

Reno Continental Little League: COVID-19 Safety Plan

Updated 6/11/2020

This safety plan has been drafted to incorporate guidelines and recommendations from the Centers for Disease Control (CDC) and Little League International and to adhere to directives and guidelines established by the State of Nevada and the City of Reno. As guidelines and circumstances change modifications will be made to ensure continued compliance and to incorporate best practices related to the safety and mitigation of the spread of COVID-19. The information in this document is specific to COVID-19 and will be implemented in addition to all of our standard safety protocols. These processes will be overseen by the RCLL COVID-19 League Coordinators listed below.

Reno Continental COVID-19 League Coordinators: Steve O'Brien, Kevin Edwards, Alfredo Alonso

GENERAL GUIDELINES

The following guidelines will be implemented:

- Review CDC and state and local guidelines on a weekly basis; update plans as needed
- Encourage the use of face coverings, whenever possible and appropriate
- Remind participants, volunteers, and spectators to wash their hands often
- Remind participants, volunteers, and spectators to practice social distancing
- Require that anyone not feeling well, anyone demonstrating symptoms of COVID-19, or anyone with a known exposure to a person with COVID-19 not attend any RCLL activity.
- Request that Reno Continental Little League be notified immediately if any player, volunteer, or family member test positive for COVID-19.

ON-FIELD and IN-GAME GUIDELINES FOR PLAYERS, COACHES, and UMPIRES

Personal Contact and Personal Protective Equipment:

- Players will be encouraged and reminded to maintain social distancing (in warm-ups, drills, and while in the dugout). Players will be assigned spots in the dugout or in the stands to ensure that they maintain six feet of distance.
- Players will be asked to refrain from handshakes, high fives, and other forms of personal contact between or within teams.
- Coaches, volunteers, and umpires should wear PPE (face coverings and/or gloves) whenever possible; players should wear protective face coverings when in close contact with others and in places where social distancing is not feasible.

Food and Drink:

- Players, coaches, and umpires will bring their own personal drinks and snacks. No shared food or drink will be permitted. Water bottles should be labeled with player names.
- Shared drinking fountains will be taped off; the league will provide access to individual bottled water for any player who forgets to bring their own.
- Gum, sunflower seeds, and other such snacks that encourage spitting are not allowed. Players, coaches, and spectators will be asked to refrain from spitting at all times.

Equipment:

- All personal player equipment will be placed outside the dugout to avoid contact and maintain proper spacing.

- Players should refrain from sharing equipment; if sharing of critical equipment is unavoidable, all surfaces of shared equipment will be cleaned and disinfected before being used by a new player. Each team will have access to an EPA-approved disinfectant for this purpose.
- Baseballs used in pre-game warmups will be kept separate from those used in the game; game balls will be rotated on a regular basis (at least every two innings).
- Non-players or coaches should avoid contact with equipment or baseballs.

FACILITY and ADMINISTRATIVE OPERATIONS

Spectator Attendance:

- Spectators will be asked to follow social-distancing guidelines and are encouraged to wear face coverings whenever possible.
- Attendance at games to essential volunteers and immediate family member(s). The specific number of family members permitted will depend on maximum gathering guidelines set forth by the state and local government.
- Spectators should bring their own seating or portable chairs, if possible, as access to stands will be limited.

Cleaning and Disinfecting:

- Frequently touched surfaces such as doorknobs, light switches, field equipment, restrooms, etc. should be cleaned and disinfected before and after all games and practices.
- Approved cleaning and disinfecting supplies as well as hand sanitizer will be provided by the league and will be available at the main facility and to each individual team.
- A cleaning/disinfecting schedule will be established by the COVID-19 league coordinator

Public Restrooms:

- Usage of public restrooms will be discouraged, unless absolutely necessary.
- Adequate handwashing supplies will be provided and replenished as needed (soap, paper towels, etc.). Post signs in bathroom on appropriate handwashing techniques.
- Implement a one-in-one-out bathroom policy.

Game and Practice Scheduling:

- Games and/or practices will be scheduled so as to minimize the number of individuals at the fields at any given time and to ensure sufficient time between games or practices to implement required cleaning and disinfecting protocol.
- Arrival times to the fields will be staggered at minimum 30-minute break in between the finish of one session and the start of the next session, to allow for departure and arrival without crowding.
- Players and coaches will be asked to arrive no earlier than 15 minutes prior to a session and depart no later than 15 minutes after completion of their session.

League Communications:

- Information about COVID-19 risks and these guidelines and procedures will be disseminated to all families, volunteers, and spectators via participant emails, social media, and league website.
- Appropriate signs and messages related to social distancing, handwashing, and COVID-19 risks will be hung in highly visible locations throughout the facility.
- Safety training on these protocols will be provided to all coaches and volunteers.

