



Hello Pop Warner Cheer & Dance Staff,

Welcome to the 2018 season for Pop Warner! We're excited to announce YCADA's continued relationship with Pop Warner, for use of the cheer and dance rules, skill levels, score sheets, scoring criteria and educational courses. Please keep this letter for reference as it details information you'll need at the start of the season.

### **About YCADA**

Established in 2012, YCADA is the industry's first non-profit organization to create alignment for all Youth Cheer & Dance teams nationwide. YCADA develops and provides access to standardized rules, rules interpretation, scoring guidelines and educational training courses. We offer Pop Warner a structured and uniform menu of cheer and dance rules and skill levels that are based on a logical progression of fundamentals to encourage safe and structured skill growth for athletes.

### **Rules Questions**

As you begin your season, you will find that you will have questions about the rules. Pop Warner will continue to funnel all rules questions through YCADA. This speeds up response time. Please go to the following link to fill out YCADA's 'Ask a Rules Question' Form. This is the easiest way to submit your rules question as it walks you through all of the info you need to include. [Click here to access the YCADA Ask a Rules Question Form.](#)

You can also email all rules questions to [rules@ycada.org](mailto:rules@ycada.org) and CC your RCDC so that they are aware of your rules question(s) and the response(s) you receive from YCADA.

We will keep your rules questions/responses on record for championship season so that rules judges are consistent with the answer you received from YCADA. We are excited to standardize this process for you. Please allow 2-3 business days for a response from YCADA. Rules questions will NOT be answered over the phone since it's essential that a paper trail be kept to prove the response you receive.

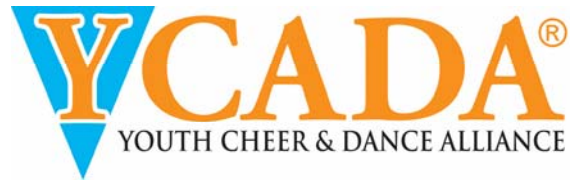
### **Training Course – MANDATORY FOR COACHES - \$20 (Changes to \$25 on August 1<sup>st</sup>)**

Pop Warner has chosen the YCADA course called **Y101PW** as a component of coach's education. This course covers everything you need to know to coach Youth Cheer and Dance from season prep and working with fellow coaches to proper skill technique. It also offers coaches choreography tools and tips for championship season. We feel this is a great tool to get coaches off to a successful start to their season whether a new coach or seasoned veteran.

**COACHES:** It is **MANDATORY** that all **Pop Warner staff listed on the team roster who work directly with the cheerleaders/dancers** compete this course.

**Please PRINT A COPY OF YOUR CERTIFICATE and give to your COORDINATOR.**

The course is available from June 1<sup>st</sup> – March 1<sup>st</sup> each season. Coaches will be able to access the course in its entirety anytime including text, photos, videos, forms, rules, score sheets, etc. The course will be taken down during April - May each year while it is updated with new rules and features.



We recommend coaches register for the course as early as possible prior to the start of the season as much of the info in the course helps coaches get prepared for the new season.

### **How to Register for the Mandatory Training Course**

- 1) Pop Warner has a custom page on the YCADA website where coaches can download everything they need. The URL for this web page is:  
<https://www.ycada.org/popwarner>
- 2) On that page, click the tab titled **Y101PW**.
- 3) This will take you to the main course page where you will find a description of the course. Click on the button that says **REGISTER & PAY**.
- 4) You will then be asked a series of questions to set up your course. Your answers will be used to identify you by league, city, state, team, etc. It will be used to prove that you passed this course. This process may take some time so please make sure you have the following information ready and enter it correctly:

**First & Last Name** – This is the name that will be listed on the certificate.

**Email Address** – Make sure you are not using someone else's email.

**Street Address, City, State & Zip Code** – Enter your mailing address.

**Phone Number** – This will be used if there are any issues with your certification.

**Your Role** – Choices will be RCDC, ACDC, LCDC, Board Member, Commissioner, Head Coach, Assistant Coach, Coach Trainee, Student Demo and Team Parent (choose the one your league refers to you by)

