

CURRENT (2/26/2021) CDPH GUIDELINE REQUIREMENTS

The following guidelines are required by the California Department of Public Health once your county case rate reaches 14 (or less) per 100,000 and you wish to resume competitive play (team-vs-team) regardless of the "color" of your tier:

- Face coverings to be worn when not participating in the activity (e.g. on the bench)
- Face coverings to be worn by managers, coaches, support staff and observers at all times and in compliance with CDPH Guidance for the Use of Face Coverings
- Maintain 6 feet of distance between participants and others to the maximum extent possible (including when on the bench)
- Observers maintain at least 6 feet from non-household members
- No sharing of drink bottles and other personal items and equipment
- Mixing with other households prior to and post any practices or competition must strictly adhere to current gathering guidance
- Limit indoor activities to comply with capacity limits indicated in CDPH Gym & Fitness Center Guidance Capacity
- Associated indoor activities for the team (e.g. dinners, film study) are prohibited if engaged in competition
- Teams must not participate in out-of-state games and tournaments
- Balls or other objects or equipment can be touched by multiple players during practice and play if hand hygiene (washing with soap and water or use of alcohol based hand sanitizer) practices are followed
- Informed Consent Form required

Limitations on Observers

- Limit observation of youth sports (18 and under) to immediate household members and for the strict purpose of age-appropriate supervision. This includes observation of practice and competition. Limit number of observers to ensure physical distance can be maintained, reduce potential crowding, and maintain indoor and outdoor capacity limits.
- Consider video streaming of games

Inter-League/Inter-team Competition and Tournaments

- Permitted to occur only if (a) both teams are located in the same county or (b) teams are located in immediately bordering counties
- Teams adhere to current CDPH Travel Advisory recommendations when determining travel for competition in neighboring counties
- No tournaments or events involving more than two teams
- One competition per team per day
- Travel by private car limited to only those within the immediate household