

2018 Youth-MS Fall Lacrosse

Player Development Program (“PDP”): For *returning youth and middle school players* with a focus on further developing essential lacrosse skills as well lacrosse knowledge and experience through simulated game situations for each level. The program is designed to enable the players to move more seamlessly into their next level of competition. The program will consist of 5 sessions held on Sunday afternoons beginning Sunday, September 9, 2018 through Sunday, October 7, 2018. A focused approach on these skills will also enable the players to move more seamlessly into their next level of competition, including the Junior Varsity and Varsity levels of play.

Players must have a current US Lacrosse number and all lacrosse equipment/pads (helmet, shoulder pads, arm pads, gloves, stick, mouthpiece, cleats, and athletic cup). The program will be held at Lindner Field at the Cranberry Township Community Park, and will run as follows:

- **WHEN:** *Sunday afternoons:*
 - *September 9th & 16th and October 7th from 4:30 – 6:30 PM*
 - *September 23rd & 30th from 1:00 – 3:00 PM*
- **WHERE:** Lindner Field at Cranberry Township Community Park
- **AGES:**
 - **14U:** Must be 14 or younger as of Sept. 1st
 - **12U:** Must be 11 or younger on Sept. 1st
 - **10U:** Must be 10 or younger on Sept. 1st
 - **8U:** Must be 8 or younger on Sept. 1st
- **COST:** \$75 per player

Introduction to Lacrosse Skills Program (“ILS”): For younger, first time players to be introduced to this exciting sport. The ILS will focus on the teaching essential lacrosse skills such as passing, catching, dodging and groundballs to give these players a jump start on the spring season should they continue to take interest in this fast growing sport. Since we will be using softer lacrosse balls for training, the only required equipment is a lacrosse stick, mouth guard and cleats. The program will be held at Lindner Field at the Cranberry Township Community Park, and will run as follows:

- **WHEN:** *Sunday afternoons:*
 - *September 9th & 16th and October 7th from 4:30 – 5:30 PM*
 - *September 23rd & 30th from 1:00 – 2:00 PM*
- **WHERE:** Lindner Field at Cranberry Township Community Park
- **AGES:** All ages with little or no previous lacrosse experience
- **COST:** \$25 per player

The SVLA is excited to offer these programs once again in response to numerous requests. Please complete the attached form and send it to **SVLA Fall Ball, 118 Clearbrook Drive, Cranberry Twp., PA 16066**. We look forward to working with and developing the future stars of the program! If you have any questions email: adam.alexander@lh.com.



Registration Form for YOUTH and MS Lacrosse

PLAYER INFORMATION (PLEASE PRINT)

Player 1 Name _____
Last, First

US Lacrosse number _____

Date of Birth _____ Current School Grade _____
mm/dd/yy *1-2-3-4-5-6-7-8*

Email address _____ (for player if available)

Player 2 Name _____
Last, First

US Lacrosse number _____

Date of Birth _____ Current School Grade _____
mm/dd/yy *1-2-3-4-5-6-7-8*

Email address _____ (for player if available)

FAMILY INFORMATION (PLEASE PRINT)

Father / Guardian _____
Last, First

Cell phone _____ Email _____

Mother / Guardian _____
Last, First

Cell phone _____ Email _____

Registration Fee - Due 8/21/2018

PDP = \$75.00

14U – 14 years old or younger on Sept. 1st and 12U – 11 years old or younger on Sept. 1st
10U – 9 years old or younger on Sept. 1st, and 8U – 7 years old or younger on Sept. 1st

ISL = \$25.00 (per Player)

Player Name	Age Group	Program
One _____	_____	PDP or ISL Fee \$ _____
Two _____	_____	PDP or ISL Fee \$ _____

Total: \$ _____

Check Number _____

Parent / Guardian Signature _____

Mail payment to: SVLA HS Fall Ball, 521 Luke Court, Cranberry Twp. PA 16066

Questions – email svlacrosse2023@gmail.com