



Coaches Handbook
Spring 2020
ALL
Board Copy

Contents

Important dates:	3
2020 Cayb Coach reminders	4
http://www.nations-baseball.com/documents/NationsBaseballRules2019.pdf	4
CODE OF CONDUCT.....	4
If a Parent or Coach is ejected from a CAYB game for a conduct issue, that Parent or Coach's son/daughter will be ejected from their game as well.	4
FIELD DUTIES	5
POOL PLAYERS POLICY	6
Nations Baseball bat policy	7
Other coaching notes:.....	7
6u Division Local League Override Rules	8
8U Division Local League Rules	11
10U Division Local League Rules	14
12U Division Local League Rules	16
PITCHING RULES.....	18
Pitching Rules as per CAYB Policy and Procedures, Chapter 11 and in accordance with Nations Baseball Rules and Regulations	18
Nations Pitching Guidelines	18

Important dates:

Evaluations: **Saturday January 25, 2020 and Saturday February 1, 2020**
6u 9:00, 8u 10:00, 10u 11:00, 12u 12:00

Draft nights:

6u 6:00 Monday February 3

8u 6:00 Tuesday February 4

10u 7:30 Tuesday February 4

12u 7:00 Thursday February 6

Please contact all your players by **Friday February 7**

Team Mom Meeting – **Sunday February 9, 2020 at 3:00 PM**

Fields open for practices, scheduled teams only **February 9 - February 26**

Field prep day all levels **Sunday February 15 at 9:00am**

Scorekeepers class, 2 dates **Friday 2/21 @6:30, Tuesday 2/25 @6:30**

Raffle tickets due (Must turn in for uniforms) **Mon. Feb 24- Wed. Feb. 26**

Fields closed **February 27-February 28**

Uniform pick up-**Thursday February 27**

CAYB Opening day/First games **Saturday February 29**

No games over CISD spring break **March 9-March 13**

Contacts:

[CLICK HERE FOR CONTACT INFORMATION](#)

Commissioner of Player Personnel-Kyle Hadash

Commissioner of Uniforms-Sammy Campbell

Commissioner of Fundraising-Jennifer Maxwell

Commissioner of Team Moms/Opening Day-Stacey Langlois (Age group leaders)

Commissioner of Sponsorships-Amanda Quesada

Commissioner of Facilities-Jason Raverty

Chairman of the Board-Derek Maxwell

2020 Cayb Coach reminders

CAYB is now affiliated with **Nations Baseball**; therefore all playing rules and regulations reflect this partnership. MLB playing rules still govern play, but with Nations and CAYB exceptions.

Nations rules/regulations can be found at:

<http://www.nations-baseball.com/documents/NationsBaseballRules2019.pdf>

CODE OF CONDUCT

CAYB players, coaches, parents and fans are always expected to act in a courteous and sportsmanlike manor both on and off the fields. Our coaches and parents are expected to teach our players by example. All games will be conducted with honesty and a high degree of integrity. The games will be played with the utmost respect for the game and for competition.

The CAYB umpires have the authority to take whatever measure they feel is necessary to maintain control over our games. That includes dismissing or ejecting any player or coach from the field for unsportsmanlike behavior. We will not tolerate any behavior considered detrimental to our players or our league.

CAYB holds our managers responsible for maintaining control over their coaches, players, parents and fans. If managers do not, then they will be ejected from the game. We will not permit foul or abusive language by anyone and under any circumstance. We will not tolerate unsportsmanlike conduct of any kind.

Per Nations rule, if a coach or player is ejected during the game they are suspended for their next scheduled game. If they are ejected after the game has been completed, they are suspended for THREE of their next scheduled games.

If a Parent or Coach is ejected from a CAYB game for a conduct issue, that Parent or Coach's son/daughter will be ejected from their game as well.

FIELD DUTIES

Early Game:

Must be done PRIOR to normal scheduled start of game

Home Team

1. Prepare & stripe the field for play
2. Scorebook – go to concession stand and get furnished scorebook for correct age group; maintain official scorebook for game including umpire signature at end of game. Pass scorebook to next home team playing. You must have a scorekeeper for every game.

