



# Nor Cal Rush Soccer Copper Skills Passport

Name: \_\_\_\_\_

| Dribble with outside Laces (Small Touches) |  |
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| Dribble ball under control                 |  |
| Use outside laces (Right Foot)             |  |
| Use Outside Laces (Left Foot)              |  |
| Keep ball under control                    |  |

| Dribble with outside Laces (Big Touches) |  |
|--|--|
| Dribble ball under control               |  |
| Use outside laces (Right Foot)           |  |
| Use Outside Laces (Left Foot)            |  |
| Keep ball under control                  |  |
| Accelerate after each touch              |  |