

Little League Pitch Count Rules

League Age	Maximum # of Pitches
7-8	50
9-10	75
11-12	85

If a pitcher reaches his/her threshold while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs:

1. That batter reaches base;
2. That batter is put out;
3. The third out is made to complete the half inning.

Pitch Count	Days of Rest
66 to 85	4
51 to 65	3
36 to 50	2
21 to 35	1
1 to 20	None

If a pitcher reached a day(s) of rest threshold while facing a batter, the pitcher may continue to pitch until one of the following conditions occurs: 1. The batter reaches base; 2. That batter is retired; 3. The third out is made to complete the half-inning. The pitcher will only be required to observe the calendar day(s) of rest for the threshold he/she reached during that at-bat, provided that pitcher is removed before delivering a pitch to another batter. For example, a pitcher starts a batter with 49 pitches. He retires the batter on the 53rd pitch. If removed from the game, his pitch count would revert back to the threshold reached, 50, and he would only be required to have 2 days of rest.

Days of Rest Guide

Game Day

Threshold Reached and Next Available Day

	20 Pitches	35 Pitches	50 Pitches	65 Pitches	85 Pitches
Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Thursday	Friday	Saturday	Sunday	Monday	Tuesday
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday