

Coaches Toolkit

First and Foremost thank you for volunteering your time to York Little League. As many understand, it is a commitment of time and energy that the YLL board would like to help support. In order to help guide you through this process the YLL Board has created additional resources to aid managers/coaches as you navigate your season.

These are resources for those that would like to utilize them or for those who are just getting started in youth coaching or LLBS coaching. Any manager, who has processes, drills, or their own form of organization that works for them they are encouraged to continue to use them. ***The information provided in the toolkit includes only recommendations and additional resources for those that would like to use them.***

Responsibilities - (P.7 YLL Operating Procedures)

The most important responsibility of a manager or coach is **NOT** winning games, but is the safety, welfare and development of all players. The Minors Divisions will be run as a developmental league where friendly competition will be emphasized along with important life lessons such as sportsmanship and teamwork. The Majors Divisions will be more competitive, but sportsmanship and teamwork must also be emphasized. All managers and coaches will be held to the highest possible standards when dealing with players, umpires, opposing coaches and families.

Team managers and coaches are responsible for the following duties:

- Adhere to the YLL Code of Conduct
- Ensure all coaches/parents/children review and sign the appropriate code of conduct
- Performance and conduct of the team and its spectators at all team functions
- Knowledge of the rules developed by LLBS
- Knowledge of YLL By-Laws and Operating Procedures
- Knowledge of Inter-League Rules for those divisions playing Inter-League games
- Attendance/Representation at all manager meetings
- 3 hours of Coaching Clinics and/or training sessions for the upcoming 2017 season will be available via the YLL website. **This is a mandatory 3 hours for each coaching staff.** It is not required that each manager and coach individually perform 3 hours of training but that 3 hours of training are completed amongst the members of a coaching staff. ***(Soft implementation for 2017)***
- Attend any Safety Clinics conducted by the YLL.
- Ensuring fluid team communication with parents regarding team activities as well as league events. **This includes a mandatory parents meeting which must occur prior to the first regular season game.** It is advised this be done during the 1st week of practices in order to set expectations. Draft agendas will be provided during coaches meetings and will be made available via the YLL website.
- Assume responsibility for any equipment supplied to the team by the league and for returning the equipment at the end of the season.
- (If home manager) Preparing the field, end of game field maintenance and providing volunteers to support the concession stand.
- Providing final scores and pitch count information (baseball only) to Local League office within 24 hours of the completion of the game. All information should be sent to the League at YMLLscores@gmail.com.

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Beginning the Season:

The beginning of the season includes a number of administrative responsibilities, but if organized it can be a pretty simple process. Below is a checklist to help managers ensure they have all the necessary requirements completed. Additionally in the appendix of this document there are a number of helpful items to guide you through these items.

Item	Description	Status
1	Draft	✓
2	Coaches Meeting	✓
3	Welcome Communication	
4	Required Forms:	
	<i>Medical Release Form</i>	
	<i>Volunteer Applications</i>	
5	Coach Selections	
6	Parent Meeting	
	<i>Code of Conduct</i>	
	<i>Player Safety Code</i>	
	<i>Concessions Schedule</i>	

During the season:

1. Practices – organizing practices is important to ensure you are keeping the kids engaged and that you are covering the skills your team will need. In order to help support this process we have provided some sample outlines in the appendix of the document along with the listing of skills and priorities for each division.
 - a. Your team will dictate the best way to implement these and how much you can implement based on the make-up and skills of your team.
 - b. There are links to sample drills and games that will be available via the YLL site.

2. In season
 - a. Communication with your team and parents throughout the season is also key point to remember. Try to communicate with them at a couple of points during the season to ensure they understand what is going on with the team and how the team is progressing to towards the goals you have set for the team.
 - b. Playing Time Review – It is important to review how much time your kids are playing to ensure it is consistent with the expectations you set for the kids and the parents.
 - c. Practice and Development – Keep a close eye on the development of your team and adjust practices as needed to meet those needs.

3. Game Day Responsibilities – Below is a quick list of the game day responsibilities to help you organize your game day.

Item	Home	Away
Concession Volunteers	x	
3 copies of your line-up card	x	x
Field Lined	x	
Field Review for Safety	x	x
End of Game Field Maintenance	x	
Post Scores (Pitch Counts Baseball Only)	x	x

Appendix I: Draft Welcome Communication

Hello Everybody – My name is, [Blank] and I'll be managing this year's [Blank]. I am very excited about the upcoming season and getting to know and work with your kids. Overall, my plan is it to have lots of fun during the season while teaching the kids some of the fundamentals of baseball. I wanted to send out a welcome note to all of you as well as some key information/dates that you'll need to be aware of as the season gets underway. For your sake, I've bolded the items that need to be returned prior to getting started.

