

**2019**  
**POP WARNER**  
**CHEERLEADING AND DANCE**  
**CHAMPIONSHIP GUIDE**

**ESPN WIDE WORLD OF SPORTS COMPLEX**  
**DECEMBER 7-13, 2019**



**FOR QUESTIONS REGARDING:**

**ITEMS LISTED IN THIS PACKET:**

*Lisa Moroski, National Cheer & Dance Commissioner; [spirit@popwarner.com](mailto:spirit@popwarner.com);*

**SKILLS OR SPIRIT ROUTINE:**

*Ask a Rules Question Form; <https://www.ycada.org/popwarner>;*

**EVENT QUESTIONS;**

*Beth Dietz, National Events Manager; [bethdietz@popwarner.com](mailto:bethdietz@popwarner.com);*

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# 2019 National Cheer & Dance Championships

December 7 – December 13, 2019

HP Field House at the ESPN Wide World of Sports Complex at Walt Disney World®



## ARTICLES OF COMPLIANCE POP WARNER NATIONAL CHAMPIONSHIPS

**EVENT TRANSPORTATION:** Event transportation to and from ESPN Wide World of Sports will be provided from your Walt Disney World® Resort Hotel. More information will be available at Resort Hotel Check-In regarding designated transportation locations.

**WAIVERS/CREDENTIALS:** Once checked into your Resort Hotel, the Head Coach can register (waiver-credential exchange) at The Arena, Southeast Concourse, Ground Level, ESPN Wide World of Sports, prior to your team’s scheduled Practice Time. Refer to the Schedule of Events for listed hours.

Everyone entering ESPN Wide World of Sports, must have a credential. Each coach/participant’s credential has an identifier unique to that person so the biometric reading and credential will continue to work after their first visit to the Complex.

**TEAM PRACTICE, ONLINE RESERVATION:** The Head Coach must reserve a practice time online <https://www.mydisneygroup.com/popwarner> available **Wednesday, December 4, 2019, 5 PM EST**. Practice is restricted to this area only and is not permitted in any other *Walt Disney World®* Resort Area.

DIVISION	PRACTICE DATE	FIRST PRACTICE TIME	LAST PRACTICE TIME
Show Cheer 1 & 2 – Pee wee (SML)	Saturday, Dec. 7	7:00 a.m. (EST)	5:00 p.m. (EST)
Show Cheer 1 & 2 – Varsity (SML)	Sunday, Dec. 8	7:00 a.m.	5:00 p.m.
Show Cheer 3 – JP(SML) P(SML) JV (SML) V(SM)			
Show Cheer 2 – Junior Varsity (SML)	Monday, Dec. 9	7:00 a.m.	5:00 p.m.
Show Cheer 1 & 2 – Mitey Mite (SML)			
Sideline Perf CH – MM, JP, P, JV, V (SML)	Tuesday, Dec. 10	7:00 a.m.	5:00 p.m.
Core Cheer – MM, JP, P			
Show Cheer 1 – Junior Varsity (SML)			
Dance – Mitey Mite (P, TH, HH)			
Dance – JP, P, JV, V (P, TH, HH)	Wednesday, Dec.11	7:00 a.m.	5:00 p.m.
Show Cheer 4 – JP, P, JV, V (SML)			
Show Cheer 3 – Varsity Large			
Show Cheer 1 & 2 – Junior Pee wee (SML)	Thursday, Dec.12	7:00 a.m.	5:00 p.m.

**TEAM PRACTICE AREA, THE ARENA:** Arrive 15 minutes prior to Practice Time and report to the Arena, Team Entrance, Southwest Lobby, Event Level. Rostered coaching staff and athletes (with team book) will be admitted to this area.