Visitor Team

1. Trash Cans – Go to the concession stand and obtain a liner for each (home & visitor sides) of the trash cans on your field. Once placed in the cans, keep them in place either using the bungee cords attached to can OR tie in a knot to prevent them from falling in cans.
2. Scoreboard -- Go to the concession stand to obtain scoreboard keeper box. You must have a scoreboard keeper for every game.
3. Fans – Turn on the fans at the field should the temperature warrant it.

Late Game:

Must be done PRIOR to leaving the park for the evening.

Home Team

1. Groom the field with rakes or groomer.
2. Scorebook – Obtain official scorebook from concession stand if not left from previous game; maintain official scorebook for game including umpire signature at end of game. Return scorebook to concession stand at end of game. You must have a scorekeeper for every game.

Visitor Team

1. Trash – Pick up trash from bleachers (including surrounding grassy areas), dugouts & fields of home and visitor sides. Take trash bags from both cans to dumpsters located adjacent to batting cages.
2. Scoreboard – Once the game is finished, return scorekeeper box to concession stand. You must have a scoreboard keeper for every game.
3. Fans – Turn off fans at field.

Failure to perform field duties will result in forfeiture of a victory.

POOL PLAYERS POLICY

The main goal at CAYB is to play and learn the game of baseball. Only in rare circumstances should a game be cancelled due to insufficient players. The purpose of the Pool Player Policy is to insure that games are played, and not forfeited, while insuring that no one gains an unfair advantage. The Pool Player Policy should only be used to avoid a forfeit and not to supplement a team. If a manager is found to be taking advantage of the Pool Player Policy the Board of Directors will take appropriate disciplinary action. Accordingly, the following rules shall apply to pool players:

1. All players drafted from the 6th round and down shall form the pool. Option players, hat players, and all other non-drafted players are not eligible; therefore they will not be included on the pool player list. CAYB will prepare a list of names and telephone numbers of all pool players. This list will be provided to the managers before regular season games begin. The list will not specify the round in which the player was taken.

2. Managers shall use their best efforts to anticipate the need for a pool player(s), and secure those players prior to the start of their game. If a manager can field the minimum number of required players from his team a pool player may not be used. A manager may call any player on the list and inquire about their availability. A manager may also, if needed, acquire a pool player at the field at any time prior to the game being declared a forfeit by the umpire.

3. Some formality is required in the manner that a pool player is selected. If the manager or their representative can secure an eligible player, it is a valid selection and the game will proceed as scheduled. The Player Personnel Commissioner must be contacted prior to starting the game, or if the game has already started when the pool player was acquired, as soon as possible following the end of the game with the selected pool player's name and original team.

4. Pool players must bat in the last spot in the batting order and shall only be eligible to play in the outfield. Pool players must also play the entire game defensively.

5. The maximum number of games that any one player may take part in as a pool player shall be 2 (6U& 8U) and 3 (10U and up). The pool players name and original team must be recorded at the bottom of the page in the official score book.

6. If a pool player is selected, and thereafter a regular player arrives after the scheduled starting time, the manager, at their discretion, may choose to play or not play the regular player defensively. If the manager does play the regular player defensively, they will not be required to complete the minimum playing time. In no case will the pool player be benched for a regular player. The late arriving player will be placed into the last spot in the batting order behind the pool player(s).

Nations Baseball bat policy

Bats must be certified by the manufacturer to meet a Bat Performance Factor of 1.15 or less.

For age divisions 13U and below, there are no bat size restrictions.

NO METAL CLEATS for any age.

Other coaching notes:

Head coaches are reminded of the following items:

1. Each team needs a team mom.
 - a. This is the point of contact for the team and CAYB in terms of opening day, pictures, etc.
2. Each team needs a team sponsorship (\$300)
3. Each team must provide scorekeepers for each game (Scoreboard or Scorekeeper)
 - a. Scorekeeper must attend scorekeeping class.
 - b. 10U and 12u scorekeeper is responsible for counting outs recorded by pitchers
(attested by each coach at the conclusion of the game.)
4. Each team is responsible for any and all field duties each night.
5. Each team must complete their concession stand duties or fulfil the optional buyout.
6. Each team must be represented at field prep day
7. Each team must be represented at the evaluation days by at least one coach.
8. Each team must be represented at their corresponding draft days
(Only one coach per team is allowed in the draft room.)
9. Head coaches are responsible for adhering to the CAYB practice policies (Number of times per week, field use restrictions etc.)

