

LITTLE LEAGUE PHYSICAL DISTANCING AND SAFETY PLAN
FOR SAN DIEGO COUNTY

Little League Name: Sweetwater Valley Little League
Facility Address: 3321 Conduit Road, Bonita, CA 91902

1. All measures of the San Diego County Social Distancing and Sanitation protocol must be in place.
2. This checklist represents additional requirements for Little League Baseball organizations to be operational in San Diego County. Post a copy of this physical distancing and safety plan for San Diego County at each entrance and at relevant buildings throughout the facility.
3. Measures to promote sanitization and safety at Little League facilities:
 - A. Restrooms must be cleaned and sanitized regularly while players and fans are present.
 - B. Markings should be placed on the ground to ensure people waiting to use the restroom are spaced six feet apart.
 - C. There will be no physical touching permitted with any player, coach, spectator, or other volunteers.
 - D. Board members and snack bar manager must be trained in regards to protocols established by the Centers for Disease Control and Prevention (CDC) and health experts. Key volunteers must be provided the requirements of **How to Protect Yourself and Others** <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention-H.pdf>.
 - E. All volunteers must follow County of San Diego and their city's requirements for face coverings and other personal protective equipment.
 - F. Board members, managers and coaches must be trained to recognize the symptoms of coronavirus (COVID-19) and know how to act responsibly if they detect or exhibit symptoms according to the CDC <https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms.pdf>
 - G. All members are asked to refrain from coming to the facility if they or members of their household have COVID-19 or are experiencing symptoms concerning for COVID-19.
 - H. Traffic flow patterns will be established to allow screening of members prior to facility entrance. Entrance will be on Conduit and exit will be to San Miguel Road.
4. Measures to protect players and spectators during practices beginning _____:
 - A. Team organized practices for baseball may begin unless circumstances dictate a change in date.
 - B. Dugout use will not be allowed. Players' items should be lined up against a fence at least six feet apart.
 - C. Parents must remain in their cars or drop off and pick players up afterwards.
 - D. Players should use their own gloves, helmets, and bats as much as possible.
 - E. Coaches are responsible for ensuring social distancing is maintained between players as much as possible. This means additional spacing between players while playing catch, changing drills so that players remain spaced out, no congregating of players while waiting to bat.
 - F. Players must bring their own water/beverage to consume during and after practice. No shared drinking fountains or coolers.
 - G. Players must bring their own snacks to consume during and after practice. No shared/communal snacks.
 - H. Coaches must sanitize shared equipment before and after each practice.

5. Measures to protect players and spectators on game days beginning _____;

- A. Baseball games may begin unless circumstance dictate a change in date.
- B. Same guidelines apply as above for practices.
- C. Prior to entering the facility, each vehicle will be screened for high-risk signs/symptoms of COVID-19.
- D. Use of dugouts is permitted during games only. Bleachers located between the dugout and home plate should also be used to spread out players. Players should have designated spots to place their personal items. Coaches must designate an adult who is responsible for ensuring players are seated on the benches unless they are actively participating in the games. Team spaces will be clearly demarcated and have enough room to permit 6 feet of spacing of players to the maximum extent feasible.
- E. Players should use their own gloves, helmets, and bats as much as possible.
- F. Fan attendance is limited to household members of the players on the team. No use of bleachers for fans. Fans must bring their own chairs or stand. Fans should keep six feet of social distancing between different household units. No fan seating or standing is allowed in the area from behind home plate to six feet past the far end of each dugout.
- G. Teams to play next must be provided designated areas for player warm-ups that provide for necessary social distancing.
- H. Pre-game and/or post-game handshakes or interaction between teams is prohibited.
- I. When games end, the leaving team must sanitize their dugout area. No post-game talks at the field are permitted. Fans and players must leave the playing area and return to their cars immediately after the game.
- J. The team to play next must remain in their designated warm up area until the prior team has finished sanitizing and is completely out of the dugout.
- K. Fans for upcoming games must remain in their cars during player warm ups. They will be permitted to come on the field once the team they are there to watch enters the dugout area.
- L. Players must bring their own water/beverage to consume during and after practices and games. No shared drinking fountains or coolers.
- M. Players must bring their own snacks to consume during and after practice/games. No shared/communal snacks.
- N. Coaches must sanitize shared equipment before and after each practice and game.

6. Snack bar services will not be available during practices. Once games begin, snack bar services may resume if able to comply with all public health orders associated with food service and minimize risk to our membership. Measures for snack bar services:

___ No snack bar services available

___ Limited services of prepackaged food items and beverages

___ Full snack bar available if able to comply with all CDC guidelines

- A. Snack bar lines clearly marked to allow for 6 feet of distancing
- B. All efforts made to maximize touch-less transactions