Four teams will move through each station at the same designated time. The time slot includes:

- 20 Minutes stretch time on one (1) matted panel to stretch, tumble and warm up basic stunts if time permits. (19 Minutes, 1 Minute to Exit Area)
- 20 Minutes practice time on 54’ x 42’ matted surface – nine (9) panels, with music station. (19 Minutes, 1 Minute to Exit Area)

You may bring your own portable speaker, etc. for this Scheduled Practice Time. Each nine (9) panel matted practice area will be equipped with laptop that contains your team music (provided by your League/Region Coordinator).



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**MUSIC & BOOK CHECK AREA:** The Arena is also the location for your Official Music and Book Check, immediately following your designated Practice Mat Time (listed above).

**BOOK CHECK:** The Head Coach will present the Team Book to be checked for accuracy and validity. If any paperwork is found missing or tampered with the athlete(s) in question will not be permitted to compete. The team book includes a copy of the Certified Team Roster and an Absentee Form for any athlete absent from the certified roster.

The book must include the following for each participant:

1. Identification Card/Standard Player Contract
2. Proof of Age
3. Physical Fitness and Medical History
4. Participant Contract and Parent Consent
5. Proof of Scholastic Fitness
6. YCADA Training Certificate (for all rostered staff positions)
7. For Cheerleading Teams Only: Skills Progression Sheet  
For Cheerleading and Dance Teams: Pop Warner Head Coach Declaration Checklist

**MUSIC CHECK AREA:** Immediately following Book Check, the Head Coach will proceed to a Music Preview Station to listen to and verify the team music. Music has been uploaded to this station immediately following your Region Championships. After that time, changes will only be accepted on location in the Music Check Area at time of National Book/Music Check with Change Form and Change Fee \$50.00.

1. Music is accepted in MP3 File Format Only;
2. Music should be labeled as follows: (i.e, Langhorne Lions Pop Warner, JP, PW2, L)
  - Team Name as Listed on the Statement of Acceptance
  - Age Level (MM, JP, PW, JV, V, CH)
  - Skill Level (PW1, PW2, PW3, PW4, PP, TD, HH)
  - Cheer Size (S, M, L)
  - Co-ed
  - If more than one track for a routine: Track 1 of 2, Track 2 of 2.

If your book and music are in order, this station should take no more than 15 minutes. If there are any discrepancies, the Region Cheer & Dance Coordinator will be on hand to resolve any challenges with the Head Coach.

## EVENT DAY SCHEDULE, HP FIELD HOUSE:

EVENT DAY DIVISIONS	DATE	Start Time EST
Show Cheer 1 & 2 – Peewee (SML)	Sunday, Dec. 8	2:00 p.m.
Show Cheer 1 & 2 – Varsity (SML)	Monday, Dec. 9	8:00 a.m.
Show Cheer 3 – JP(SML) P(SML) JV (SML) V(SM)		
Show Cheer 2 – Junior Varsity (SML)	Tuesday, Dec. 10	8:00 a.m.
Show Cheer 1 & 2 – Mitey Mite (SML)		
Sideline Perf CH – MM, JP, P, JV, V (SML)	Wednesday, Dec. 11	8:00 a.m.
Core Cheer – MM, JP, P		
Show Cheer 1 – Junior Varsity (SML)		
Dance – Mitey Mite (P, TH, HH)		
Dance – JP, P, JV, V (P, TH, HH)	Thursday, Dec. 12	8:00 a.m.
Show Cheer 4 – JP, P, JV, V (SML)	Thursday, Dec. 12	5:00 p.m.
Show Cheer 3 – Varsity Large		
Show Cheer 1 & 2 – Junior Peewee (SML)	Friday, Dec. 13	8:00 a.m.



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If your team arrives early to ESPN Wide World of Sports, they are permitted to watch the Cheer and Dance Competition or Bowl Games. For the HP Field House, the team may be seated in the upper seating areas only. When your team leaves seating areas, please bring all belongings with you.

**EVENT DAY, TEAM ENTRANCE:** Arrive 15 minutes prior to Warm Up Time and report to the Team Entrance located between The Stadium at ESPN Wide World of Sports and the HP Field House (Last/Side Door.) Rostered coaching staff and athletes (with team book) will be admitted to this area. Scheduled Warm Up Time can be found on the Order of Performance. Teams will not be permitted to Warm Up after your designated Warm Up Time has passed so please be prompt.