Conroe Area Youth Baseball

6u Division Local League Override Rules

League play will be governed by the Major League Rules along with Nations baseball Rules with the following local exceptions:

1. The game shall last one hour and fifteen minutes (1:15) or five (5) innings, whichever comes first. When time expires, the inning may be completed if the outcome could change to a win or a tie. If home team is mathematically eliminated and time has not expired, they will still get their last at bat.
2. A RIF (reduced injury factor) baseball shall be used for the entire season. No bat marketed for/stating T-Ball will be allowed when hitting pitched balls.
3. The distance from the front edge of the pitching rubber to the back point of home plate shall be thirty-five (35') feet. Base paths shall be fifty-five (55) feet.
4. The player fielding the pitcher's position shall wear a league approved helmet with a face mask at all times and start from right or left and parallel or behind the pitching rubber. They must start, until the pitch is hit, with one foot in the 5ft radius of the pitching mound.
5. The ball shall be put into play from either a coach-pitched ball or off a tee. First, the player will receive three (3) opportunities to hit a coach-pitched ball. If the player is unable to successfully put the ball into play, the player will then be given two (2) opportunities to hit the ball from a tee.
6. Ten (10) players with four (4) in the outfield will play on defense. Infielders must remain on the dirt portion of the infield and pitchers in their position until the ball is hit. Outfielders must remain in the grass part of the outfield. Players cannot intentionally roll the baseball when a play is being made; the ball must be thrown to a defensive player. The pitcher can only make an out on a base runner advancing from home plate to first base by throwing the ball to another defender at that base. **(No unassisted force outs or tagging of that base runner by the pitcher will be allowed at first base).** The runner is safe if this occurs.

7. The offense will bat a continuous order. If a player arrives late, they will be placed at the end of the lineup. If a player is injured or otherwise incapable of continuing play, they may be completely removed from the game without being charged an out for each of their subsequent at bats. However, if they are to return to the game, an out will be recorded for each missed at bat. The manager must declare, at the time of the injured players at bat, if they will continue and take an out or if they will be completely removed from the game. Their decision must be declared to the umpire, official scorekeeper and the opposing manager.

8. A team must have at least nine (9) eligible players, which may include pool player(s), to start the game. The opposing team will still field (play) all ten (10) players on defense. If one team falls below eight (8) players for any reason, they will forfeit the game.

9. All batters must wear a helmet with an approved face mask.

10. A batting helmet with a facemask must be worn while playing the catchers position. The catcher may stand at the back stop while fielding this position. If the player assumes the full catchers position, all equipment, which includes a cup, must be worn.

11. Two (2) coaches will be allowed in the outfield defensively to verbally assist the players. If a coach intentionally, at the umpires' discretion, touches a defensive player or the ball while the ball is in play, this will be considered a four (4) base error.

12. Base coaches are not allowed to touch a base runner or enter fair territory while the ball is in play at any time.

PENALTY: The runner touched is out, in the case a coach enters fair territory the lead runner is out.

13. Head first slides are not allowed. A player sliding head first shall be called out. The only exception is when a player is returning back to their previously occupied base.

14. There are no protests allowed.

15. Outfielders must throw the ball into the infield to make a play. In the event that an outfielder runs the ball in to an infielder, the ball is declared dead and all runners are awarded one base.

16. The coach pitcher must start their delivery with at least one foot inside of the pitcher's mound. The coach must deliver the pitch overhand while standing

Revised January 2020

Conroe Area Youth Baseball

8U Division Local League Rules

League play will be governed by the Major League Rules and Nations baseball Rules with the following local exceptions:

