

2018 Sioux Border Conference League Rules- FINAL 3rd & 4th Grade Tackle Football

Overview of the “Jamboree” for 3rd and 4th

Teams start on the 40 yard line. The normal rules of football would still apply except for defensive turnovers or turnovers on downs. In these instances, after the play is blown dead (Defensive can advance a turnover until tackled or reach the 40) the ball is reset on the 40 yard line with offensive team switching to defense and the defensive team switching to offense, etc. Typically games are run using two 30 minute continuous clock halves. Clock does not stop for timeouts and no scores will be kept.

The “National Federation of High School Associations” rulebook, as used in Iowa, will govern play in our league with the following exceptions, additions, clarifications and emphasis.

1. **Officials:** No officials are required however we recommend that 1 Coach for each team be designated the game officials.
2. **Ball Size:** 3rd & 4th Grade can either use a Peewee or Junior size ball. (Any brand is acceptable)
3. **Ball Carriers:** Players exceeding **100 lbs for 3rd grade, 110 lbs for 4th grade**, may **NOT** carry the ball offensively to ensure safety of the other kids. If any player exceeding the weight limit happens to handle the ball as the result of play (i.e.- fumble recovery, interception) they **MAY** advance the ball as allowed per NFHSA rules. **Coaches are responsible for enforcing this rule in a fair and ethical manner.** Coaches are to weigh the players (No Pads) prior to the first game to determine which players are eligible to carry the ball offensively. The results of this weigh-in are to be utilized for the entire season.
4. The quarterback may take the snap from under center or in a shotgun formation. **No QB sneaks when under center*
5. **Game Times:** 2- 30 minute halves, continuous clock.
6. **Start of play:** Ball will be placed on the 40 Yard Line
7. **Alignment:** Offense – 7 on LOS. Defense – Defensive lineman should be in a 3 or 4 point stance, lined up head up, no gap alignments will be permitted. ***No nose guard** 5 linemen or 4-lineman front is allowed. Outside defensive linemen (on the line of scrimmage) can be **no wider than the outside shoulder of the outside offensive down lineman in 3rd and 4th grade games.** linebackers and DBS no closer than 2 yds from LOS. Interior lineman must be in down position. Penalty – Illegal Procedure. Exception – Goal line defense is permitted anytime inside the ten-yard line, players must still line up head up. Defense can have up to 6 down lineman, but must leave center vacated. ***No nose guard.**
8. **Defensive Blitzing:** Blitzing by linebackers and defensive backs is not allowed. However, any defensive player may cross the line of scrimmage after the offensive player with the ball is outside the offensive tackle. Penalty – Personal foul.
9. **Fumbles/Interceptions :** Live ball. The defense can advance the ball back to the 40.
10. **Coaches on Field:** Each team is allowed an appropriate number of coaches (Unlimited) on the field for both offense and defense. Coaches must stay 5 yards behind the deepest player. Absolutely no verbal directions, communications or alignment shifts can be made by coaches on the field from when the QB starts his cadence until end of the play. Penalty – Personal foul.
11. **Extra Points:** Following a touchdown the extra points can be made by running or passing. A successful conversion will receive 2-points.
12. **Overtime Games:** N/A Score will not be kept.