- Parent Meeting – please make an effort to attend our team's parent meeting, which will be held on [] at []. The meeting should be anywhere from 30-60 minutes and will be used as an introductory discussion about the schedule, the coaches, the team/parents, and the overall coaching philosophy and York Little League philosophy on the [Minors] division.
- Medical Release Form (attached) – no player will be allowed on the field, for either a practice or a game, without having returned this form. As such, **please have this completed and turned in prior to, or at, our parent meeting.**
- Volunteer Application (attached) - For any parent who would like to help coach, please fill out the attached form which will allow YLL to conduct the necessary background check. To be clear, no one will be allowed to participate coaching until these forms are completed and YLL completes its background checks.
- Code of Conduct (attached) – please review, **sign, and return the attached form at our parent meeting.** In the meantime, please let me know if you have any questions.
- Team Contact Sheet (attached).
- <http://www.yorklittleleague.net> – this is the YLL website that will track our team's schedule including practices and game.
- Team Parent – I need at least one volunteer to be our Team Parent; this person will be responsible for coordinating our team's coverage of the snack bar. Not much else to do other than that.

In the meantime, please let me know if you have any questions, comments, concerns, etc.

Thanks!

[Blank]

Appendix II: Parent/Guardian Meeting Agenda

A pre-season parent meeting is a wise investment; people tend to live up to expectations if they know them. With that in mind YLL **requires** all Managers conduct a parent meeting at the outset of each season for all divisions of baseball and softball. The meeting should be scheduled before one of the first practices and must be completed prior to the first regular season game.

The below outlines a recommended agenda and any **mandatory** items that must be covered:

- **Welcome and Introductions**
 - Share how excited you are about the upcoming season and having their children on your team.
 - Share some of your relevant background as an athlete, coach, parent, etc.
 - Introduce your coaching staff (if already determined)
 - Have the parents/guardians introduce themselves and who their child is

- **Coaching Philosophy**
 - Share your overall philosophy on coaching and building a team culture, ie what are your goals for the season and how you will accomplish them:
 - i. Players have fun!!!
 - ii. Players learn sportsmanship, integrity, and team work
 - iii. Encourage the values of LL (Character, Courage, and Loyalty)
 - iv. Players become more knowledgeable about the sport
 - v. Players improve in their development of the sport
 - vi. Create an overall enjoyable experience for everyone involved
 - Discuss scenarios, such as “What if the umpire makes a questionable call against our team? What do you expect from your players, parents, coaches?”
 - Discuss Conflict resolution and the role of the Player Agent (if unsure, please contact your Player Agent to discuss further).
 - Discuss playing time and the League’s policy depending on the division
 - Parent/Guardian CoC must be reviewed and signed by one parent/guardian per player. (this will be sent out via parent welcome email prior to meeting).

- **Safety & Equipment**
 - Player Safety Policies must be reviewed
 - Medical Release Form (this will be sent out via parent welcome email prior to meeting).
 - Bats/Gloves/Helmets
 - Uniforms

- **Logistics**
 - Make sure everyone has practice and game schedules, contact information, and equipment lists. Leave plenty of time for questions.
 - Communication (YLL site)
 - Concession Duty – Make sure you get a parent to volunteer to oversee this function as soon as possible. You don’t want this as a distraction prior to each game.

- **Volunteers**
 - Review your policy regarding volunteers and the leagues policy to become a volunteer (volunteer forms will be sent out via parent welcome email prior to meeting). Please reinforce that no parent can take the field with the kids until background checks have been completed.

