS, DRILLS, GAME STRATEGIES GRADE 3-4</p> <p>TEAM OFFENSE</p> <p>"BAD SHOT...GOOD SHOT... BETTER SHOT...BEST SHOT"</p> <p><u>MAN-OFFENSES</u></p> <p>5-OUT DRIBBLE DRIVE 5-OUT DRIBBLE HAND-OFF 5-OUT PASS-CUT-FILL 5-OUT BALL-SCREEN 3-OUT-2-IN DRIBBLE HAND-OFF 3-OUT-2-IN PASS & SCREEN AWAY 3-OUT-2-IN BALL-SCREEN</p> <p><u>ZONE-OFFENSES</u></p> <p>2-1-2 STATIONARY - 2 HIGH - 1 MIDDLE - 2 LOW</p> <p>1-3-1 STATIONARY - 1 MIDDLE - 2 WINGS - 1 HIGH POST - 1 LOW POST</p> <p>5-OUT STATIONARY - PASS IT AROUND LOOKING FOR OPPORTUNITY AND SPACE TO DRIBBLE DRIVE</p>	<p>LEVEL 3 - COMPETITIVE PRACTICE IDEAS, DRILLS, GAME STRATEGIES GRADE 5-6</p> <p>TEAM OFFENSE</p> <p>"BAD SHOT...GOOD SHOT... BETTER SHOT...BEST SHOT"</p> <p><u>MAN-OFFENSES</u></p> <p>5-OUT DRIBBLE DRIVE 5-OUT DRIBBLE HAND-OFF 5-OUT PASS-CUT-FILL 5-OUT BALL-SCREEN 3-OUT-2-IN DRIBBLE HAND-OFF 3-OUT-2-IN PASS & SCREEN AWAY 3-OUT-2-IN BALL-SCREEN</p> <p><u>ZONE-OFFENSES</u></p> <p>2-1-2 STATIONARY - 2 HIGH - 1 MIDDLE - 2 LOW</p> <p>1-3-1 STATIONARY - 1 MIDDLE - 2 WINGS - 1 HIGH POST - 1 LOW POST</p> <p>5-OUT STATIONARY - PASS IT AROUND LOOKING FOR OPPORTUNITY AND SPACE TO DRIBBLE DRIVE</p>
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MISSION 5&2

DATE: December 1

PRACTICE #: 1

TEAM HUDDLE

- Share a 5&2!
- "TEAM": Together Everyone Achieves More!
- Let's do a great job listening in practice; be very coachable and do what the coaches ask of you!

B-BALL MOVEMENTS WARM-UP

- Start/Stop - Slide - Jump Stop - Pivot - Lunge

FUNDAMENTAL DRILLS

- Dribble - Jump Stop - Pass - Catch
- Out & Back Jump Stop Layups
- One More Pass - Score - Rebound

TEAM DEFENSE

- Shell Drill: 5 v 5 Man Defense

BASIC TEAM OFFENSE vs MAN

- IF...Pass - Cut - Fill
- IF...Drive - 3Follow - 3Rebound - 1Back
- IF...Shot - 3Rebound - 1Back

TEAM SCRIMMAGE: 5 v 5 or 3 v 3

FUN!

- Dribble Tag!
- Call a #!
- Great Alaskan Shootout!
- Relay Races!

FINISH

TEAM HUDDLE: Final Thoughts & 5&2s

MISSION 5&2

DATE:

PRACTICE: # _____

TEAM HUDDLE

- Primary Goals (1-3 goals max)
- Start with some 5&2s!

B-BALL MOVEMENTS WARM-UP

FUNDAMENTAL DRILLS

TEAM DEFENSE

TEAM OFFENSE

TEAM SCRIMMAGE

FUN

FINISH!

TEAM HUDDLE: Final Thoughts & 5&2s!