**WARM UP AREA:** A Pop Warner Volunteer will welcome your team and escort them to the HP Auxiliary Courts.

The Head Coach will present the Team Book for Photo Identification Check for each athlete/rostered coach. At this location, the rostered coaching staff will each receive an event lanyard to enter the Warm Up Area, Backstage, Coaches' Seating Area and Awards Ceremony with their team.

Each athlete must have the Pop Warner Patch secured to the uniform in order to proceed. The Head Coach should also come prepared with a backup copy of the team music (CD/IPhone/IPad/IPod, etc.) even through it has been uploaded to the Warm Up Area and Performance Floor.

This station should take no more than 10 minutes. If discrepancies, the Region Cheer & Dance Coordinator will be on hand to resolve challenges with the Head Coach while the team and other rostered coaching staff will be permitted to keep with your scheduled Warm Up Time.

Once the Identification Check is complete, a Pop Warner Volunteer will escort your team to one (1) of three designated strips (A, B, C) for warm-up, tumbling and stretching for a timed, 10 minute period (9 Minutes, 1 Minute to Exit Area).

The team will be asked to immediately move to one of three warm-up areas (A, B, C). A 54' x 42' surface will be provided (nine (9) panel matted surface) for a timed, 10 minute practice floor (9 Minutes, 1 Minute to Exit Area). The area will be equipped with a sound system (with uploaded music) for your Warm Up Time. As soon as Warm Up is complete, a Pop Warner Volunteer will escort your team immediately down a stairwell to the Performance Floor, Entrance Area.

**PERFORMANCE FLOOR, ENTRANCE AREA:** The team will continue downstairs (from the Warm Up Area) to the first floor staging area. Members can leave team bags in a secure bin until your Performance Time is complete. The rostered coaches will be permitted to stay with the team until they are directed to the Coaches' Seating Area on the main floor. When it is time to enter the Performance Floor, the Emcee will announce your team to the floor as listed in the Statement of Acceptance. The athletes will enter the floor through the center, directly behind the performance floor, back of the mat. (Reference 2019 Rule Book, Page 107 Youth Cheer Routine Guidelines or Page 134, Youth Dance Routine Guidelines.)

**PERFORMANCE FLOOR, COACHES' SEATING AREA:** There is a designated seating area for the Rostered Coaching Staff on the main floor, next to the music station, while your team performs. Coaches will enter the Performance Floor from the exit area curtain and move to the main floor. Coaches' Lanyard must be presented in order to enter the area. At the end of the team performance, the staff will wait for the team to exit the floor and then will be directed to the back exit area curtain to collect the team and belongings.

**PERFORMANCE FLOOR, MUSIC STATION:** The rostered Coach, in charge of music, will be directed to the Music Station at least 10 minutes prior to performance. There will be two stations, Preview and Performance. A Technician will operate the Performance Music Station (Press Play).



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**PERFORMANCE FLOOR:** The competition area for the National Championship will be approximately 54' x 42' deep (nine (9) panels).

**JUDGES and EVENT SPOTTERS:** The Judges' Area will be directly in front of your team during their performance. Competition spotters will be provided for safety.

**ATHLETIC TRAINER:** An Athletic Trainer will be in the Warm Up Area and the Exit Area of the Performance Floor. Water stations will also be available in those locations.

In accordance with and in addition to the Revised Article 17 of the Pop Warner Rulebook, injured participants may not return to practice/performance without explicit approval from the assigned event medical personnel, but not limited to, Athletic Trainers and/or Emergency Medical Technicians (EMTs).

**EXIT AREA:** A team will exit the Performance Area, left rear, back of mat, and wait for the coaches to return from the Coaches' Seating Area. A volunteer will retain the team belongings and each athlete will receive a Gatorade in this area. The team will be directed to the Spectator Seating Area.

