



SOPHOMORE YEAR TO DO LIST:

- ★ Maintain and improve your time management skills
- ★ Study -- Study -- Study -- Your GPA is VERY important!
- ★ Work on improving your game on your time
 - Ball work - Footskills, 1st touch, Ball Control, Striking, etc.
 - Strength & Fitness
 - Speed, Agility & Quickness
- ★ Participate in ODP
 - Having ODP on your Player Profile can be helpful to show college coaches your level of play and commitment
- ★ Attend College ID Camps
 - Attend College ID Camps that have many different schools in attendance
 - Attend College ID Camps of our local universities (ETSU, King, Milligan)
- ★ Create and update your player profile
- ★ Create your highlight video. If it is already created continue adding to your highlight video
- ★ Identify at least 20 colleges or universities you would be interested in attending
 - Research them online
 - Take the virtual tours
 - Research the soccer program
- ★ Begin to reach out to the schools you have identified
 - They may not respond to you quickly because of your graduation year
 - Be persistent and polite
- ★ Read the NCAA publication -- Guide for the College-Bound Student Athlete (http://fs.ncaa.org/Docs/eligibility_center/Student_Resources/CBSA.pdf)



❖ JUNE - JULY

- Update or create your Player Profile and send it to schools you are interested in
 - 20 schools is the goal
- Attend College ID Camps
 - Attend ID Camps that have multiple colleges attending the camp
 - Attend ID Camps hosted by ETSU, King, and Milligan
- Create or update your highlight video
 - Reach out to schools you are communicating with with your updated highlight video

❖ AUGUST

- Start the school year off by staying ahead on your assignments
- What is your Weighted GPA? _____
- What is your Unweighted GPA _____
- Read the NCAA publication -- Guide for the College-Bound Student Athlete
(http://fs.ncaa.org/Docs/eligibility_center/Student_Resources/CBSA.pdf)
- Meet with your guidance counselor and review your academic curriculum.
 - Confirm you are meeting NCAA core course requirements
 - Get your GPA based on these classes.
- Update your player profile and communicate the update to the schools on your list
- **BOYS AND GIRLS** communicate your College Showcase Event schedule to the schools you are in contact with
- **BOYS** communicate your club game schedule with details to the schools you are interested in
- **GIRLS** communicate your high school game schedule to local schools you are interested in



❖ SEPTEMBER - OCTOBER

- Attend college soccer games
 - See what it's like at the next level
- Continue to communicate with schools on your list
- Update your player profile and communicate the update to the schools on your list
- Add to your highlight video and communicate the update to the schools on your list
- **BOYS** send your game details for State Cup to schools you are communicating with
- **GIRLS** send your game details for the District, Regional, or State tournament games to the schools you are communicating with

❖ NOVEMBER - DECEMBER

- Meet with your guidance counselor to discuss your academic curriculum for Spring
- **BOYS AND GIRLS** communicate the game details to the schools on your list for the College Showcase Events you are attending
- Attend college soccer games
 - See what it's like at the next level
- Continue to communicate with schools on your list
- Update your player profile and communicate the update to the schools on your list
- Add to your highlight video and communicate the update to the schools on your list
- Attend a College ID Camp with multiple schools attending
- Attend a College ID Camp locally at ETSU, King, or Milligan



❖ JANUARY - FEBRUARY

- Attend a College ID Camp with multiple colleges attending
- Attend a College ID Camp locally with ETSU, King, or Milligan
- Continue to communicate with schools are your list
- Update your player profile and communicate the update to the schools on your list
- Add to your highlight video and communicate the update to the schools on your list
- **GIRLS** send your club game schedule with details and your College Showcase Event schedule with any available details to schools you are communicating with
- **BOYS** send your high school game schedule to local schools you are interested in
- Take 1-2 schools off of your list
 - Based on your interest in the school
 - Based on the amount of communication with the school

❖ MARCH

- Take the PSAT
- Continue to communicate with schools are your list
- Update your player profile and communicate the update to the schools on your list
- Add to your highlight video and communicate the update to the schools on your list
- **GIRLS** send your game details for upcoming College Showcase events to schools you are communicating with
- Take 1 school off of your list



❖ APRIL - MAY

- Take the PSAT
- Continue to communicate with schools on your list
- Update your player profile and communicate the update to the schools on your list
- Add to your highlight video and communicate the update to the schools on your list
- **GIRLS** send your game details for State Cup and Regional Cup events to schools you are communicating with
- **BOYS** send your game details for the District, Regional, or State tournament games to the schools you are communicating with and any Regional Cup event details
- Take 1-2 schools off of your list
 - You should be down to 15 schools

MOVE ON TO THE RECRUITING TO DO LIST - JUNIORS