



3rd Grade Rules

- Rim height:** 9 ft
- Free-throw Line:** Players will be shooting from 12ft not regulation 15ft line. This will allow players that are not physically strong enough to not compromise correct shooting form.
- Time:** Two 16 minute running halves with the clock stopping in the last two minutes if the teams are within 15 points. Time will not stop during free-throws unless it is in the last two minutes of the half and the score is within 15 points.
- Defense:** No zone defense will be allowed. Only man to man concepts must be used in this league. Teaching help side defense is encouraged. This may make the defense look like a zone when it is not.
- Pressing:** Pressing will not be allowed for the 3rd grade level. 4th grade will be allowed to press in the last 2 minutes of the half if the score is within 15 points.
- Lane violations:** Officials will warn to not camp out in the middle of the lane. The official rule for time in the lane is 3 seconds but this time will be extended for both grade levels to 5 seconds. This will allow officials and coaches to teach players to move in and out of the lane.
- Fouls:** Each player will be allowed 5 fouls in a game.
- Bonus Shots:** After 7 team fouls in a half the opposing team will shoot 1 and 1 from the free-throw line. After 10 team fouls the opposing team will shoot 2 free-throws.