**MEDIA/INTERVIEW STATIONS:** Head Coaches and/or Teams may participate in an interview or Disney Game along with a Disney Entertainment Representative inside the venue. Those interested will participate in a brief interview that may be live on the overhead screen in the HP Field House and/or on the webcast.

**SPECTATOR VIEWING AREA:** Fans should arrive 10 minutes prior to the team's scheduled performance time and report to the Concessions Area, Ground Floor. Fans will be directed into a secured area that will be closed before the team takes the floor. When the team's routine is complete, the fans will be escorted out of the viewing area in time for the next performance. All fans entering this area must display Good Sportsmanship, respect for the performers and also be aware of the judges' view. Fans will not be permitted to bring noise makers, megaphones, signs, shakers, etc. into this viewing area. A photographer is on hand to provide action photos of your team. Camera, video or any type of recording/photography including cell phones will not be permitted in this Spectator Viewing Area to avoid distraction for the performers and judges.

**AWARDS CEREMONY ANNOUNCEMENT:** The Awards Ceremony and Parade of Champions will begin immediately following the last performing team. Each team with two coaches will meet on the walkway between the Marathon® Sports Fields and the HP Field House.

**PARADE OF CHAMPIONS:** Athletes must participate in full uniform and required soft soled athletic footwear. The Emcee will announce each team to the floor. Your team, with two coaches, will enter the Awards Area through the center, behind the performance floor, back of the mat. One coach and two cheerleaders/dancers, at the front of the team, will be staged around the perimeter of the Performance Mat. The second coach and remainder of the team will parade down the side of the Performance Floor and be seated in the staging area on the main floor.

**NATIONAL AWARDS:** The National Cheer and Dance Championships will award five places, first through fifth, in each YCADA division, Show Cheer PW 1 - PW 4, Core Cheer, Sideline Performance Cheer, Hip Hop, Theme Dance and Pom Performance. Show Cheer and Sideline Performance Cheer Divisions will be further subdivided by size: small, medium and large. In addition, first through third places will receive Championship Medallions, Gold, Silver and Bronze. When your team is announced, one coach and two cheerleaders/dancers, staged around the mat, are permitted to the awards' area. A championship picture will be taken in the awards area with five (5) awarded teams (First – Fifth Place) with the National Staff on hand.

**JAMZ HIGHEST CHEER and DANCE SCORE AWARDS:** Cheer/Dance teams with the highest score in their skill division will be announced and awarded at each session. (Show Cheer 1-4, Core Cheer, Sideline Performance Cheer, Pom Performance, Theme Dance, Hip Hop)





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**AWARDS CEREMONY EXIT PROCEDURE:** At the close of the Awards Ceremony, each team will immediately exit the awards area. Parents should meet the team outside, at the main entrance to the HP Field House or Sports Complex. Spectators will not be permitted to enter the Performance Area or Main Floor following the Awards Ceremony.

**CHAMPIONSHIP SHOWCASE: Thursday, December 12, 2019, 5 p.m. EST** will be broadcast on ESPN 3 from the HP Field House. The broadcast will include the National Championship for the following Cheerleading divisions: PW 4 (JP, PW, JV, V) and PW 3 (Varsity Large). The Championship Event will also include exhibition performances of all First Place Dance Champions in each Age Division, Pom Performance, Theme Dance and Hip Hop. (First Place “Dance” Teams will be given Showcase Order of Perform Time at their respective Award Ceremony.) Theme Dance Teams will also be given instructions to store props, if necessary, in a secure location from the Wednesday session to the Thursday evening session.

**SCORESHEET DISTRIBUTION:** Your score sheet package will be available for pick-up immediately following the Awards’ Ceremony for one hour. The pick-up area will be available Sunday through Friday. The Head Coach, with picture identification, will be required to sign for score sheets. Only one person per team should come to the pick-area to receive the package. Pop Warner Little Scholars, Inc. takes no responsibility for score sheets after the championship has ended. Placements for each division will be posted online following each Award’s Ceremony.