1. The game shall last one hour and fifteen minutes (1:15) or six (6) innings, whichever comes first. When time expires, the inning may be completed if the outcome could change to a win or a tie. If home team is mathematically eliminated and time has not expired, they will still get their last at bat.
2. A regulation baseball, provided by CAYB, will be used for the game. No bat marketed for/stating T-Ball will be allowed.
3. The distance from the front edge of the pitching rubber to the back point of home plate shall be thirty-eight (38') feet. Base paths shall be Sixty (60') feet.
4. The player fielding the pitchers position shall wear a helmet with facemask or a league approved face mask at all times and start from right or left and parallel or behind the pitching rubber. They must start, until the pitch is hit, with one foot in the designated area of the pitching mound.
5. If a batted ball hits the coach pitcher, the ball is dead and no runners may advance. The pitch will be counted as a strike. This will only be an out if it is the fifth (5th) strike.
No unlimited foul balls.
6. The batter will get five (5) pitches to put the ball in play. If the ball is fouled on the fifth pitch, the batter is out. This will be coach pitch only. No players are allowed to pitch.
7. Ten (10) players with four (4) in the outfield will play on defense. Infielders must remain on the dirt portion of the infield and pitchers in their position until the ball is hit. Outfielders must remain in the grass part of the outfield. The intent of CAYB is to develop young players in the correct way to play baseball and all players should be encouraged to throw the ball to make an out or end a play.

8. The offense will bat a continuous order. If a player arrives late, they will be placed at the end of the lineup. If a player is injured or otherwise incapable of continuing play, they may be completely removed from the game without being charged an out for each of their subsequent at bats. However, if they are to return to the game, an out will be recorded for each missed at bat. The manager must declare, at the time of the injured players at bat, if they will continue and take an out or if they will be completely removed from the game. Their decision must be declared to the umpire, official scorekeeper and the opposing manager.

9. A team must have at least nine (9) eligible players, which may include pool player(s), to start the game. The opposing team will still field (play) all ten (10) players on defense. If one team falls below eight (8) players for any reason, they will forfeit the game.

10. Each player must play every other inning on defense in each game. If a game lasts less than three (3) defensive innings, there will be no penalty assessed against the coach or team. Any player absent from or arriving late to any game will not be subject to this rule for that game only.

11. All batters must wear a helmet with an approved face mask.

12. **Catchers must be fully equipped, including a cup, and must assume the normal catchers position. Catcher's mitt is recommended but not required.**

13. No base stealing is allowed. Runners must have at least one foot in contact with the base until the ball is hit.

PENALTY: The first offense will be a warning. Each subsequent offense will be an out. Note: the umpire may, at their discretion, give a formal warning to each manager at the start of the game. This will take the place of the first warning causing each offense to be an out.

14. Two (2) coaches will be allowed in the outfield defensively to verbally assist the players. If a coach intentionally, at the umpires' discretion, touches a defensive player or the ball while the ball is in play, this will be considered a four (4) base error.

15. Base coaches are not allowed to touch a base runner or enter fair territory while the ball is in play at any time.

PENALTY: The runner touched is out, in the case a coach enters fair territory the lead runner is out.

16. Head first slides are not allowed. A player sliding head first shall be called out. The only exception is when a player is returning back to their previously occupied base.

Revised January 2019

Conroe Area Youth Baseball

10U Division Local League Rules

League play will be governed by the Major League Rules with The Nations Baseball Rules and the following local exceptions:

1. The game shall last one hour and forty minutes (1:40) or six (6) innings. When time expires, the inning may be completed if the outcome could change to a win or a tie. If home team is mathematically eliminated and time has not expired, they will still get their last at bat.
2. A regulation baseball, provided by CAYB, will be used for the game. No bat marketed for/stating T-Ball will be allowed.
3. The distance from the front edge of the pitching rubber to the back point of home plate shall be forty-six (46') feet. Base paths shall be sixty (65') feet.
4. Ten (10) players with four (4) in the outfield will play on defense. Infielders must remain on the dirt portion of the infield and pitchers in their position until the ball is hit. Outfielders must remain in the grass part of the outfield. The intent of CAYB is to develop young players in the correct way to play baseball and all players should be encouraged to throw the ball to make an out or end a play.
5. The offense will bat a continuous order. If a player arrives late, they will be placed at the end of the lineup. If a player is injured or otherwise incapable of continuing play, they may be completely removed from the game without being charged an out for each of their subsequent at bats. However, if they are to return to the game, an out will be recorded for each missed at bat. The manager must declare, at the time of the injured players at bat, if they will continue and take an out or if they will be completely removed from the game. Their decision must be declared to the umpire, official scorekeeper and the opposing manager.

