

RCSA Spring Soccer 2021 Guidelines

Before every practice & game:

1. Check in each child by checking their temperature, asking them about Covid symptoms, and having them sanitize their hands. Turn away kids who have fevers or other symptoms.
2. Record names and dates to allow for contact tracing if needed.

During practice:

1. Keep each kid using one ball as much as possible.
2. Kids should be masked and distanced when on the bench or not actively participating.
3. No high fives or other touching.
4. Stop every 20 minutes to have everyone sanitize hands.
5. If you use pinnies there's no sharing or swapping and they must be washed after each use.

During games:

1. Spectators should be distanced and/or masked and on their side of the field.
2. Players must be masked and distanced when not actively playing in the game.
3. When "making walls" to defend direct or indirect kicks, kids must be 3 feet apart.
4. No drop balls for restarts.

5. No handshakes etc. at end of game. Consider standing apart and cheering the other team.
6. Any snacks or drinks must be individually packaged for each child.
7. If you use pinnies there's no sharing or swapping and they must be washed after each use.