

USC Girls' Soccer Team Rules/Disciplinary Actions

Rules:

1. All school rules apply at ALL soccer functions (games, practices, bus rides, car washes, etc...). Anywhere the Upper St. Clair name is being used, we are an extension of the school. Therefore all school laws and consequences apply.
2. Absolutely NO foreign substances (tobacco, alcohol, etc...) will be permitted anywhere. If a player is caught abusing a foreign substance on OR off of school time, disciplinary action will be taken.
3. No foul or abusive language. Players and parents are responsible for conducting themselves in a manner that is non-damaging to the integrity of the team or the school district. Foul or abusive language is not permitted on the field of play and results in a red card, ejection from that game and a one game suspension. This type of language will not be permitted at any time towards: yourself, teammates, coaches, referees or spectators. Players will be disciplined for their actions and if the problem is not resolved, a more serious consequence will be handed down.
4. No endangerment of another player's safety (opponent or teammate) will be tolerated. Fighting, vicious tackles and threatening (verbal or physical) are all examples of endangering a player's safety. This is a very serious issue and no tolerance will be given for this type of behavior. Any person (player or parent) breaking this rule will receive immediate disciplinary action that may result in suspension or expulsion from the team and/or activities.
5. Verbal or physical abuse of a teammate as well as actions deemed damaging to the integrity of the team will not be tolerated. This includes, but is not limited to: hazing, degrading any player, violent abuse during training and the undermining of the team philosophies, coaching staff and the coaching methods and booster organization. This applies to both players and parents. A team is a group of individuals working together to accomplish a common goal. If that vision is lost, the goals of the team will be disrupted and the play will be affected on the field. Any infraction of this rule may result in suspension or expulsion of that player from the team and its activities.
6. In the event of an injury, all decisions on the return of the player to the field of play for any type of participation will be made by the Upper St. Clair high school training staff. All players must be cleared to play by the training staff before participating in any athletic function. If a player has to see a doctor for injury or illness, they must provide a clearance to play for that doctor to the training staff before rejoining team activities. If a player has a head injury that is deemed by any of the coaches or training staff to be a concussion or has concussion like symptoms, that player will immediately be removed from the field of play and will not be able to return until the training staff has deemed it safe for them to play.
7. Players are required by the Upper St. Clair school district to maintain a minimum GPA in order to participate in practices or games. The team will follow the guidelines set by the school district and all consequences given by the school district will be followed if that minimum GPA is not met. The player will not be allowed to participate until the school district has cleared them to participate.

8. Players will be required to maintain a professional attitude in all pre-games functions, home or away. Players will be on time and prepare to follow the set pre-game procedures. In the event of away games, players will follow all school and school bus laws in route to the game. Players will ride the bus to all games and will not be permitted to drive to the away venue or from the away venue unless there is an emergency situation. Players are encouraged to ride the bus home from away games, but may travel home with their parents if written permission is given to the coaches on the bus ride to the game. The written permission slip must be signed by the high school principal. A player with an excuse from the principal will only be permitted to ride home with their parents and nobody else, no exceptions. Players are also responsible for having all the equipment necessary to participate in the practice or games. This includes apparel, shin guards, ball, etc... Any player not having the proper equipment may not be permitted to participate in the activities. All players are required to report to functions early and ready to go at the time given. Unexcused absences and tardiness will affect the player's participation in the practices and games. Too many unexcused absences could result in suspension or expulsion from the team.

Disciplinary Actions

If any player willingly chooses to disobey the above rules, the coaching staff reserves the right to implement the following disciplinary actions to maintain the integrity of the team:

1. Meeting with the head and assistant coaches for a discussion about the problems and any other future concerns of situations that may occur. The player(s) will be warned of consequences if they would continue to be a problem.
2. Meeting with the coaching staff as well the player's parent(s). A discussion of problems and future concerns as well as actions taken in the past will be conducted with the player and parent. The player and parent will be warned of consequences the event the player would continue to be a problem. Actions such as: practice or game suspensions may be taken at that time.
3. Meeting with the coaching staff, the player's parents and the Athletic Director. A discussion will be held about the problems and concerns, as well as past disciplinary actions and a review of previous meetings. The player and parents will be warned of consequences in the event the player continues to be a problem. These include, but are not limited to: game and/or practice suspensions or possible expulsion from the team.

To all players and parents of the USC Girls' soccer program:

It is our goal each year to succeed on and off the field. It takes a team effort to accomplish all of the goals that we set out to achieve at the beginning of every season. The players, coaches, boosters and parents all must work together to help our student athletes do the very best they can on and off the field. Within that framework of our team is discipline. Without discipline we cannot succeed as a team. The above list of rules and consequences were designed to give the program a list of guidelines to follow. To insure that we maintain the highest integrity and represent the team, school district and the community of Upper St. Clair in the best possible way, we ask that you (player and parent) join a pledge to help do our very best on and off the field. Please sign and date the bottom of this form to indicate that you have read and understand the rule and consequences forms intent. Please return this form to me no later than the end of the first day of try-outs. Thank you in advance for your cooperation in this important matter.

Sincerely,

Dave Gray

Head Coach – USC Girls' Soccer

I, _____, a member of the USC Girls' soccer program, have read and understand the rules and consequences set for the USC girls' soccer program.

I, _____, a parent/guardian of _____, have read and understand the rules and consequences set for the USC Girls' soccer program.