**RULES REVIEW STATION:** If your team receives a Rules Deduction, the listed Head Coach will receive a text message, approximately 10 minutes following your team’s performance, and will be directed to report to the Rules Review Table, next to the Judges’ Platform at the Spectator Viewing Area entrance. **At that time only**, and if you have a Rules Deduction (does not include Point Deductions), the Head Coach with one Assistant Coach may request a brief meeting with the Head Rules Judge for video review to better understand a “listed” rules deduction for their team only.

**ELECTRONIC TABULATION PROCEDURES:** YCADA has designed a custom tabulation program, for the Pop Warner National Championships only, allowing each judge to input into YCADA software to assign a point system for Panel Scoring, Point Deduction or Legalities. All equipment and software has been tested and approved for use at the event. If after the Awards’ Ceremony a correction is found caused by human tabulation error, the corrections would require a co-sharing of placements to be released immediately online.

**PHOTOGRAPHY AREA, GAME DAY PHOTO:** This station is located at The Stadium at the ESPN Wide World of Sports, Second Floor. Each team may take a group and/or individual photo(s) in this location at a time during the event that is convenient to your team, remember to check back after your performance for action photos.

**NATIONAL CHAMPIONSHIP EVENT SPECIFIC CODE OF CONDUCT:** By my signature in the Articles of Understanding Statement of Acceptance, I hereby acknowledge, understand and agree to the following:

- **Proper coaching attire** shall consist of Business, Business Casual or Game Day Attire in the form of a dress, suit, Khaki or dress pants and a polo (with Pop Warner Logo and/or Team/Association/League name and/or logo), or Team Sweat Suit/Athletic Sneakers with Pop Warner Team logo, etc.). The following items are not acceptable: Jeans, shorts, flip flops and/or tank tops. Coaching staff consists of Rostered Staff to include Coordinator, Coaches, Coach Trainee and Student Demonstrators.
- **All teams will observe a 10 p.m. Curfew.** As such, all participants must be in their assigned sleeping rooms by 10:00 p.m. or athletes, coaches and/or the team and association as a whole shall be subject to disciplinary action including but not limited to forfeiture of competition awards, suspension, and removal from *Walt Disney World*® Resort property, financial penalties and/or permanent removal from Pop Warner.

However, participants accompanied by their designated chaperones that are at least 21 years or older who are returning from organized team activities (including without limitation theme park excursions, group dinners, or



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the Pop Warner Athlete Celebration Party on Tuesday/Wednesday night) outside of their hotels shall be excused from such curfew but must be immediately escorted by such chaperones to their rooms upon returning to their hotels. To clarify, for the duration of your stay, all participants must be in their assigned rooms by 10 P.M. regardless of whether their competition has begun, is ongoing or is completed. Any participants found outside their assigned rooms past 10:00 p.m. while they are still registered as a Pop Warner group shall be subject to disciplinary action along with their coaches, teams and/or associations as stated above. Pop Warner National, Regional and Event Staff shall be conducting daily checks to ensure compliance.

- **No Video or Telephoto/Zoom Lenses Permitted.** Our policy is to protect the safety and security of our youth athletes and to protect your privacy. Video cameras and still cameras with telephoto or zoom lenses will not be permitted during performances by unauthorized officials. No Video will be permitted by any persons during the event.
- To ensure a safe and enjoyable experience for all guests, please respect and adhere to all Walt Disney World Property Rules while on Walt Disney property. Included in these rules are a list of Prohibited Items and Activities. Violators of these rules may be subject to, but not limited to, prosecution, being trespassed from Walt Disney World property, fines and/or ejection from the Pop Warner National Cheer & Dance Championships. Please go to the following site for the list of prohibited items: <https://disneyworld.disney.go.com/park-rules/>