First Name	Grade	What specific questions would you like Coach Cloran to address at the Clinic?	Steve Cloran's opinion or answer!
Vincent	3rd	What to deal with kids who are less attentive/interested in practice, without penalizing the interested ones.	consider splitting into two groups for part of practice; you would obviously need qualified asst. coach to do this; send email out explaining to parents your practice behavior expectations asking them to speak to their child; use a timeout to discipline players behaving poorly
Timothy	3rd	Is it better to teach a zone defense or man to man for 8-9 year old girls (3rd grade)	Man defense in my opinion; see this article for more info: https://www.basketballforcoaches.com/zone-defense-youth-basketball/
Ross	5/6th	5/6th rules	See handout
Nicolas	2nd	Best drills to use for 2nd grade? Best way to handle mixed skill levels?	Hopefully the demos helped; see links to drills on the web; mixed skill levels = split groups up in practice or have an "A" group and a "B" group during games but that is high-risk
John	3rd	What is the most frequent rules violation that we can help to avoid?	double dribble, moving without dribbling (traveling), free zone
Jon	3rd	Shooting drills	Clinic demos; see links to drills on web
rick	2nd	for practice--skills vs 5 on 5	for 5 v 5 = spacing is critical, passing/catching is critical, ask me in person or via email to elaborate
Larissa	4th	New to coaching	Welcome!
Terri	4th	Shooting drills	Clinic demos; see links to drills on web
Kate	3rd	defense off the ball	clinic demos
Alison	2nd	The 3 v 3 for 2nd graders	Spacing and structure are critical; if this, then this offense (I can elaborate in person or via email)
Lisa	4th	Concussion Protocol maybe?	We have some info at the scorer's table for each game; we are working on getting better with this!
Dan	2nd	Basic drills that work best for second grade.	Clinic demos; see links to drills on web
matt	3rd	best practice drills for 3rd grade girls?	clinic demos
Michael	3rd	Tips on how to run an efficient practice	clinic demos; handout
Natalie	2nd	Running practices and preparing for games	handout

First Name	Grade	What specific questions would you like Coach Cloran to address at the Clinic?	Steve Cloran's opinion or answer!
Tina	4th	Ball movement and plays on offense	clinic demos
Eric	5/6th	Post up plays	advanced! See me or email me!
Sandy	2nd	How to teach 2nd grade girls to shoot.	this could be very long and technical, maybe; let's talk in person or via email!
Brian	3rd	Offense strategy vs zone	clinic demos
Ken	2nd	3 on 3	post clinic Q & A
Chris	4th	Need to help kids understand screens better	post clinic Q & A or clinic demos
Michael	2nd	Subs	see handout sub sheet
Jenn	4th	Just the best drills and plays for 4th graders	clinic demos
Mike	4th	How are we defending and tips for coaching defense	clinic demos and handouts
Heather	2nd	Basic plays for kids	clinic demos and handouts

2018 Coaches Clinic Questions & Rough Answers

For clarification or additional information:

Email Steve Cloran - coach@mission5and2.org

Best "living room homework" drills to encourage when there is no court/hoop to practice on?

"Quiet Drills":

- Stationary Ball-Handling
- Lay Down Shooting
- Defensive Slides down the hallway
- Quick feet up the stairs

"Not-So-Quiet Drills":

- Dribbling around the house
- Passing to Mom and Dad in the hallway
- Passing to a spot on the Wall and Catch it off of the Wall
- Happy Feet ... Quick Feet ... Change!

Given that this is the first year of organized basketball with games, what's the best way to roll out the various skills needed as the season goes along? More specifically, in the first few practices we will be doing the basics and evaluating the boys' skills, but is there a skill progression we should be following for subsequent practices in order to continue to grow their skills over the course of the year?

USA Basketball Continuum >>> Get Licensed!

Example: Ball-Handling & Dribbling

1. Holding the ball
2. Triple Threat Stance
3. Stationary Dribbling
4. Dribbling to Advance the Ball
5. Change of Speed & Direction

Defense most likely played

1. The league would like all MAN
2. Most teams will play ZONE

*READ ARTICLE!

What to cover in practices

- SEE PRACTICE PLAN BUT PRIORITIZE
- MINIMUM:
 - FUNDAMENTAL OR 2
 - DEFENSIVE WORK
 - OFFENSIVE WORK
 - SCRIMMAGE
 - FUN FINISH

Want to see some drills for practice: hopefully covered by check out usa basketball website and jr. nba youtube channel

Dividing practice between beginner and more experienced players.

- This is where having an assistant can really help - to divide the group up by skill level

What's the best way to teach the girls to rebound? They just stand around and look at the ball most of the time.