Appendix III: Skills Priority Listing

Minors Fundamental Priorities/Goals

1. Hitting – Fundamentals of the swing
2. Basics of throwing
3. Basics of catching
4. Fielding ground balls
 - a. Infield/outfield
5. Fielding pop-ups
6. Fielding fly balls
7. Pitching (Basics)
8. Catchers (Basics)
9. Base Running Basics
 - a. Sliding
 - b. Introduce Stealing and advancing on PB

Minors Strategic Priorities/Goals

1. Back-up responsibilities
2. General Communication
 - a. Calling fly balls and “in-betweeners”
 - b. Calling out Situations
3. Fielding priorities
4. Run downs (Pickle – run them back to the previous base)
5. Cut-offs (Simple)

Majors Fundamentals Priorities/Goals

1. Concepts to Review
 - a. Hitting – Fundamentals of the swing
 - b. Basics of throwing
 - c. Basics of catching
 - d. Fielding ground balls
 - i. Infield/outfield
 - e. Fielding pop-ups
 - f. Fielding fly balls
 - g. Base Running Basics
 - i. Sliding
2. New or Advanced Concepts
 - a. Bunting
 - b. Pitching Position
 - c. Catchers Position
 - d. Base Running (Advanced)
 - i. Stealing
 - ii. Passed Balls
 - iii. Delayed Steals
 - iv. Tagging Up

Majors Strategic Priorities/Goals

1. Concepts to Review
 - a. Back-up responsibilities
 - b. General Communication
 - i. Calling fly balls and “in-betweeners”
 - ii. Calling out Situations
 - c. Fielding priorities
2. New or Advanced Concepts
 - a. Signs
 - b. Bunt Defense
 - c. Defending the steal
 - d. Run downs (Pickle)
 - e. Cut-offs (Proper Cut-offs)
 - f. 1st & 3rd Plays
 - g. Infield Fly Rule
 - h. Fielding/defending the base
 - i. Proper footwork
 - ii. Double plays
 - iii. Infield in
 - iv. Corners in

Appendix IV: Sample Practice Plan (1)

Practice Outline – 2 hour practice

5:30-5:40: Two laps, dynamic stretches

5:40-5:50: Throwing Warm-ups

5:50-6:00: Hitting Warm-ups
 a. Cage
 b. Tee Warm-ups

Warm – Ups
 30Min

*Use Stretching Time and/or
 Throwing Warm-ups to review the
 practice plan*

6:00-7:00: Stations:
 Divide kids into groups for station work to help maximize practice times. Below are some examples of how time and stations and be separated.

Notes:

- It is best to have 3 to 4 coaches in order to ensure proper direction and safety but this can be done with only two coaches if need be.
- See the sample drills and fundamentals included on the YLL site for specific drills and mix them up to give the kids some variety and/or to focus on the specific needs of your team.

Example 1:

Station one:
Tee Drills:
 Working on ball flight in the outfield

Station two:
Infield fundamentals:
 Glove Progressions

Example 2:

Station one:
Outfield Fundamentals:
 Outfield Progressions

Station two:
Infield fundamentals
 Soft Hands

Example 3:

Station one:
Outfield Fundamentals:
 Shoulders/Footwork

Station two:
Base Running – 2 Game

Station three:
 Pitchers/Catchers Fundamentals

7:00-7:15: Whole team scenarios – use this time to review whole team scenarios such as back-up responsibilities, cut-offs, or on field batting practice.

7:15-7:30: Game – take something you have been working on and make a game out of it. Keep it **fun** and keep the kids engaged.

Wrap-Up
 15 min

Appendix IV: Sample Practice Plan (2)

TIME	FUNCTION	DRILL	NOTES
2:00-2:10	Warm ups	Running Dynamic stretching	
2:10-2:25	Throwing	1. Progressive throwing warm up (keep moving back) 2. Long throws 3. Quick feet/quick hands	Talk about long throws Planks for # of dropped balls
2:25-2:40	Base running	1. Practice leads 2. Three-bases drill	Runners start at H (ghost swing), 1 (lead, go to 3), 3 (tag up) Note: On dive back; reach for back corner to avoid tag; turn head toward outfield to avoid getting hit
2:40-2:55	Everydays	Rolled ground balls	Forehand, backhand, slow roller, short hop, shoestring, slap
2:55-3:10	Outfield	Diamond relay drill	Catcher at home, Two other positions - one is outfielder, runs out to get ball. Other is cutoff. Rotate through. Work on cuts and letting it go through and/or cut
3:10-3:30	Infield/outfield	Situation: 21 outs	Rotate players into positions; include baserunners
3:30-3:50	Hitting	1. Tee work 2. Front toss	Walk-throughs Balance drill
3:50-3:55	Competition	Base relay	
3:55-4:00	Wrap up		

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Appendix V: Sample Line-Up Card – Continuous Batting Order

