

Cathy Johnson
Coach 9U - Fierce

Coach Cathy grew up in Villa Hills, KY and began playing when she was five. She played her high school soccer at St. Henry while also playing on a select team. Cathy continued to play into her college years, joining a club team at UK for a while.

During her high school years Cathy worked alongside her family as an assistant coach for some of the Winning Mood summer soccer camps held in Villa Hills. After college she began volunteering as a coach for youth teams. She was away from the game for a while but like so many other coaches it was her own children's involvement in soccer that drew her back to the sport she loved. "Once my kids started playing, the soccer "itch" returned and here I am."

Coach Cathy began coaching with Fusion FC at the beginning of the Fall 2016 season and she went very quickly from assisting with our U9 Academy teams to actually running most of their training sessions on her own. In her own words, Coach Cathy's focus is on "developing the individual player to get them comfortable with a ball at their feet. After that, building on all elements required to be a great player...skills, movement off the ball, striking, positional play, tactics, defending, attacking, vision, etc." Like all the Fusion FC coaches, Cathy has embraced the idea that a big part of her job is to convince her players that it's okay to make mistakes, that struggling to learn new skills is going to involve some failures and you've got to accept that. "Failing is part of learning."

"The adrenaline rush for me is when that moment occurs on the field where it feels like time slows, everything gets quiet and as a coach you get a front row view of watching the players use what they have learned... to move with and without the ball... creating a beautiful display of the game. Even if it is only five seconds out of a game I consider that a "win"." - Coach Cathy

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