



MACH 5 Registration Checklist

The following items are required to complete the minimum eligibility requirements for participation in Mach 5 Athletics Track & Field

All items must be received by MACH 5 in accordance with the provided schedule.

On or before March 1st (NLT March 31st)

- **Registration Forms** –
 - Registration form and Fee
 - Parent Emergency Contact Form
 - M5 Physical (Signed by a licensed physician)
 - VHSL Physical (Signed by a licensed physician, *any Participant that's had a physical performed after March 20 of the present year, may use that form as proof of fitness*)

- **Parental Code of Conduct Form** – (Parental Signature form acknowledging the receipt, understanding, and acceptance of the governing rules of MACH5)

- **Copy of Birth Certificate** – (Official Proof of participant age bearing a state seal copies can be uploaded to website)

- **Report Cards** – (A copy of the end of year report card must be supplied for all grade school participants)