Manager:	Farrell
Coach:	DiSarcina
Coach:	Butterfield
Coach:	Davis

Game #		1
Opponent		Yankees
Date		29-Apr-17
Location		Smith

Order	#	Player	1	2	3	4	5	6	7	8	9	10
1	15	D.Pedroia	2B	x	P	C	3B	RF				
2	2	X.Bogarts	SS	x	RC	LC	LF	1B				
3	50	M.Betts	RF	2B	x	P	C	3B				
4	13	H.Ramirez	1B	SS	x	RC	LC	LF				
5	48	P.Sandavol	3B	RF	2B	x	P	C				
6	40	A. Benintendi	LF	1B	SS	x	RC	LC				
7	7	C.Vazquez	C	3B	RF	2B	x	P				
8	25	J.Bradley	LC	LF	1B	SS	x	RC				
9	24	D.Price	P	C	3B	RF	2B	x				
10	12	B. Holt	x	LC	LF	1B	SS	x				
11	22	R.Porcello	x	P	C	3B	RF	2B				
12	30	C.Young	RC	RC	LC	LF	1B	SS				

Unavailable												
	46	C.Kimbrel										

x Player is not in the field for the half inning

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Appendix V: Sample Line-Up Card – Standard Batting Order

Manager:	Farrell
Coach:	DiSarcina
Coach:	Butterfield
Coach:	Davis

Game #	1
Opponent	Yankees
Date	29-Apr-17
Location	Smith

Order	#	Player	1	2	3	4	5	6	7	8	9	10
1	15	D.Pedroia	2B	2B	CF	CF	1B	1B				
2	2	X.Bogarts	P	P	SS	SS	CF	CF				
3	50	M.Betts	C	C	2B	2B	RF	RF				
4	13	H.Ramirez	RF	RF	1B	1B	SS	SS				
5	48	P.Sandavol	LF	LF	x	x	x	x				
	30	C.Young	x	x	LF	LF	2B	2B				
6	40	A. Benintendi	SS	SS	x	x	x	x				
	41	C.Sale	x	x	3B	3B	P	P				
7	7	C.Vazquez	1B	1B	C	C	3B	3B				
8	25	J.Bradley	3B	3B	RF	RF	x	x				
	48	P.Sandavol	x	x	x	x	C	C				
9	24	D.Price	CF	CF	P	P	x	x				
	40	A. Benintendi	x	x	x	x	LF	LF				
Substitutes												
	30	C.Young	x	x								
	41	C.Sale	x	x								
	48	P.Sandavol			x	x						
	40	A. Benintendi			x	x						
	25	J.Bradley					x	x				
	24	D.Price					x	x				
Unavailable												
	46	C.Kimbrel	x	x	x	x	x	x	x	x	x	x

x	Player is not in the line-up in that batting slot for the half inning
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Appendix VI: Rules Quick Reference

The below listing of rules is provided as a reference tool to aid Managers and Coaches of YLL with some common rules and guidelines used in LLBS play. **This listing is by no means a replacement of the LLBS rules or the YLL operating procedures and both documents should be reviewed by each manager and coach every season.**

2017 LLBS Rule Changes:

1. Playing Rule 6.08(a)(2) – This is a change in the use execution of the intentional walks in LLBS.
Prior to a pitch being thrown, the defense elects to “Intentionally Walk” the batter by announcing such decision to the plate umpire.
 - Note 1: Such notification must be made by the defensive manager. The manager must request and be granted “time” by the umpire and then inform the umpire of the defense’s intent to walk the batter.
 - Note 2: The ball is dead and no other runners may advance unless forced by the batter’s award. Four (4) pitches will be added to the pitch count.
2. Playing Rule 6.02(c) – **After entering the batter’s box, the batter must remain in the box with at least one foot throughout the at bat.**
 - Note 1: There are exceptions to this so please review the official language included in the Official LLBS rulebook.
 - Note 2: The penalty for not doing so will be a warning the first time, at any point following the warning the umpire can issue a called strike.

2017 YLL Rule Changes:

1. Minimum Play for Minors Baseball - YLL has instituted an approach that is more player development oriented **requiring nine defensive outs and one at bat per game**. As this is a developmental league, this will ensure equitable time for all participants to progress (P. 24 YLL 2017 By-Laws and Operating Procedures).
2. Practice Swings – Prior to the beginning of an inning or during pitching changes participants will not be allowed to take practice swings outside the batter box.