**Cheer or Dance** – Choose your primary team function

**Pop Warner Region** – The states listed are a helpful hint.

**Pop Warner League/Conference** – Ask your coordinator if you are unsure.

**Team & Mascot** – Example: Central Saints

**Age Division** – Example: Mascot, Jr. Peewee

**Team Level** – Example: YCADA Level 1 (the level you estimate your team will compete at)

- 5) You will be asked to set up an account. This is your main account info you'll use to purchase training courses. Save this info as you will need this again to purchase other YCADA courses. In the future, you will not need to create an account and will choose "I already have an account".
- 6) Please make sure you enter your email carefully as this is where your link to the course will be sent. Each coach will be required to register individually under their own email address. Do NOT share your email address or login info with another coach. If you take and pass the course and then share your login, the second person's name will overwrite yours on the certificate and they will be listed on the reports as the person with the passing score instead of you. Each person MUST register with their own email address. If you do not have an email address, Gmail is free and a very user-friendly email platform. You can obtain an email address at [www.gmail.com](http://www.gmail.com).
- 7) Once you create your account (or log in), you will be taken to the payment page for the course. You will also be asked to pay for the course with a credit card. YCADA does not accept checks or money orders.



If you do not have a credit card, YCADA recommends purchasing a temporary credit card with a pre-set amount. Or, you can contact YCADA with request for additional help with payment methods.

- 8) When you complete registration for the course, you will be led directly to the start of the course. You will additionally receive a confirmation email with instructions on how to return to the course later. If you do not receive an email, you may have entered your email address incorrectly. You'll need to contact [support@ycada.org](mailto:support@ycada.org) to change your email address to the correct one.
- 9) When you enter the course, there will be an explanation of how the course module works. Read this thoroughly so you understand how to use the course module. Click on any of the chapters to begin your course set up.
- 10) Make sure to press "Save" after every quiz so that your results are submitted to the database. Otherwise, you may stop at any time during the course and your progress will be saved.

You must earn an 80% to pass the course; passing is mandatory to receive your Y101 certificate.

Please keep your login info as you'll need to return to the course periodically and access important info.

### **How to Return to the Training Course**

- 1) Go to Pop Warner custom page on the YCADA website at: <https://www.ycada.org/popwarner>
- 2) Click the tab titled **Y101PW**.
- 3) This will take you to the course page where you will find a description of the course. Click on the button that says **I'M RETURNING**. Then click **LOG IN**.
- 4) You will be taken to a login page and asked for your email address and password. If you forgot your password, click "Forgot your password?" and you will be sent an email with instructions on how to reset your password.
- 5) Once logged in, choose the **Y101PW Course**.
- 6) **When you complete the course, make sure to PRINT YOUR CERTIFICATE** to serve as proof that you completed the course.
- 7) Give a **copy** of your certificate to your **Coordinator**



### **How to Access YCADA Rules & Score Sheets**

YCADA rules and score sheets are ONLY available on our custom league page.

- 1) Go to our league custom page on the YCADA website at:  
<https://www.ycada.org/popwarner>
- 2) Click the tab titled **RULES & SCORING**.

YCADA will update these documents prior to the launch of the course each year. Coaches should make sure the documents they download have the correct year for the season they are coaching. They should pay particular attention to the rules and score sheets for the levels they choose for their team.

### **Additional YCADA Training Courses**

For coaches interested in learning more about how to interpret the YCADA rules and how to score higher at championships, YCADA offers the optional course called **Y201 – The Coach’s Competitive Edge**. This includes very detailed explanations of YCADA rules and how to maximize your points in each score sheet category. It’s a very helpful course for coaches interested in avoiding rules deductions and bettering their performance at championships. Visit [www.YCADA.org/training-courses](http://www.YCADA.org/training-courses) for more info.

We are excited to continue our relationship with Pop Warner and offer access to standardized rules, scoring guidelines and a growing number of educational courses designed specifically for Youth Cheer & Dance. We have worked successfully with Youth teams across the country for years. We understand Youth teams, goals, the fact that most Youth coaches are volunteers and the proper expectations that should be placed on Youth Cheer & Dance athletes. We look forward to seeing the talent Pop Warner teams continue to bring to events.

If you have any questions, please feel free to email us at [info@ycada.org](mailto:info@ycada.org). We look forward to a safe and successful season. Good luck to your teams!

Thank you,

**YCADA Staff**