

WESTSIDE BASKETBALL

Recreational

- **What is recreational basketball?** Recreational basketball is ideal for those players just beginning the sport or that want to continue to learn and develop their basketball skills. The program will exhibit a high level of competition and expectations.
- **How will teams be determined?** Basketball Committee decision
- **What will playing time look like?** Playing time will try to be equal, based on grade, attendance, attitude, and effort.
- **What are the expectations for Coaching at the Recreational level?** Coaches will be expected to follow the guidelines set by the Basketball Committee and Westside Connection Board. Players will still have high expectations set for them as a player and as a team. Coaches will be able to break down skills and work with these players at a pace that suits the players.

Boys-All recreational teams will play in the East Hayworth Hoops. Games are generally played October to March on Sunday's, but they do have 2 tournaments that are played on Friday, Saturday, and Sunday.

Girls-All recreational teams will play in the B bracket of the Metro Girls basketball League that plays on Sundays from the middle of Nov to the end of January with breaks at Thanksgiving and Christmas

Competitive

- **What is Competitive Basketball?** The competitive league is for player's 6th-8th grade with proven ability to play basketball at a competitive level. The program will exhibit a high level of competition and expectations. This is for players who enjoy the sport, but are also out for the "win" and seek to play at a higher level in high school, or some other goal associated with the sport.
- **How will teams be determined?** Teams will be determined by an evaluation process. There will be a 3 day evaluation process. Players that may not evaluate as ready for a competitive team will still be placed on a recreational team. Evaluations will score each player according to their effort/ability level. Committee and committee approved personnel will run the 3 day evaluations.
- **What will playing time look like?** Playing time will be decided by the team coach, game performance, practice performance, and attitude.
- **What is the level of commitment for the players and parents?** The competitive teams will not only be playing in a highly competitive league, but they'll also be competing in weekend tournaments. The parents will need to pay for these tournaments outside of their players' fees along with own travel costs. **If the player/parent is on the competitive team they have committed to playing both league and tournaments.**
- **What are the expectations for Coaching at the Competitive level?** Coaches will be expected to follow the guidelines set by the Basketball Committee and Westside Connection Board. Players will have high expectations set for themselves as a player and team. Coaches will be expected to

run a more rigorous practice for the grade level they'll be coaching. Coaches will be responsible for registering their team for tournaments.

***All decisions are based on Westside Connection Boys Basketball Committee**

Boys- All Competitive teams will play in the North League with games on Mondays, Tuesdays and/or Thursdays and will also be required to participate in weekend tournaments.

Girls- All Competitive teams will play in the A bracket in the Metro Girls Basketball League on Sundays from the middle of Nov to the end of January with breaks at Thanksgiving and Christmas. Players will also be required to participate in weekend tournaments.