**GENERAL RULES:** All codes, rules and regulations found in the 2019 Official Pop Warner Rule Book remain in effect for all teams performing in the Regional/National Cheer & Dance Championships. All participants must be current and officially rostered members of their 2019 Pop Warner team and be in compliance with all PWLS rules and procedures:

- Must be declared League/Conference Champion or qualifier as outlined in Region/National Championships General Information listed in the 2019 Pop Warner Official Rulebook to include YCADA Show Cheer PW 1-4, Core Cheer, Sideline Performance Cheer, Pom Performance, Theme Dance and Hip Hop.
- League/Region/National Championship Skill/Age Divisions for Primary Cheer:
  - **YCADA Core Cheer Age Divisions:** Mitey Mite, Junior Peewee and Peewee
  - **YCADA Show Cheer PW 1, PW 2 Age Divisions:** Mitey Mite, Junior Peewee, Peewee, Junior Varsity and Varsity.
  - **YCADA Show Cheer PW 3, PW4 Age Divisions:** Junior Peewee, Peewee, Junior Varsity and Varsity.
  - **Show Cheer & Sideline Performance Cheer Skill Divisions, Further Subdivided by Size:**
    - **Cheer Small:** Minimum 5 – Maximum 10 Participants;
    - **Cheer Medium:** 11 – 20 Participants;
    - **Cheer Large:** 21 – 35 Participants;
- League/Region/National Championship Skill/Age Divisions for Primary Dance:
  - Pom Performance, Theme Dance or Hip Hop Divisions: Mitey Mite, Junior Peewee, Peewee, Junior Varsity and Varsity.
- Once rostered/declared (Primary Cheer or Primary Dance) teams are permitted to participate in a Second Routine at League Championships to include Sideline Performance Cheer. Confirmation to participate in a Second Routine in PW Championships is due to the Region Cheer and Dance Coordinator by September 15<sup>th</sup> on the Declaration Form. Teams must compete in their Primary Routine at League Championships in order to compete in a second routine.
  - Show Cheer Teams can participate in the following Second Routines: Pom Performance, Theme Dance, Hip Hop, Sideline Performance Cheer.
  - Core Cheer Teams can participate in the following Second Routines: Pom Performance, Theme Dance, Hip Hop, Sideline Performance Cheer.
  - Dance Teams can participate in the following Second Routines: Pom Performance, Theme Dance, Hip Hop, Sideline Performance Cheer, Core Cheer.



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- Teams participating in the Championships (League, Region and National) must have at least five (5) active participants rostered on the first Monday in October.
- Rostered Cheerleading Teams with more than 2 male participants (3 or more) will be placed in a Co-ed Category within their age division for Pop Warner Competitions, League/Region and National.
- Participants wearing a full medical boot brace/walking boot **may not** be involved in stunting or tumbling.
- Safety - In concentrated efforts to reduce the risk of injury to participants, every region/national event will use every possible means to obtain performance mats for safety, as well as to secure professional spotters.

**MUSIC POLICY:** Ownership and creative rights of music are intellectual property covered by Copyright law. Pop Warner respects the intellectual property rights of others and expects all participants to adhere to the following rules regarding use of third party music for cheer and dance performance:

- All music used for cheer and dance performance must be purchased from a source authorized to sell a copy.
- You may use a mix purchased from an authorized mix vendor.
- You may use a song in its complete original form, purchased from an authorized vendor (such as iTunes, or a traditional retail store).
- For either a mix or a complete song, save your receipt.
- Regional and National championship performances will be covered by licenses secured by Pop Warner Little Scholars.
- Any recording or broadcast of the cheer / dance event must be done with the music in background / off mic and with a voiceover describing the participants and the performance.