General Rules:

1. **The Substitution Rule** - OFFICIAL REGULATIONS, ARTICLE IV, SECTION (i)
Every rostered player present at the start of a game will participate in each game for a minimum of six (6) defensive outs and bat at least one (1) time. For the purposes of this rule, “six (6) defensive outs” is defined as: A player enters the field in one of the nine defensive positions when his/her team is on defense and occupies such position while six outs are made; “bat at least one (1) time” is defined as: A player enters the batter’s box with no count and completes that time at bat by being retired or by reaching base safely.

PENALTY: The player(s) involved shall start the next scheduled game, play any previous requirement not completed for Section (i) and the requirement for this game before being removed.

The manager shall for the:

- A. First Offense – receive a written warning.
- B. Second Offense – a suspension for the next scheduled game.
- C. Third Offense – a suspension for the remainder of the season.

NOTE 1: If the violation is determined to have been intentional, a more severe penalty may be assessed by the board of directors. However, forfeiture of a game may not be invoked.

NOTE 2: There is no exception to this rule unless the game is shortened for any reason, at which time the Local League may elect not to impose a penalty on the manager/coach. However, the penalty in this regulation regarding the player who did not meet mandatory play cannot be reduced or waived in a shortened game.

NOTE 3: In Minor League, if a half-inning ends because of the imposition of the five-run limit in “Rule 2.00 – Inning,” and a player on the defense has played for the entire half-inning, that player will be considered to have participated for three consecutive outs for the purposes of this rule. However, if the player has not played on defense for the entire inning, that player will be credited only as having played for the number of outs that occurred while the player was used defensively.

2. Pitchers (Baseball Only)

- A pitcher once removed from the mound cannot return as a pitcher
- A pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day.
 - Pitching Q&A #17. **Why is there a regulations prohibiting a player from moving from pitcher to catcher in the same day?** Medical authorities and experts say that a player who warms up to pitch, and then pitches, should not play catcher for the remainder of the day. Doing so does not provide enough “cool down” time for such a player. The same is not true for catchers who may become pitchers.
- Pitch Counts:
 - 11 -12: 85 pitches per day
 - 9-10: 75 pitches per day
 - 7-8: 50 pitches per day

Note 1: If a pitcher reaches the limit imposed in Regulation VI (c) for his/her league age while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs: 1. that batter reaches base; 2. That batter is put out; 3. The third out is made to complete the half-inning.

- Rest
 - If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
 - If a player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed.
 - If a player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed.
 - If a player pitches 21 - 35 pitches in a day, one (1) calendar days of rest must be observed.
 - If a player pitches 1-20 pitches in a day, no (0) calendar day of rest is required.

Examples:

1. A league age 12 pitcher delivers 70 pitches in a game on Monday. The next scheduled game is on the following Thursday. The pitcher *is not* eligible to pitch in the game because he/she has not observed the required days of rest.
2. A league age 12 pitcher delivers 70 pitches in a game on Monday. The next scheduled game is on the following Friday. The pitcher *is* eligible to pitch in the game because he/she has observed the required days of rest.

Appendix VII: Scheduling

Practice - Practice Schedules will be provided to all teams in advance of the season beginning. Unfortunately due to the variability of the weather in New England this will change from year to year and will also be dictated by field conditions for each of the fields utilized by YLL. The YLL Scheduling Coordinator (**2017 Bob Hanson**) will communicate the schedules when they are available and these schedules will be made available via the YLL site.

- Smith Field – Practices are 2 hours long which includes 1hr 30min of field time and 30min of cage time.
Example Below:

Time	Team	Execution:
1:30 PM	Marlins	Mets show at 3pm and have access to the cage from 3-330. At 330, the Marlins clear out and the Mets have the field and cage from 330-430. At 430 the A's have the cage while the Mets remain on the field until 5. A's have the field and cage from 5-6. At 6, the A's clear out of the cage for the Padres, etc..
3:00 PM	Mets	
4:30 PM	A's	
6:00 PM	Padres	

- Bog Road – Practice times are 1 ½ hours. Coaches can have teams show 15min to 30min in advance of this for warmups but this is left to each coach to decide and communicate appropriately to their teams.
- Beach Field - Practice times are 1 ½ hours. Coaches can have teams show 15min to 30min in advance of this for warmups but this is left to each coach to decide and communicate appropriately to their teams.
- Village Field - Practice times are 1 ½ hours. Coaches can have teams show 15min to 30min in advance of this for warmups but this is left to each coach to decide and communicate appropriately to their teams.