- 1 v 0 to work on timing, jumping, grabbing, landing, pivoting!
- 1 v 1 get 1-2 in a row
- 2 v 2 team challenge ... 2 in a row for defense
- 3 v 3 team challenge ... 2 in a row for defense

How to help kids who have never played basketball understand playing man-to-man defense.

- When guarding the ball, try to keep your body between the ball and the basket
- When NOT guarding the ball, try to keep your body between the ball and your man (HELP)
- KEEP YOUR BUTT TO THE BASKET or TO THE BASELINE

How would generally structure a 1 hour practice, striking a balance between drilling, teaching and scrimmaging?

- SEE PRACTICE PLAN

Looking for some good drills and possibly some practice tips: hopefully covered by check out usa basketball website and jr. nba youtube channel

3rd Grade Girls rules review. Thx!: see rules handout or contact me

How to best handle varying skills of the kids

- SEPARATE GROUPS with assistant coaches

Recommendations for teaching (and drills) for spacing; Best shooting drills for teams with only 2-basket gyms (5-6 players at a basket)

- Use spots or floor tape!
- Need more balls for more reps for shooting drills with only 2 baskets

How to divide up practice between experienced and beginner players.

- Use your assistant coaches to do this :)))

And how to give everyone equal playing time.

- Sub by #s ... see substitution sheet in clinic packet

2019 HTLL MINOR LEAGUE CHAMPIONSHIP - RAYS VS BRAVES

BATTING ORDER:

1-WILL 2-JACK 3-CLORAN 4-JOHNNY 5-LUKE 6-JOEY

7-LUCAS 8-JP 9-ZEV 10-TUCKER 11-EVAN

#1	#2	#3	#4	#5	#6
WILL- P	WILL- P	WILL- P	JACK- P	JACK- P	JACK- P
JACK- 1B	JACK- 1B	JACK- 1B	WILL - 1B	WILL- 1B	WILL - 1B
TPC5 - 2B	TPC5- 2B	TPC5- 2B	TPC5- 2B	TPC5- 2B	TPC5- 2B
JOHN- SS	JOHN- SS	JOHN- SS	JOHN- SS	JOHN- SS	JOHN- SS
JOEY-3B	JOEY-3B	JOEY-3B	JOEY-3B	JOEY-3B	JOEY-3B
LUKE-C	LUKE-C	LUKE-C	LUKE-C	LUKE-C	LUKE-C
TUCK-RC	TUCK-RC	TUCK-RC	TUCK-RC	TUCK-RC	TUCK-RC
ZEV-RF	JP-RF	JP-RF	ZEV-RF	JP-RF	JP-RF
LUCAS-LC	LUCAS-LC	LUCAS-LC	LUCAS-LC	LUCAS-LC	LUCAS-LC
EVAN-LF	ZEV-LF	EVAN-LF	EVAN-LF	ZEV-LF	EVAN-LF
JP-out	EVAN-out	ZEV-out	JP-out	EVAN-out	ZEV-out

PITCH-COUNT LIMIT:

66+ or 3 INNINGS

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Video: USA Basketball Youth Curriculum **Overview**

<https://www.youtube.com/watch?v=TIhINNiPhAk>

Website & Videos: USA Basketball Youth Player Development Instructional Content

- Video clips on many drills

<https://www.usab.com/youth/development/youth-development-skill-levels.aspx>

YouTube Video: 3-on-3 Basketball - The Best Pathway for Player Development

<https://www.youtube.com/watch?v=f3ukbZhWkcM&t=61s>

YouTube Channel: Junior NBA for Youth Skill Development

- Video clips on many drills

https://www.youtube.com/channel/UCuA7P9O4_YEJHa6epPnWAbg

Article: Zone Defense is Terrible For Youth Basketball

<https://www.basketballforcoaches.com/zone-defense-youth-basketball/>

Article: Why Parents Must Stop Coaching From Sidelines

- Share with parents

<https://www.basketballforcoaches.com/parents-coaching-sidelines/>

Article: The Ride Home - Parenting Your Child Athlete

- Share with parents!

<https://changingthegameproject.com/the-ride-home-after-the-game/>

Article: The only six words parents need to say to their kids about sports —or any performance

- Share with parents!

<https://fulleryouthinstitute.org/blog/the-only-six-words-parents-need-to-say-to-their-kids-about-sports-or-any-per>

Good Twitter Feeds for Youth Basketball:

@USABYouth

@brianmccormick

@basketballhq