6. Each team must have at least nine (9) eligible players, which may include pool player(s), within fifteen minutes of the start of the game. The opposing team will still field (play) all players on defense. If one team falls below eight (8) players for any reason, they will forfeit the game.

7. Each player must play every other inning on defense in each game. If a game lasts less than three (3) defensive innings, there will be no penalty assessed against the coach or team. Any player absent from or arriving late to any game will not be subject to this rule for that game only.

8. Catchers must be fully equipped, including a cup, and must assume the normal catchers position.

9. Head first slides are not allowed. A player sliding head first shall be called out. The only exception is when a player is returning back to their previously occupied base.

10. Runners may lead-off and steal any base.

11. Pitchers are governed by the Nations Baseball pitching regulations.

12. Outs are kept in the official book and each coach must sign off on the scorebook to validate their pitchers' out count. If a coach does not sign the book then the count in book becomes official.

13. Pitchers will be given one warning, per pitcher, then balks will be enforced.

Conroe Area Youth Baseball

12U Division Local League Rules

League play will be governed by the Major League Rules along with Nations Baseball Rules with the following local exceptions:

1. The game will last an hour forty (1:40) or seven (7) innings. There can be ties.
2. A regulation baseball, provided by CAYB, will be used for the game. No bat marketed for/stating T-Ball will be allowed.
3. The distance from the front edge of the pitching rubber to the back point of home plate shall be fifty (50') feet. Base paths shall be seventy (70') feet.
4. Ten (10) players with four (4) in the outfield will play on defense **(if team size is over 12 players)**. Infielders must remain on the dirt portion of the infield and pitchers in their position until the ball is hit. Outfielders must remain in the grass part of the outfield.
5. The offense will bat a continuous order. If a player arrives late, they will be placed at the end of the lineup. If a player is injured or otherwise incapable of continuing play, they may be completely removed from the game without being charged an out for each of their subsequent at bats. However, if they are to return to the game, an out will be recorded for each missed at bat. The manager must declare, at the time of the injured players at bat, if they will continue and take an out or if they will be completely removed from the game. Their decision must be declared to the umpire, official scorekeeper and the opposing manager.
6. Each team must have at least nine (9) eligible players, which may include pool player(s), within fifteen minutes of the start of the game. The opposing team will still field (play) all players on defense. If one team falls below eight (8) players for any reason, they will forfeit the game.

7. Each player must play every other inning on defense in each game. If a game lasts less than three (3) defensive innings, there will be no penalty assessed against the coach or team. Any player absent from or arriving late to any game will not be subject to this rule for that game only.

8. Head first slides are not allowed. A player sliding head first shall be called out. The only exception is when a player is returning back to their previously occupied base.¹⁵

9. Pitchers are governed by the Nations out count rule as outlined in the PNations Baseball rule book.

10. Pitcher out counts are kept in the official book and each coach must sign off on the scorebook to validate their pitchers' count. If a coach does not sign the book then the count in book becomes official.

11. All balks will be enforced from start to finish of the season.

REVISED JANUARY 2019

PITCHING RULES

Pitching Rules as per CAYB Policy and Procedures, Chapter 11 and in accordance with Nations Baseball Rules and Regulations

Any team member may pitch, subject to the restrictions of the pitching rules

The pitching week is Monday through Sunday. (12:00 AM Monday thru 11:59 PM Sunday)

A pitcher may not return to pitch in a game in which he has been removed as pitcher but may return to the field in a different position.

If a relief pitcher comes in “cold” the umpire shall allow the pitcher to warm up properly with at least ten warm up pitches.

Coaches are responsible for their teams pitching records. Each coach will verify that his teams **pitching statistics are correct in the official scorebook prior to signing the scorebook after the game.**

Nations Pitching Guidelines

Limitations of pitching are based upon recorded outs while the pitcher is on the mound.

- a. In all age groups that are scheduled for six innings, a pitcher cannot pitch more than 18 outs in any given day.
- b. In all age groups 16 and younger that are scheduled for seven innings, a pitcher cannot pitch more than 21 outs in any given day.
- c. For six-inning games, a pitcher cannot pitch more than 27 outs in three consecutive days, regardless of game guarantee.

Revised January 2019