Practice Cancelations/Re-scheduling/Additions - If practices are cancelled they will not be rescheduled by YLL. Schedules for each field will be available via the YLL site and these schedules will include times scheduled by YLL as well as times these fields are unavailable due to town use (where applicable). If Managers/Coaches would like to schedule additional practices they should consult these schedules and then notify the YLL Scheduling Coordinator to confirm the time as well as to make sure the calendars can be updated appropriately. The YLL scheduling coordinator will coordinate with the York Department as appropriate all YLL scheduling needs.

Regular Season - Regular season team schedules will be distributed as soon as they are available and will include both YLL play as well as any inter-league games scheduled. The below sections discuss cancelations and re-scheduling but please keep in mind that our schedule and resources are extremely tight, so we want try your best to play every game within reason.

Note: Based on LLBS rules we have a minimum of games that must be played to qualify for post-season play.

Cancelations - The YLL Board has the authority to cancel games in the event of an obvious impending forecast where conditions could present and issue with the safety of our participants. This will also include situations where playing on a field could damage the field and potentially impact games on following days. The YLL Board will give the authority of cancellation to the managers after 2pm of game day. That said managers should do their best to try and make the call 2 hours in advance of the game start time so parents/umpires can be notified. If cancelation is determined please contact Bob Hanson and your respective VP so everyone can be informed. Once the game begins all authority for the calling of a game is with the umpires.

Note: It is the policy of YLL to not reschedule games for conflicting non-YLL games

Re-Scheduling - Once the decision is made to cancel, managers should decide on a couple of options that may work for a make-up game (consider using the Sunday practice day if it is a league game). Be sure to reference both Major and Minor schedules when considering your make-up date options. Notify Bob Hanson of your decision (text 207-752-1029 or bob.hanson@gmail.com) and send your recommended make-up date(s) so we can confirm field availability and notify any umpires who have been scheduled.

Appendix VIII – Field Maintenance

Regular Field Maintenance

Smith field is the only field that is owned by YLL but all of the fields are our responsibility to maintain to some extent while our season is underway. This is an important aspect as it relates to safety but also lends itself to the overall experience our athletes have as participants in YLL. **Regular field maintenance should be done between practices and following games.**

With that in mind below are the regular field maintenance procedures all managers and coaches should follow at it relates to the fields used by YLL. All other field matters not described below should be brought to the attention of the YLL BoD Fields Representative (2017 – John Gennaro).

Smith Field:

1. Field mix should be used to fill in the holes on the infield, especially where the kids are going to slide. Field mix is stored behind the Right Field Fence.
2. If there are holes on the infield (not the mound), instead of just raking, we should fill in with field mixture then tamp it down. If the holes are wet, skim out the wet dirt with a flat shovel and save it, then fill in with the dry mixture and tamp. (Any wet mix removed should be saved and place in the pile next to the field mix.)
3. If the infield is a little wet but there are no significant holes we can get away with Quick Dry and raking flat.
4. The wet mixture that has been skimmed and saved can be used to fix holes on the mound as it will harden properly for use on the mound.
5. Field should be dragged from the outside in and then do the base paths with drag not the rakes (ok for kids to do it just make sure they do it properly).
6. Large cover should be used to cover home plate area (careful as it should not cover the grass. Small cover should cover mound and landing area. Covers should be stored behind the right field fence.
7. Hitting should be done from outside the batter's box or from on top of a carpet or mat.
8. When coaches are throwing batting practice, they should be throwing from down low on the mound, even if you have to move your batters back.
9. As a General Guideline:
 - a. **Lightly** used with no holes – Just dragged and raked
 - b. More **vigorously** used - holes should be filled and tamped.
 - c. Tarps and tools should be kept in the shed in Right Field
 - d. Home Team is responsible for Maintenance following games (last team of the night should put tarps on).

Beach Field/Bog Road Field:

1. If the infield is a little wet but there are no significant holes we can get away with Quick Dry and raking flat.
2. Field mix will be stored at the field within the concessions stand to be used to fill holes and repair the field when it has become too wet for play.
3. Field should be dragged from the outside in and then do the base paths with drag not the rakes (ok for kids to do it just make sure they do it properly).
4. Hitting should be done from outside the batter's box or from on top of a carpet or mat.
5. When coaches are throwing batting practice, they should be throwing from in front of the mound, even if you have to move your batters back.
6. Home team is responsible for maintenance following each game and practice.
7. All tools should be returned to the concession building at the conclusion of each day.