



2020 Youth/MS Lacrosse Fall Ball

Introduction to Lacrosse Skills Program ("ILS"):

- WHO:
 - This program is for first time players to be introduced to this exciting sport. All ages (pre-K – 8th Grade) with little or no previous lacrosse experience.
 - WHAT:
 - The ILS will focus on the teaching essential lacrosse skills such as passing, catching, dodging and groundballs to give these players a jump start on the spring season should they continue to take interest in this fast-growing sport.
 - Since we will be using softer lacrosse balls for training, the only required equipment is a lacrosse stick, mouth guard and cleats.
 - WHERE:
 - Lindner Field at Cranberry Township Community Park – next to the dog park ([map](#))
 - WHEN:
 - Sunday September 20th check in at 4:30. 5:00- 6:00 bring a friend day
 - Sunday September 27 from 4:30 - 5:30 PM
 - Sunday October 4th from 4:30 - 5:30 PM
 - Sunday October 11th from 4:30 - 5:30 PM
 - Sunday October 18th from 4:30 - 5:30 PM
 - Saturday October 24th from 1:00 - 2:00 PM
 - PROGRAM COST:
 - \$25 per player
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Player Development Program ("PDP"):

- WHO:
 - This program is for returning youth and middle school players and will focus on developing lacrosse skill and IQ.
- WHAT:
 - New this year, we will be doing two sessions per week. The weekday session will focus on skill building and the weekend sessions will primarily be in-house style games/scrimmages. In addition to this we are working on trying to coordinate a couple scrimmages/games against local associations. Scrimmage/game information to be provided once finalized.
 - Players must have a current US Lacrosse number and all lacrosse equipment/pads (helmet, shoulder pads, arm pads, gloves, stick, mouthpiece, cleats, and athletic cup).
- WHERE:
 - Lindner Field at Cranberry Township Community Park – next to the dog park ([map](#))
- WHEN:
 - Sunday September 20th check in at 4:30. 5:00- 6:00 bring a friend day
 - Tuesday, September 22nd from 5:00 - 6:30 PM
 - Sunday September 27th from 4:30 - 6:30 PM
 - Tuesday, September 29th from 5:00 - 6:30 PM
 - Sunday October 4th from 4:30 - 6:30 PM
 - Tuesday, October 6th from 5:00 - 6:30 PM
 - Sunday October 11th from 4:30 - 6:30 PM
 - Tuesday, October 13th from 5:00 - 6:30 PM
 - Sunday October 18th from 4:30 - 6:30 PM
 - Tuesday, October 20th from 5:00 - 6:30 PM
 - Saturday October 24th from 1:00 - 3:00 PM
- PROGRAM COST:
 - \$75 per player

The SVLA is excited to offer these programs once again in response to numerous requests. Please complete the attached form and send it along with your check, made out to "SVLA", to **SVLA Youth/MS Fall Ball, 116 Averbs Way, Cranberry twp., PA 16066**. We look forward to working with and developing the future stars of the program! If you have any questions email Bryan Wilson at: wilsonbm@zoominternet.net



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Registration Form for Youth/MS Fall Ball:

PLAYER INFORMATION (PLEASE PRINT)

Player 1 Name _____
Last, First

US Lacrosse Number _____
Required for "PDP", not required for "ILS"

Date of Birth _____ Current School Grade _____
mm/dd/yyyy *1-2-3-4-5-6-7-8*

Player Email Address _____ (if available)

Player 2 Name _____
Last, First

US Lacrosse Number _____
Required for "PDP", not required for "ILS"

Date of Birth _____ Current School Grade _____
mm/dd/yyyy *1-2-3-4-5-6-7-8*

Player Email Address _____ (if available)

FAMILY INFORMATION (PLEASE PRINT)

Father / Guardian _____
Last, First

Cell Phone # _____ Email _____

Mother / Guardian _____
Last, First

Cell Phone # _____ Email _____

Registration Fee – Due by 9/20/2020

ILS = \$25.00 per Player

PDP = \$75.00 per Player

<u>Player Name</u>	<u>Program (circle one)</u>
One _____	ILS or PDP Fee \$ _____
Two _____	ILS or PDP Fee \$ _____
	Total: \$ _____

Check Number _____ (make check out to "SVLA")