**POP WARNER MEMBERS CODE OF CONDUCT:** As a condition of my participation in the 2018 Pop Warner Championship Week, I hereby agree to accept the Arbitration Process as outlined in this advisory manual. I hereby agree to accept the decision of the Disciplinary Review Board (DRB) as final, binding and non-appealable. As such, the decision of the DRB will constitute full, final and complete disposition of the grievance, and will be binding upon the participants, Pop Warner and those involved in this agreement. All volunteers, coaches, football and spirit participants will abide by a Code of Conduct which includes the following provisions. If any of these rules are broken, the League and/or any HLA shall have the authority to impose a penalty. Members shall:

- S1:** Not smoke and/or use smokeless tobacco on the field.
- S2:** Not criticize players/spirit participants in front of spectators, but reserve constructive criticism for later, in private, or in the presence of team members if others might benefit.
- S3:** Accept decisions of the game officials and judges on the field and in competitions as being fair and called to the best ability of said officials.
- S4:** Not criticize an opposing team, its players, spirit participants, coaches, or fans by word of mouth or by gesture.
- S5:** Emphasize that good athletes strive to be good students and that both are physically and mentally alert.
- S6:** Strive to make every football and spirit activity serve as a training ground for life, and a basis for good mental and physical health.
- S7:** Emphasize that winning is the result of good “teamwork.”
- S8:** Not engage in excessive sideline coaching and shall not leave the bench area to shout instructions from the sidelines.
- S9:** Together with team officials, be jointly responsible for the conduct and control of team fans and spectators. Any fan who becomes a nuisance and out of control will be asked to leave.
- S10:** Not use abusive or profane language at any time.
- S11:** Not “pile it on;” not encourage their teams to get a commanding lead and raise the score as high as it can. In these instances, every effort shall be made to let all players play. (Football specific)
- S12:** Not receive any payment, in cash or kind, for services as a coach in Pop Warner Football/Spirit. This includes any coach, expert, consultant or choreographer, regardless of his/her roster status.
- S13:** Not permit or encourage “sweating down” tactics in order for a player to make the team weight. (Football Specific)
- S14:** Not recommend or distribute any medication, controlled or over the counter, except as specifically prescribed by participant’s physician.
- S15:** Not permit an ineligible player or spirit participant to participate in a game.
- S16:** Not deliberately incite unsportsmanlike conduct.
- S17:** Not possess or drink alcoholic beverages and/or use illegal substance(s) on either the game or practice fields.
- S18:** Remove from a game or practice any participant when even slightly in doubt about his/her health, whether or not as a result of injury, until competent medical advice is available.
- S19:** Uphold all rules and regulations, National, Region and Local, regarding Pop Warner Football, Cheerleading and Dance.





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**S20:** Refrain from engaging in any action within or outside Pop Warner which in PWLS sole & absolute discretion reflects negatively upon, or causes embarrassment to, the PW Program.

**CODE OF CONDUCT ACCEPTANCE:** By my signature on the Articles of Understanding Statement of Acceptance, I hereby swear and attest that I fully acknowledge and understand the Pop Warner Members Code of Conduct. Furthermore, I acknowledge and understand that any violation, public display of poor sportsmanship or failure to uphold the Code may result in disciplinary action including but not limited to the suspension and/or revocation of the league charter as well as my dismissal, suspension and/or permanent removal from any and all Pop Warner activities.

**ADDITIONAL NOTE:** Spirit Teams attending the Pop Warner Super Bowl, on the sidelines with their respective Football Team, should reference guidelines in the Pop Warner Super Bowl Advisor Manual. On Game Day, Spirit Teams will be greeted by a Pop Warner Volunteer and escorted to the team field location. The Head Coach should come prepared with the Team Book (i.e. Roster, Absentee Forms, Scholastic Proof, ID, etc.) for a brief Identification check. Once complete, the Pop Warner Volunteer will give instructions for accepted EWWS on-field guidelines. Teams may perform a half-time routine during your team's Super Bowl Game. (This does not include the Junior Varsity Championship Game on Saturday, December 14, 2019.) Each field will be equipped with a microphone. Please come prepared with your own music/radio/box/sound system. Upon arrival, the Head Coach should also provide the Volunteer with your halftime music so that he/she can prepare the announcer.